

CONEJO QUIVER

May 2022 Issue



The July Club Shoot and General Meeting (11:30am) will occur on July 24, 2022 per our normal schedule. Please wear an appropriate protective face covering while on the range and during the meeting if you haven't already received all of your COVID-19 vaccinations.

FROM THE EDITOR

John Downey, Editor

Welcome to the July issue of the Conejo Quiver.

A lot has happened since our last issue, including the club hosting two State Wide Tournaments at our range (The California State Outdoor and Pasadena Senior Games). A lot of work was needed to put these two tournaments on. A special thanks to all those that assisted with the tournaments.

NOTE: As part of your CVA membership, you are expected to put in at least two hours working on one of our tournaments during the club year. Currently half of our members have fulfilled this requirement.

We have articles again from most of our staff, as well as a number of photos from the CA State Outdoor and Pasadena Senior Games Tournaments mentioned above.

So, sit back and enjoy.

Hope to see you around the range.

Regards
John Downey, Editor



FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: The range is starting to dry out, so the weeds won't be as much of a problem as they have been in the past months. Due to the hard work at the tournament range in preparation for the State Outdoor, that part of our property has never looked so good.

Thanks to those who are putting out seating on the Field Range, that was the only stickler that kept us from a 5-star rating. The year after next, when we are inspected again, we should move from 4 to 5-star.

Range Maintenance: We've had some confusion about who has priority on the range, maintenance crews or shooters. To clarify, our maintenance crews are all volunteers, they are taking their personal time to keep our range shootable. Without their personal commitment to the success of CVA, our range would be nothing but weeds. Again, I want to stress that these individuals are taking their personal time to keep the range shootable - for you.

Therefore, range maintenance crews have priority over shooting on the range, non-working memberships make no difference in priority. When crews are working, all shooting is suspended until they give the all clear. Follow their directions and if asked to move your shooting to another area on the range, please do so without argument.

Public Session: It is starting to get busy as the good weather is bringing people out. This is a great opportunity for those newly certified Level 1 and 2 instructors to retire some volunteer hours, so be sure to sign up to help! Watch for Richard Silverio's emails.



I'm looking for a couple of more volunteers help with the 300 round, as I want to focus more on shooting rather than running the PS. If you are interested in assisting let me know. It's a great way to retire ½ hour to 45 minutes of volunteer time weekly. At this point, if I do not feel like running the round it won't happen, and there will be days I'm not at the Public Session so obviously the round won't happen in that circumstance. If the club thinks the 300 Round is important and would like it to continue, step up.

If you are interested in shooting for awards, you need to be a USA Archery Member, participation in the pin program is \$10 per year per shooter, and awards cost \$5 when the score is shot. Please reference the following USA Archery site for the details:

<https://www.usarchery.org/participate/achievement-awards>

CVA Treasurer Needed (*BECOMING CRITICAL*): Genevieve Ivie, who has been CVA's treasurer for the last few years, will be stepping down at the end of the year due to work commitments. I want to thank Gen for her service and exemplary way she has handed our finances. While she will still be associated with the club, she simply does not have the time to continue in her current capacity as Treasurer.

We are also exploring utilizing the services of a CPA to do our monthly books, and hiring a tax attorney to do our taxes as that aspect of our club, as a non-profit, can get complex. If we go this route, we will still need a Treasurer, however the role will be more of a liaison to the organizations that we are getting those services from. I'll report the details as we get closer.

The Treasurer for a non-profit is the most important volunteer position, as without a Treasurer we cannot have a non-profit, and without our non-profit status our club charter, lease, etc. all goes away. So – we need a Treasurer, and we need one quickly so the training and handoff can happen as soon as possible.

If you have an interest in taking a personal stake in our Club's ongoing success, have the ability to attend the BOD and General

monthly meetings, and can review club finances on monthly basis, please reach out to me or any other Board Member to discuss.

Tournament News

CA State Outdoor, June 2022: This shoot went rather well, it was a hot three days of shooting, with heat advisories throughout the weekend. Despite that challenge, archers were overwhelmingly positive about our range, were happy we were having the shoot in SoCal, and had many questions about CVA as a whole.

I also want to thank State Archers of California, who provided CVA a gift of \$5K for materials to build new target stands. Wilderness JOAD from Sacramento came down the Thursday before the event and did the final assembly of the target stands on our range. We have 42 new target stands in the bin thanks to State Archers of California and Wilderness JOAD – THANK YOU!! The old, original, delicate pine target stands are outside the bin and can be used for practice on the tournament range as needed.

When planning the tournament, I made some rookie mistakes (ex. I didn't order enough of one type of target, and none of a second type). Thanks to Turner's Outdoorsman for coming through with the targets we needed to run the second day. I also could have maximized the number of shooters on the range, how to do that was a learning experience as well. I also need to figure out how to deal with late entries, as the minute registration closed (it was open for 4 months!), I had nearly 30 archers wanting to shoot the event. That could have been good revenue, however due to my work schedule I simply do not have the time to chase people for payment, so those late to the game didn't get to play.

The shoot was a huge amount of work, starting for me late last year, then ramping up to a crescendo of daily work up to and during the shoot. Many thanks to the work crew that came out for 7 consecutive work parties in a row to make the range look fantastic, clear the weeds from the parking lot and spectators' area, and the overflow parking we ultimately needed up by the 3D range. Without that hard work this shoot could not have happened.

The work isn't done, as I need to reconcile all receipts and go through the financials to see if this tournament was worth doing money-wise. I'm already being hounded to put in a bid for next year's shoot, however based on the very poor turnout for range setup on Thursday - my wife, Jaclyn Howerton, and I setup the entire range (38 targets, stands, butts, stakes, flags, signage, etc.), I'm not confident that CVA is capable of hosting a tournament of this size again. Asking three people to complete the entire setup of the range, and a group of 10 to work nearly two months of Saturdays to clear the range is not acceptable for a club our size.

CVA did not support this shoot's critical aspects to the level that I was hoping it would. So – unless we make a good amount of money off this event, I am leaning towards no doing it again as Thursday range setup nearly killed my wife, Jaclyn, and I. I will not do that again, especially when so many members that feel it is appropriate to complain about the output of my volunteer labor yet are unwilling to help the club succeed.

Pasadena Senior Games: CVA will be hosting the games again this year for both the Pasadena and San Diego Sr. Centers. This will be the last year for this event, as I usually setup the range, run the event, then take the range down the range myself, and I'm not doing that anymore. If the club thinks this is a worthy event for us to host, volunteer to help me on Friday for setup, and Sunday for teardown, and I might rethink my position. I'm no longer going to be an army of one, I need to set some appropriate boundaries for both my mental and physical health.

The dates are, range setup on Friday July 8th, American 900 round on Saturday July 9th, and a double 300 round on Sunday, July 10th. This shoot is for the over 50yr old crowd. Signups for volunteer help are posted. Registration for the shoot closed on July 1 and there is no on-site registration.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

If you shot a tournament and earned a medal, please let me know so I can recognize your achievements. We are proud of our CVA shooters and want to celebrate your wins!

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. This has to stop, as we have a sizable investment of equipment and targets that needs to be secured. We are taking steps to identify those who are 'lock challenged' and I will be contacting those identified for some remedial lock instruction.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

MEMBERSHIP CORNER

Bonnie Marshall

I just wanted to follow-up on some common questions regarding membership. If you do have other questions that aren't mentioned here, please don't hesitate to reach out to me directly.



FAQ 's

Maintenance Fee Question: I'm concerned that I am not going to get all my required hours in by September 15th. Can I change over to a Non-Working Membership now and avoid any restrictions on my renewal?

Answer: Yes! The deadline for changing over your membership type ends on August 31. I cannot accept any changes after that time, as time is needed for accounting and reconciliation of hours, fees and invoicing for the new club year renewals.

Question: I can't get to regular work parties as I work on Saturdays and need other ways to get my hours. What is left for tournaments and other things to do? How can I do to get my hours?

Answer: The State Outdoor and the Pasadena State Games are the last tournaments of our club year. There are a multitude of other options to get hours including any onsite beautification work done outside of regular work parties. Use the sign in sheets at the bulletin board, to show those hours spent. Remember to take before and after photos of your work. If you are not sure what to work on, then you need to contact one of the Board Members to check what is needing to be done.

Also, there are always special projects that are emailed out to the working members and Bonnie also always has a list of projects. 3D Range work parties are also sometimes held during the week for

those that are not available during the weekends. You must be proactive in getting the hours done.

ELECTION NOTICES - Email Access for Voting If you have a Family or Family Golden Ager Membership

Family membership types are allotted two votes during the Club Elections. Please make sure that we have TWO separate emails on file for your membership. Send an email to Bonnie Marshall at bmarshall79@verizon.net and provide the second email address. Please remember that some of you may have sent two emails previously, but then asked me to remove them again after voting, so be aware of the email coming to you this next week verifying if I need a second email from you.

Nominations for CVA Board Elections

- Nominations for Board Member candidates must be submitted and accepted by the close of the August General Meeting for these names to be placed on the election ballot.
- Nominees must be a member in good standing (sworn in and dues paid) for one full year to be eligible. Online ballots go out the following two weeks later and are announced at the September General Meeting.

Paper Ballot Requests

Please remember that we have moved into the next century and paper ballots are not the mode of elections any longer for our club. We do of course offer them to those not connected or still living in the Dark Ages. You must REQUEST a paper ballot with directions be sent to you. Contact Bonnie at 805-379-8721 and leave a message that you need a paper ballot sent. Please make sure to be time attentive to your mailing or drop off.

If there are any other questions regarding elections, please just ask!

VOLUNTEERS NEEDED

Anyone wishing to volunteer to help with new member Safety Seminars after the General Membership Meetings is asked to contact me at the General Meetings. You need to be familiar with how to shoot the Field Range. This service can go towards your volunteer hours!

Also, if you would like to welcome any new members by offering to host them on their first Field Range or 3D Range shoot, please let me know!

We would also like to reinitiate our Saturday escorts to the Field Range to show Public Session attendees what our club has to offer. Ask Bonnie about doing these services!

CVA VOLUNTEER OPPORTUNITIES

Please connect directly with me to discuss any of the following opportunities to complete your committed hours.

- Tournament Registration/Cash Handling
- Eagle Scout/Gold Award Project Coordinator
- Historian
- Open House Coordinator
- Promotional Sales
- Emergency Preparedness Range Certification Officer
- Banquet Coordinator
- Office Admin
- Answering Service Processing

Some of these positions are obviously long term and some require attendance at all General Meetings or events.

I would like to thank Morgan Thomas for stepping up to start training for the Membership Chairman position. Hopefully she will find it a good match and I will continue to assist her in that role.

I can be reached through the Answering Service number, at any General Meeting or for a short chat at the Public Session Range between 11-1pm.

Thank you for your consideration of these positions to further support the club.

Anniversaries

May Anniversaries

- 20 years – Keith Murphy
- 14 years – Mike Keena
- 10 years – Ron Blum, Patrick Bullington
- 9 years – Peter Burdi
- 4 years – Carl Nelson
- 1 year – Andrew Bowler and family, Mariusz Luczywek, Arthur Robertson, David Schrempf

June Anniversaries

- 34 Years - Curtis Herman
- 29 Years – Bob Bombardier
- 22 years – Norm Rice
- 13 years – Brent Richter
- 10 years – Scott and Amelie Leviant, Kris Ogle
- 9 years – Didier Beauvoir
- 6 years – Kyle Adolf
- 5 years – David and Jayden Jockisch
- 4 years – Luz Garces
- 2 years – Jake Anderson, Chris Ebuon, Jared Hersh, David Krovitz, James Monroe
- 1st year – John Ritterbeck, Victor Smith

July Anniversaries

- 10 years – Daniel Aldrich
- 8 years – Terry Marvin
- 2 years – James Licata, Jonathan Sylvester, Scott VanScoy
- 1st year – Mike Steinwender

Welcome to new members:

- Brian Lim, Nat Chivara

And returning member:

- Eric DeWaay

BANQUET 2022 – IS BEING PLANNED!

Our End of the Year Club Awards and Recognition Banquet is great fun for our members and their families. Awards and then full-service luncheon will be served.

This year's theme is 'The Four Elements'. Earth, Wind, Water, Fire!

**Contact me if you have anything that you would like to donate for any raffle items.

This will also be the last chance to do onsite membership renewals for the new club year.

Please save the date for Sunday October 23, 2022, at 11:00am at the Pavilion in the park.

Thanks! Bonnie

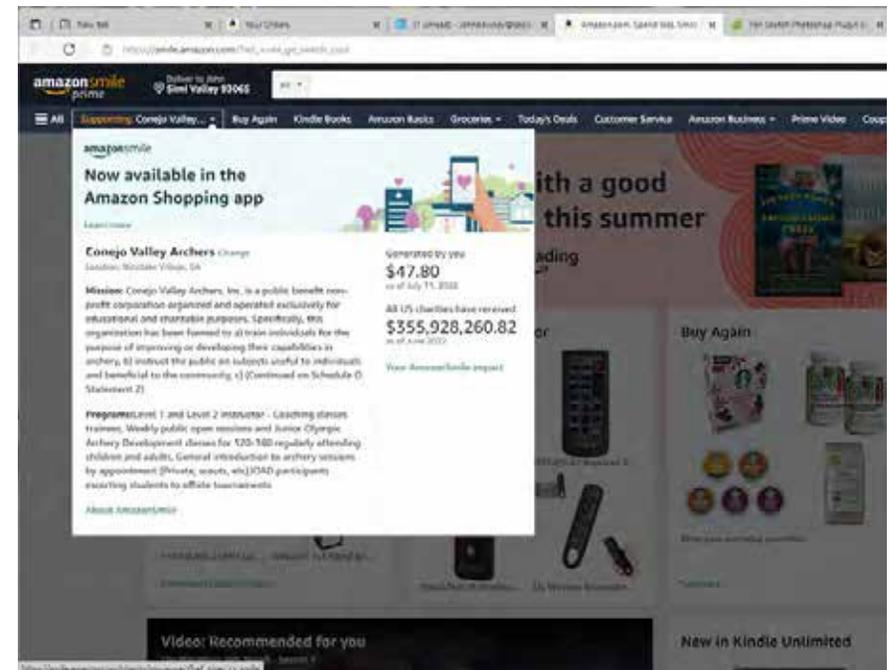


AMAZON SMILE CVA Unique Charity Link

This link will take you directly to smile.amazon.com in support of our organization so you won't have to search for the CVA charity among almost a million other organizations. Use this link whenever you order something from Amazon and Conejo Valley Archers will benefit monetarily (see image below). It's the easiest way for you to find and support CVA.

<https://smile.amazon.com/ch/44-0103793>

Once it has been added you will see "Supporting: Conejo Valley Archers" in the top left-hand corner of your browser screen.



IN THE NEWS

On Saturday May 14th 2022 at Don Cuco's restaurant in Simi Valley, Lt. Erick Elliott Hunter Ed. Coordinator for Southern California of the Ca. DFW presented Curtis with his 25-year service recognition certificate, a 25-year belt buckle, and a 25-year pin at a luncheon that included the Bowhunter Ed Team and the Hunter Ed. team.

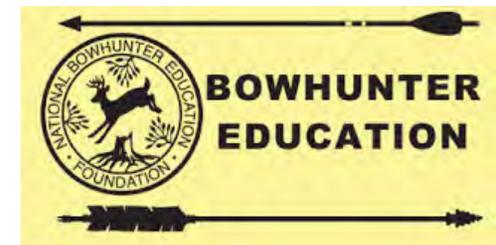


Lt. Erick Elliott CA. Dept. of Fish & Wildlife and Curtis Hermann Bowhunter Education Master Instructor / Hunter Ed. Instructor. Lt. Erick is presenting Curtis with a 25-year belt buckle, 25-year Service Recognition Certificate, and 25-year pin.



Attendees at the luncheon at Don Cuco's in Simi Valley included:

L-R: Rob Lind team photographer, Ben Shirley team support staff, Robert and Dawn Luttrell best of friends, Lt. Erick Elliott DFW presenter (kneeling), Nancy & Curtis Hermann Instructor & wife, Tom Swindell team support staff, Mike McDonald & Reese team Hunter Ed. Instructors. Missing is Jim Overman Bow Ed. / Hunter Ed. Inst.



Some Pictures from the CA State Outdoor Hosted on our Tournament Range

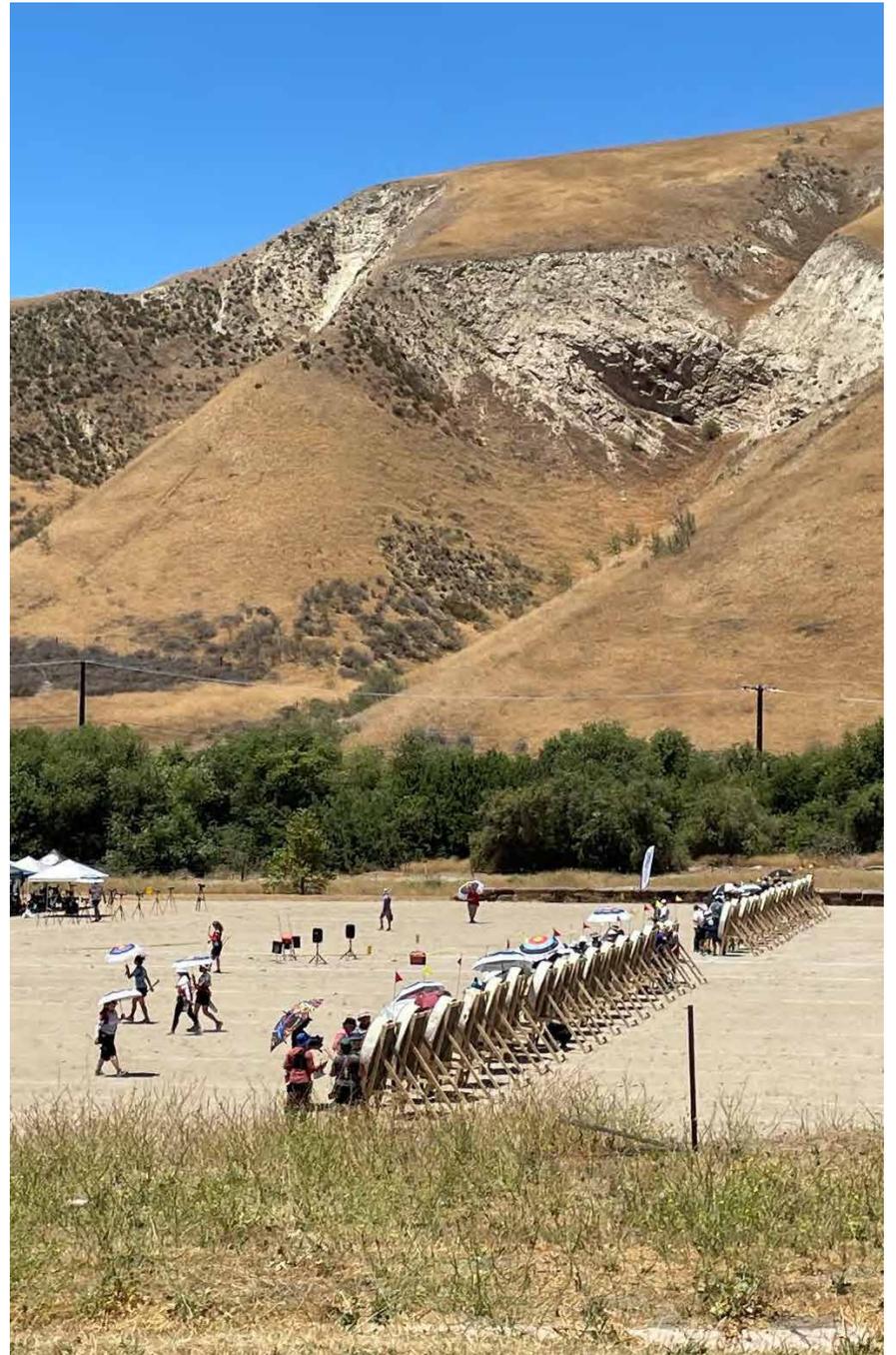
Pictures courtesy of Randy Jenkins, Bill Perry, David Schempf and Brent Richter





















SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



JOAD – Always On Point

June 2022



Hello CVA and JOAD Families!

A thousand apologies for missing the May issue of the Quiver. Life got busy for me and Ken. Hopefully, I can update everyone on the JOAD happenings since our April update. Since Ken and I last updated you, we have had several new JOAD students join our Saturday crew we are looking forward to updating the Quiver with our new shooters!

CVA had a nice showing at the Fresno Safari! Ken Downey, Sarah Dakin, JOAD shooter, Sullivan T, his father Kevin, JOAD shooter Jack H and me rented a cozy home in Fresno where we had the opportunity to meet up with other CVA archers and families and enjoy the weekend shoot. Sullivan and Jack did well, and each placed first in their respective divisions. They both came home with the coveted Fresno Safari beer stein!

The JOAD kids have been busy preparing for various outdoor competitions. The JOAD days have been hot, dusty, and windy but this prepares our JOAD kids for shooting in any condition. Michelle W. shot at the So Cal Shootout in Chula Vista and shot well. She focused on her goals and represented CVA. Elizabeth W., Michelle W., Rayan S., Tanvi K., Isabelle B., Nic Y., Jack H., all shot at the CA

State Outdoor Championships, hosted at our range, and all did wonderfully. Elizabeth W., even placed 2nd in the barebow division! Congrats to all our archers and thank you for representing CVA JOAD. Also, our very own Coach Ken came in 2nd place at the Outdoor Championships!

With this warm weather, JOAD has had a few visitors on the tournament range. A 3 to 4 foot gopher snake came meandering through our targets one evening during a group lesson. Ken held onto him for a bit and introduced him to the kids. We also had another snake while working on the adopted lanes, a 3-foot rattler. This snake was removed permanently since there was proximity to kids and families coming to work on the lanes. Some pictures were taken and shared below.

Lastly, as a side note, CVA members are very lucky to have a wide range of shooting opportunities in our club. One of those is the club shoot. This is a great chance to practice varying distances and challenging shooting conditions. Both my boys, Jack and Charlie H. enjoy shooting this each month with our friends and colleagues Ken and Sarah D. Our foursome is always full of laughter and the competitive spirit. However, recently, a group behind us made inappropriate comments about the length of time it takes us to shoot (two kids shooting from two different club stakes and two adults shooting from the adult stakes) and additional negative comments

could be heard. Please note, voices carry through the valleys of the range and yes, we heard your comments. Unfortunately, during this time there were other groups ahead of us so skipping over would not have much benefit. Please be aware, your voices can be heard, your comments can be hurtful, and children shoot at different stakes and may take longer than others. We are all out to have fun, there is no need for negativity.

Please stay healthy, stay cool and we hope that everyone enjoys their 4th of July weekend.

Thank you!

Ken and Geoff



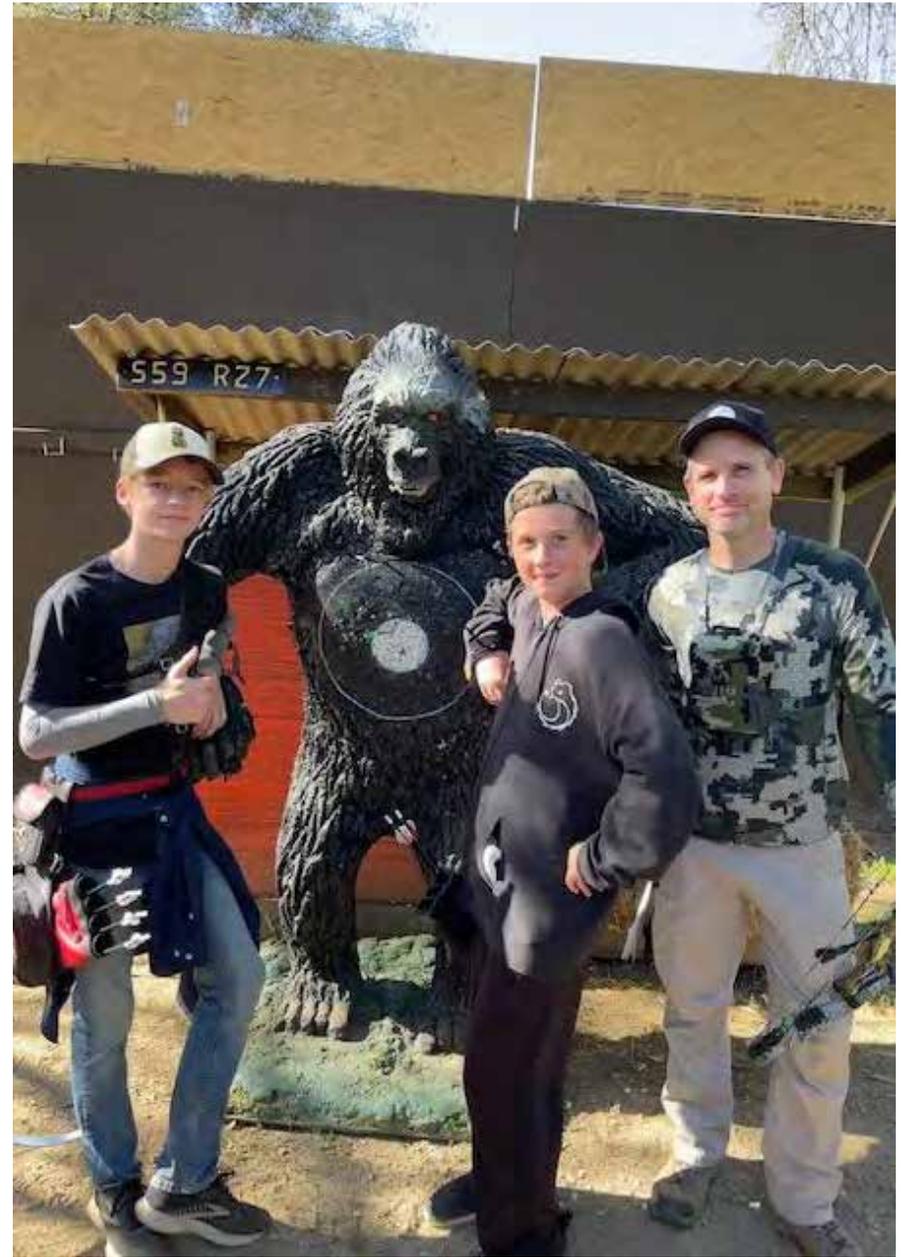
The beer stein of champions at the Fresno Safari. Sullivan and Jack each brought one home. Enjoy your milk in these boys!



Fresno Safari: Sullivan kindly allowed Jack to shoot his compound. Jack was equally hilarious in trying to figure it out.



Jack receiving his first place. Not pictured, Sullivan. Unfortunately, Sullivan had a very lengthy drive home and needed to head out ASAP after the tournament. Don't worry, we brought him his cup!



Nice picture of Jack, Sullivan and a gorilla...oh Ken's there too.



One of the hardest targets, a 100-yard full size elephant!



Sarah taking her Facebook profile pic!





Archers in the wild!



This pic cracks me up, Sarah (her pose), Sullivan not wanting to be in the pic, Jack & Ken ready to shoot and Kevin in the background not wanting any part of this.



Prior to the big tournament range clean up, Pranshu was working on his form.



Our field range looking colorful



Charlie hamming it up!



Yes, this critter was a little too close to our kids and families. He sadly met the guillotine.



Almost 3 foot long



What did the coach say to his losing team of snakes? *You can't venom all!*



A nice evening shoot to prepare for the tournaments.



A group chat for our 50 and 60 m archers!



Ken holding Gary the Gopher Snake



Just slithering along...



The range was top notch! Thanks to our volunteers for working so tirelessly and getting it ready for the Cal. Outdoor Championships.



Michelle W. at the So Cal Shoot Out!! Chula Vista is a nice range to shoot at.



Friday Outdoor Championships JOAD line.



It was **HOT** at the Outdoor championships and our kids found a variety of ways to beat the heat.



Way to go, Elizabeth! Congrats on your 2nd place in Barebow at the Outdoor Championships!



Signing off from your JOAD crew, Ken “the Fonz” Downey and Geoff “tomato king” Houghton (inside joke as Ken and I are in a tomato growing competition and he lost!)



A FEW PICS FROM THE PASADENA SENIOR GAMES – HOSTED AT OUR RANGE.

Pictures courtesy of David Schrempf









FROM THE DESK OF OUR VOLUNTEER COORDINATOR (COMMUNICATIONS)

Richard C. Silverio



Greetings Members,

Thank you to all our working members who volunteered to work at the **California State Outdoor** and **Pasadena Senior Games Tournaments held at our range**. The venue went well and there was a lot of good feedback from various archers regarding how the tournaments were run. This would not be possible without our valued working members who volunteered. I believe we did a great job that our range will continue to host tournaments of this magnitude. Special thanks for both Kevin C. and Mike K. for hosting work parties prior to these events preparing our range to look great for the tournaments. Again, we gave a very good impression to all archers who participated and we want to thank all of you.

As we start the new month, we have plenty of volunteer opportunities to help members who need hours for this calendar year, and of course you will continue to make our range one of the best in SoCal.

VOLUNTEER OPENINGS:

Our Club President, Kurt Hoberg successfully ran a level 1 and level 2 USA Archery Instructor certification course a couple of weekends ago. I would like to be one of the first to congratulate our new L1 and L2 instructors. If you happen to be one of them, once you get your certificate from USA Archery, please provide this information along with your background and safe sport certificate to our Club Vice President Cathy Linson so that you can start to volunteer as an instructor during our public session and we can make sure you also receive the email to sign up to volunteer to assist as instructors on

Saturdays.

Level 1 and Level 2 certification courses will be offered again in the future once we get enough interested people. Please keep an eye out for announcements from my weekly emails.

Genevieve Ivie gave notice that she will be stepping down as treasurer of our club. We need to fill in this position as soon as possible. She will only be our treasurer until October of this year and we need someone to replace her. If interested for this position, please contact our Kurt Hoberg, our Club President, at president@cvarchers.com. We want to train Genevieve's replacement as soon as possible hopefully on or before our next Club Calendar Year in October 2022.

Please continue to look out for emails from me for more upcoming volunteer opportunities. If you have any questions or concerns please contact our Club Vice President, **Cathy Linson** at cmlinson@yahoo.com (or by calling her at 805-791-5102) or to me at richardcsilverio@yahoo.com.

Thank you and see you at the range,

Richard C. Silverio

*Volunteer Coordinator/USA Archery Level 3 NTS Coach, Instructor
Trainer*

Conejo Valley Archers

richardcsilverio@yahoo.com

Club Tournament News

John Downey – Tournament Director



We had another nice turnout for the June Club Shoot, and a newcomer to the top spot. Matthew Ivie came in first for the month based on his handicapped score of 556 (446 scratch). He was followed by Charles Neace at 550 (520 scratch) and Brian Carter 550 (492 scratch).

Monthly Shoot Results

Monthly Report for Jun 192022

Shooters Name	Hdcp Score	Scratch Score	Date	Div	Style	Gender	RR All-Time	RR This Year
Matthew Ivie	556	446	3/19/2022	A	FS	M	N	N
Charles Neace	550	520	3/19/2022	A	FS	M	N	N
Brian Carter	550	492	3/19/2022	MS	BHFS	M	N	N
J. Ritterbeck	549	491	3/19/2022	A	FS	M	N	N
Oscar Melendez	548	521	3/19/2022	A	FS	M	N	N
J. Ritterbeck	545	491	3/19/2022	A	FS	M	N	N
Keith Huebner	545	502	3/19/2022	A	FS	M	N	N
Justin Lerma	541	502	3/19/2022	A	FS	M	N	N
Tom Swindell	536	274	3/19/2022	GA	TRAD	M	N	N
Nathan Collins	530	442	3/19/2022	YA	FS	M	N	N
James Stankovich	524	254	3/19/2022	GA	LB	M	N	N
Terry Marvin	523	451	3/19/2022	MS	FS	M	N	N
Brian Rohrer	521	259	3/19/2022	MS	BB	M	N	N
Wendell Wright	518	202	3/19/2022	GA	SB	M	N	N
Patrick Bullington	512	512	3/19/2022	A	BHFS	M	N	N
Jim Collins	511	397	3/19/2022	A	BHFS	M	N	N
J. Ritterbeck	505	232	3/19/2022	A	LB	M	N	N
Brian Carter	504	276	3/19/2022	MS	TRAD	M	N	N
Jeff Owens	503	248	3/19/2022	MS	LB	M	N	N
Carlos Parada	503	226	3/19/2022	GA	LB	M	N	N
Jeff Owens	496	148	3/19/2022	MS	SB	M	N	N
Jeff Owens	492	265	3/19/2022	MS	TRAD	M	N	N
Wendell Wright	486	243	3/19/2022	GA	LB	M	N	N
Gary Howertron	480	175	3/19/2022	MS	BB	M	N	N
Jim Bullington	471	471	3/19/2022	A	BHFS	M	N	N
Julian Acebo (Guest)	422	422	3/19/2022	MS	BHFS	M	N	N
Ben Shirley	205	205	3/19/2022	A	LB	M	N	N

May Club Shoot Results

Monthly Shoot Results

Monthly Report for May 192022

Shooters Name	Hdcp Score	Scratch Score	Date	Div	Style	Gender	RR All-Time	RR This Year
J. Ritterbeck	564	495	5/22/2022	A	FS	M	N	N
Oscar Melendez	564	540	5/22/2022	A	FS	M	N	N
Charles Neace	563	530	5/22/2022	A	FS	M	N	N
Brian Carter	552	490	5/22/2022	MS	BHFS	M	N	N
Terry Marvin	544	481	5/22/2022	MS	FS	M	N	N
Nathan Collins	539	458	5/22/2022	YA	FS	M	N	N
Brian Carter	531	285	5/22/2022	MS	TRAD	M	N	N
Jaclyn Howerton	531	369	5/22/2022	A	FITA	F	N	N
Jim Collins	524	422	5/22/2022	A	BHFS	M	N	N
Cassandra Silverio	522	248	5/22/2022	C	BB	F	N	Y
J. Ritterbeck	510	224	5/22/2022	A	LB	M	N	N
Gary Howertron	510	200	5/22/2022	MS	BB	M	N	N
Richard Silverio	501	203	5/22/2022	A	BB	M	N	N
Jeff Owens	491	137	5/22/2022	MS	SB	M	N	N
Michael Cooper	488	488	5/22/2022	A	FS	M	N	N
Wendell Wright	483	149	5/22/2022	GA	SB	M	N	N
James Stankovich	482	206	5/22/2022	GA	LB	M	N	N
Norman Rice	415	415	5/22/2022	GA	FS	M	N	N
Rachel Howerton	350	350	5/22/2022	A	FITA	F	N	N

Oscar Melendez still has a slight lead in the standings for the **Club Championship (Belt Buckle)**. Charles Neace is less than two points back, so this will once again go the distance and be decided in September.

Standings

Club Championship Standings For the Club Year 2021-2022

Rank	Name	Avg. Best 5 Scores	Style
1	Oscar Melendez	559.4	FS
2	Charles Neace	557.8	FS
3	J. Ritterbeck	550.6	FS
4	Brian Carter	548.8	BHFS
5	Terry Marvin	544.8	FS

Prepare Report Exit

Oscar Melendez still has a lead in the **Club Perpetual Trophy** race. His shooting buddy Charles Neace, is currently 70 points back.

Standings				
Club Perpetual Trophy Highest Scratch Scores For the Club Year 2021-2022				
Rank	Name	Scratch Total	Avg. Score	Style
1	Oscar Melendez	4156	519.5	FS
2	Charles Neace	4086	510.8	FS
3	Brian Carter	3835	479.4	BHFS
4	J. Ritterbeck	3783	472.9	FS
5	Terry Marvin	3778	472.3	FS

Prepare Report
Exit

Norman Rice still is in the lead for the **Golden Ager Trophy**

Standings			
GA Championship Standings For the Club Year 2021-2022			
Rank	Name	Avg. Best 3 Scores	Style
1	Norman Rice	543.7	BHFS
2	George Conner	530.7	FS
3	Tom Swindell	524.3	TRAD

Prepare Report
Exit

All Club Shoot Scores to Date

Name	Division	Scratch score	Style	Handicap	Handicap score	Date Shot
Matthew Ive	A	446	FS	110	556	6/19/2022
Brian Carter	MS	492	BHFS	58	550	6/19/2022
Charles Neace	A	520	FS	30	550	6/19/2022
J. Ritterbeck	A	491	FS	58	549	6/19/2022
Oscar Melendez	A	521	FS	27	548	6/19/2022
J. Ritterbeck	A	491	FS	54	545	6/19/2022
Keith Huebner	A	502	FS	43	545	6/19/2022
Justin Lerma	A	502	FS	39	541	6/19/2022
Tom Swindell	GA	274	TRAD	262	536	6/19/2022
Nathan Collins	YA	442	FS	88	530	6/19/2022
James Stankovich	GA	254	LB	270	524	6/19/2022
Terry Marvin	MS	451	FS	72	523	6/19/2022
Brian Rohrer	MS	259	BB	262	521	6/19/2022
Wendell Wright	GA	202	SB	316	518	6/19/2022
Patrick Bullington	A	512	BHFS	0	512	6/19/2022
Jim Collins	A	397	BHFS	114	511	6/19/2022
J. Ritterbeck	A	232	LB	273	505	6/19/2022
Brian Carter	MS	276	TRAD	228	504	6/19/2022
Carlos Parada	GA	226	LB	277	503	6/19/2022
Jeff Owens	MS	248	LB	255	503	6/19/2022
Jeff Owens	MS	148	SB	348	496	6/19/2022
Jeff Owens	MS	265	TRAD	227	492	6/19/2022
Wendell Wright	GA	243	LB	243	486	6/19/2022
Gary Howertron	MS	175	BB	305	480	6/19/2022
Jim Bullington	A	471	BHFS	0	471	6/19/2022

Julian Acebo (Guest)	MS	422	BHFS	0	422	6/19/2022
Ben Shirley	A	205	LB	0	205	6/19/2022
J. Ritterbeck	A	495	FS	69	564	5/22/2022
Oscar Melendez	A	540	FS	24	564	5/22/2022
Charles Neace	A	530	FS	33	563	5/22/2022
Brian Carter	MS	490	BHFS	62	552	5/22/2022
Terry Marvin	MS	481	FS	63	544	5/22/2022
Nathan Collins	YA	458	FS	81	539	5/22/2022
Brian Carter	MS	285	TRAD	246	531	5/22/2022
Jaclyn Howerton	A	369	FITA	162	531	5/22/2022
Jim Collins	A	422	BHFS	102	524	5/22/2022
Cassandra Silverio	C	248	BB	274	522	5/22/2022
Gary Howertron	MS	200	BB	310	510	5/22/2022
J. Ritterbeck	A	224	LB	286	510	5/22/2022
Richard Silverio	A	203	BB	298	501	5/22/2022
Jeff Owens	MS	137	SB	354	491	5/22/2022
Michael Cooper	A	488	FS	0	488	5/22/2022
Wendell Wright	GA	149	SB	334	483	5/22/2022
James Stankovich	GA	206	LB	276	482	5/22/2022
Norman Rice	GA	415	FS	0	415	5/22/2022
Rachel Howerton	A	350	FITA	0	350	5/22/2022
Charles Neace	A	520	FS	37	557	4/24/2022
Keith Huebner	A	505	FS	46	551	4/24/2022
Oscar Melendez	A	519	FS	30	549	4/24/2022
Alejandro B (Guest)	A	518	FS	30	548	4/24/2022
Brian Carter	MS	480	BHFS	66	546	4/24/2022
Terry Marvin	MS	480	FS	66	546	4/24/2022
Justin Lerma	A	505	FS	40	545	4/24/2022

Ken Downey	A	433	FITA	111	544	4/24/2022
Jaclyn Howerton	A	374	FITA	168	542	4/24/2022
Jim Collins	A	435	BHFS	105	540	4/24/2022
Matthew Ive	A	423	FS	114	537	4/24/2022
Nathan Collins	YA	450	FS	84	534	4/24/2022
Luz Garces	A	456	FS	77	533	4/24/2022
Ben Spielman	A	208	LB	318	526	4/24/2022
Brian Carter	MS	266	TRAD	258	524	4/24/2022
Wendell Wright	GA	267	LB	242	509	4/24/2022
Sarah Dakin	A	327	BHFS	181	508	4/24/2022
Brian Rohrer	MS	225	BB	282	507	4/24/2022
Jeff Owens	MS	251	LB	251	502	4/24/2022
Jeff Owens	MS	269	TRAD	230	499	4/24/2022
Jack Houghton	Y	288	FITA	210	498	4/24/2022
Rachel Howerton	A	276	BB	218	494	4/24/2022
James Stankovich	GA	210	LB	276	486	4/24/2022
Charlie Houghton	C	122	FITA	350	472	4/24/2022
Norman Rice	GA	451	FS	0	451	4/24/2022
Morgan Thomas	A	100	TRAD	346	446	4/24/2022
Cassandra Silverio	C	229	BB	0	229	4/24/2022
Richard Silverio	A	211	BB	0	211	4/24/2022
Wendell Wright	GA	146	SB	0	146	4/24/2022
Jeff Owens	MS	91	SB	0	91	4/24/2022
Justin Lerma	A	527	FS	48	575	3/27/2022
Keith Huebner	A	513	FS	50	563	3/27/2022
Oscar Melendez	A	532	FS	28	560	3/27/2022
J. Ritterbeck	A	479	FS	79	558	3/27/2022
George Conner	GA	444	FS	111	555	3/27/2022

Norman Rice	GA	458	BHFS	94	552	3/27/2022
Terry Marvin	MS	483	FS	69	552	3/27/2022
Charles Neace	A	509	FS	40	549	3/27/2022
Brian Carter	MS	476	BHFS	72	548	3/27/2022
Jim Collins	A	442	BHFS	106	548	3/27/2022
Rachel Howerton	A	337	BB	209	546	3/27/2022
Kurt Hoberg	MS	445	FITA	99	544	3/27/2022
Alejandro B (Guest)	A	536	FS	0	536	3/27/2022
Tom Swindell	GA	239	TRAD	297	536	3/27/2022
Jeff Owens	MS	295	TRAD	233	528	3/27/2022
Curtis Hermann	GA	247	TRAD	280	527	3/27/2022
Wendell Wright	GA	260	LB	252	512	3/27/2022
James Stankovich	GA	231	LB	273	504	3/27/2022
Brian Rohrer	MS	217	BB	282	499	3/27/2022
Morgan Thomas	A	160	TRAD	337	497	3/27/2022
J. Ritterbeck	A	202	LB	294	496	3/27/2022
Scott Leviant	A	484	FS	0	484	3/27/2022
Jaclyn Howerton	A	328	FITA	155	483	3/27/2022
Jeff Owens	MS	226	LB	252	478	3/27/2022
Luz Garces	A	477	FS	0	477	3/27/2022
Nathan Collins	YA	471	FS	0	471	3/27/2022
Brian Carter	MS	209	TRAD	0	209	3/27/2022
Ben Spielman	A	181	LB	0	181	3/27/2022
Gary Howertron	MS	163	BB	0	163	3/27/2022
Wendell Wright	GA	132	SB	0	132	3/27/2022
Jeff Owens	MS	128	SB	0	128	3/27/2022
Charles Neace	A	514	FS	47	561	2/27/2022
Oscar Melendez	A	517	FS	39	556	2/27/2022

Brian Carter	MS	479	BHFS	69	548	2/27/2022
Terry Marvin	MS	471	FS	70	541	2/27/2022
J. Ritterbeck	A	449	FS	86	535	2/27/2022
Norman Rice	GA	420	BHFS	102	522	2/27/2022
George Conner	GA	403	FS	114	517	2/27/2022
Jim Collins	A	411	BHFS	106	517	2/27/2022
Wendell Wright	GA	248	LB	264	512	2/27/2022
Ken Downey	A	392	FITA	110	502	2/27/2022
Tom Swindell	GA	183	TRAD	318	501	2/27/2022
Jaclyn Howerton	A	348	FITA	152	500	2/27/2022
Jack Houghton	Y	302	FITA	197	499	2/27/2022
Justin Lerma	A	498	FS	0	498	2/27/2022
Jeff Owens	MS	262	LB	233	495	2/27/2022
Curtis Hermann	GA	205	TRAD	286	491	2/27/2022
J. Ritterbeck	A	181	LB	307	488	2/27/2022
Keith Huebner	A	488	FS	0	488	2/27/2022
Morgan Thomas	A	122	TRAD	359	481	2/27/2022
Rachel Howerton	A	251	BB	230	481	2/27/2022
Charlie Houghton	C	125	FITA	346	471	2/27/2022
Brian Rohrer	MS	180	BB	290	470	2/27/2022
Sarah Dakin	A	293	BHFS	174	467	2/27/2022
Luz Garces	A	459	FS	0	459	2/27/2022
Matthew Ive	A	401	FS	0	401	2/27/2022
Jeff Owens	MS	256	TRAD	0	256	2/27/2022
Brian Carter	MS	237	TRAD	0	237	2/27/2022
Chris Cavaliere	A	210	TRAD	0	210	2/27/2022
James Stankovich	GA	205	LB	0	205	2/27/2022
Gary Howertron	MS	155	BB	0	155	2/27/2022

Oscar Melendez	A	527	FS	41	568	1/23/2022
Charles Neace	A	508	FS	50	558	1/23/2022
Norman Rice	GA	451	BHFS	106	557	1/23/2022
Terry Marvin	MS	469	FS	72	541	1/23/2022
J. Ritterbeck	A	456	FS	81	537	1/23/2022
Jim Collins	A	430	BHFS	102	532	1/23/2022
Brian Carter	MS	456	BHFS	70	526	1/23/2022
George Conner	GA	416	FS	104	520	1/23/2022
J. Ritterbeck	A	196	LB	321	517	1/23/2022
Brian Rohrer	MS	224	BB	284	508	1/23/2022
Keith Huebner	A	494	FS	0	494	1/23/2022
Morgan Thomas	A	135	TRAD	350	485	1/23/2022
Jeff Owens	MS	249	LB	230	479	1/23/2022
Wendell Wright	GA	227	LB	252	479	1/23/2022
Ken Downey	A	439	FITA	0	439	1/23/2022
Matthew Ive	A	427	FS	0	427	1/23/2022
Kurt Hoberg	MS	418	FITA	0	418	1/23/2022
Sarah Dakin	A	384	BHFS	0	384	1/23/2022
Jack Houghton	Y	301	FITA	0	301	1/23/2022
Jeff Owens	MS	257	TRAD	0	257	1/23/2022
Chris Cavaliere	A	245	TRAD	0	245	1/23/2022
Tom Swindell	GA	146	TRAD	0	146	1/23/2022
Charlie Houghton	C	121	FITA	0	121	1/23/2022
Ben Spielman	A	97	LB	0	97	1/23/2022
Brian Carter	MS	489	BHFS	0	489	12/26/2021
Oscar Melendez	A	489	FS	0	489	12/26/2021
Charles Neace	A	483	FS	0	483	12/26/2021
Terry Marvin	MS	478	FS	0	478	12/26/2021

Justin Lerma	A	477	FS	0	477	12/26/2021
J. Ritterbeck	A	456	FS	0	456	12/26/2021
Jim Collins	A	444	BHFS	0	444	12/26/2021
George Conner	GA	432	FS	0	432	12/26/2021
Norman Rice	GA	425	BHFS	0	425	12/26/2021
Jaclyn Howerton	A	423	FITA	0	423	12/26/2021
Julian Acebo (Guest)	MS	416	BHFS	0	416	12/26/2021
Rachel Howerton	A	311	BB	0	311	12/26/2021
Jeff Owens	MS	297	LB	0	297	12/26/2021
Wendell Wright	GA	216	LB	0	216	12/26/2021
Brian Rohrer	MS	192	BB	0	192	12/26/2021
Curtis Hermann	GA	180	TRAD	0	180	12/26/2021
Tom Swindell	GA	158	TRAD	0	158	12/26/2021
J. Ritterbeck	A	152	LB	0	152	12/26/2021
Tom Sheppard	GA	115	TRAD	0	115	12/26/2021
Joe Cavaleri	GA	83	TRAD	0	83	12/26/2021
Morgan Thomas	A	77	TRAD	0	77	12/26/2021
Alejandro B (Guest)	A	514	FS	0	514	11/28/2021
Oscar Melendez	A	511	FS	0	511	11/28/2021
Chef Robert Bogin	A	506	FS	0	506	11/28/2021
Charles Neace	A	502	FS	0	502	11/28/2021
Brian Carter	MS	473	BHFS	0	473	11/28/2021
J. Ritterbeck	A	466	FS	0	466	11/28/2021
Terry Marvin	MS	465	FS	0	465	11/28/2021
Scott Leviant	A	461	FS	0	461	11/28/2021
Kurt Hoberg	MS	446	FITA	0	446	11/28/2021
Nathan Collins	YA	446	FS	0	446	11/28/2021
George Conner	GA	443	FS	0	443	11/28/2021

Ken Downey	A	438	FITA	0	438	11/28/2021
Ramon Barajas	A	430	BHFS	0	430	11/28/2021
Jim Collins	A	424	BHFS	0	424	11/28/2021
Norman Rice	GA	406	BHFS	0	406	11/28/2021
Sarah Dakin	A	352	BHFS	0	352	11/28/2021
Jack Houghton	Y	341	FITA	0	341	11/28/2021
Jaclyn Howerton	A	341	FITA	0	341	11/28/2021
Wendell Wright	GA	292	LB	0	292	11/28/2021
Jeff Owens	MS	271	LB	0	271	11/28/2021
Rachel Howerton	A	255	BB	0	255	11/28/2021
Curtis Hermann	GA	226	TRAD	0	226	11/28/2021
James Stankovich	GA	223	LB	0	223	11/28/2021
Brian Rohrer	MS	199	BB	0	199	11/28/2021
Cassandra Silverio	C	179	BB	0	179	11/28/2021
Morgan Thomas	A	155	TRAD	0	155	11/28/2021
Richard Silverio	A	149	BB	0	149	11/28/2021
Charlie Houghton	C	135	FITA	0	135	11/28/2021
J. Ritterbeck	A	130	LB	0	130	11/28/2021
Joe Cavaleri	GA	107	TRAD	0	107	11/28/2021
Tom Sheppard	GA	97	TRAD	0	97	11/28/2021
Tom Sheppard	GA	83	SB	0	83	11/28/2021

Trad Group Picture Hanging Out



Keep stick'n them point ends in the target.

Hope to see you around the range.

John Downey
Tournament Director

PUTTING TOGETHER A HUNT

A “HOW TO” DISCUSSION

A column for the “Conejo Quiver” by Curtis Hermann

Deciding on a hunt is usually just a simple thought like “I want to hunt Antelope this year.” So next you mention it to a few buddies and it begins to take seed and grow. This is how it started when Ben Shirley mentioned that he wanted us to hunt antelope this year on a ranch he knew about.

Once the game you want to hunt is chosen and the those attending have been decided, it begins to get a bit more complicated.



In our case, the Outfitter is one that Ben has experienced on several hunts and always been happy with the experience and results. If you don't have this, you must locate a place to hunt that has a history of providing the game you want to hunt. This you would do by choosing a state to hunt in and then contacting the Fish & Game Department for a list of Outfitters or Ranches that allow hunting and interview those that seem to provide the service and experience you had in mind.



Next you need to apply for a tag and purchase a license to hunt in your chosen state. Most game is on a draw these days, so you go online with the Game and Fish Department and follow the instructions to apply for a tag either as a group or as an individual — then you wait for the results.

In our case the area we chose was a high draw area and we felt it was best that each hunter apply as an individual. Fortunately, a month later the results finally came out and everybody was drawn for a tag. Now the hunt is actually on! You have your tag, license, a place to hunt, an Outfitter to locate the game and help you take care of it should success come your way.

Travel plans are next, driving or flying, hotels or camp grounds, rental cars, gas, meals, etc., and making sure every hunter has made sure they have that time period free.

A note to CVA members

Our group of “Trad Archers” are in the habit of going to breakfast together after our morning practice round. It is at this time we get into discussions of how to improve things at the range. This is how the “new and improved Middle Ridge Trail 3-D came about”. Other subjects such as our health, upcoming tournaments and what hunts are coming up are also common topics.

Richard mentioned a while back that he would like to set aside a little time at the end of the Saturday “Public Session” and have one of the Trad Archers provide a discussion on how traditional archery is done, and how a 3-D archery range is designed and how it works.

We all thought it was a good idea and talked about ways to make it a regular part of the Saturday Public Session. Even if it was done just once a month it could have a strong impact on the level of enjoyment shared by the people attending.

So far, this idea is still in the “discussion stage” without any commitments, perhaps further encouragement is needed, so if attending a session to learn more about 3-D shoots or traditional archery is of interest to you, email Curtis at (onerobinhood@roadrunner.com) and let me know. Leave your name and email so we can contact you should this idea become a reality.

Curtis

We will be hunting south of Craig, Colorado on a high plains ranch (around 6,000') primarily from blinds over waterholes. Caravanning in several vehicles loaded with gear and hunters with a one night stay over in Utah each way. Each hunter taking a turn at driving. Camping, I believe, at the Elk Head Campground or along the Yampa River not far from our hunting grounds.

The Colorado season for our hunt is the last two weeks of August, in the heat of summer, but it is also the beginning of the thundershower season, so we must also prepare for an afternoon deluge and perhaps high winds.

What all this means is that blinds over waterholes work best in hot and dry conditions that force the antelope to water twice a day. If afternoon thundershowers happen then during the rain period the antelope will not come to water as their needs for thirst will be taken care of as they browse on the wet sage. Sometimes thundershowers are light and fast moving and do not leave enough moisture behind on the sage to satisfy the thirst of the antelope, if this happens stay in your blind. If the rain is prolonged and leaving behind puddles here and there then we must leave the blinds for a "spot and stalk" strategy of hunting. Spot & Stalk is a method of using a spotting scope to locate a buck and his harem from a long distance and then planning a stalk or sneak to get within bow range. A lot of fun but it is difficult and is usually a low success method. However, rain does help keep your scent undetected and makes it harder for the antelope to make out your shape or movement. A lot of crawling in wet sage and prickly pear cactus can make for an interesting afternoon.

Understanding the weather conditions and the rut potential has a big effect on the gear choices you need to make for a particular hunt. In our case we must prepare for both hot conditions using a blind and cold-wet weather for rut-spot & stalk conditions. So, we will choose gear for the blind backed up with gear ready for outside the blind hunting. Antelope decoys and hand calls will be added to the gear list.

As a traditional gear bowhunter, one must be sure to know how high the ceiling of the blind is, most blinds are designed for the compound bowhunter and are too short to shoot a traditional bow, you may want to take your own taller blind and have the guide set it up at the sight.

Gear for blind hunting is pretty simple and thought towards comfort is an asset. You will spend hours in a blind, so comfort is good and that means a solid chair with a backrest but no arms. You need to be able to rest your back and at the same time be able to slip off the chair into a shooting position on your knees with a minimum of motion, arms on the chair are an obstruction to either shooting from the chair or making an effort to slide off onto your knees.

The floor of your blind will be dirt and being close to a water source likely to have a "cow pie" or two inside. If they are old and dry, your "potty trowel" can be used to remove them, if they are "wet and fresh" then it is time to move the blind a few feet.

A small piece of scrap carpet can be placed where your knees will land as you slide off your stool or chair for the shot. Well worth the effort to bring it along.

Large motion inside the blind when game arrives can and will destroy a shot opportunity! Chairs with arms require large motion to get out of to get into a shot position.

One last point of interior blind strategy, place your chair so that when you reach full draw the elbow of your drawing arm is just within an inch or so from the back wall of the blind! Remember you are hiding from the antelope and they will stare into the interior of the blind looking for movement, so the further back in the blind you are the less detectable you are.

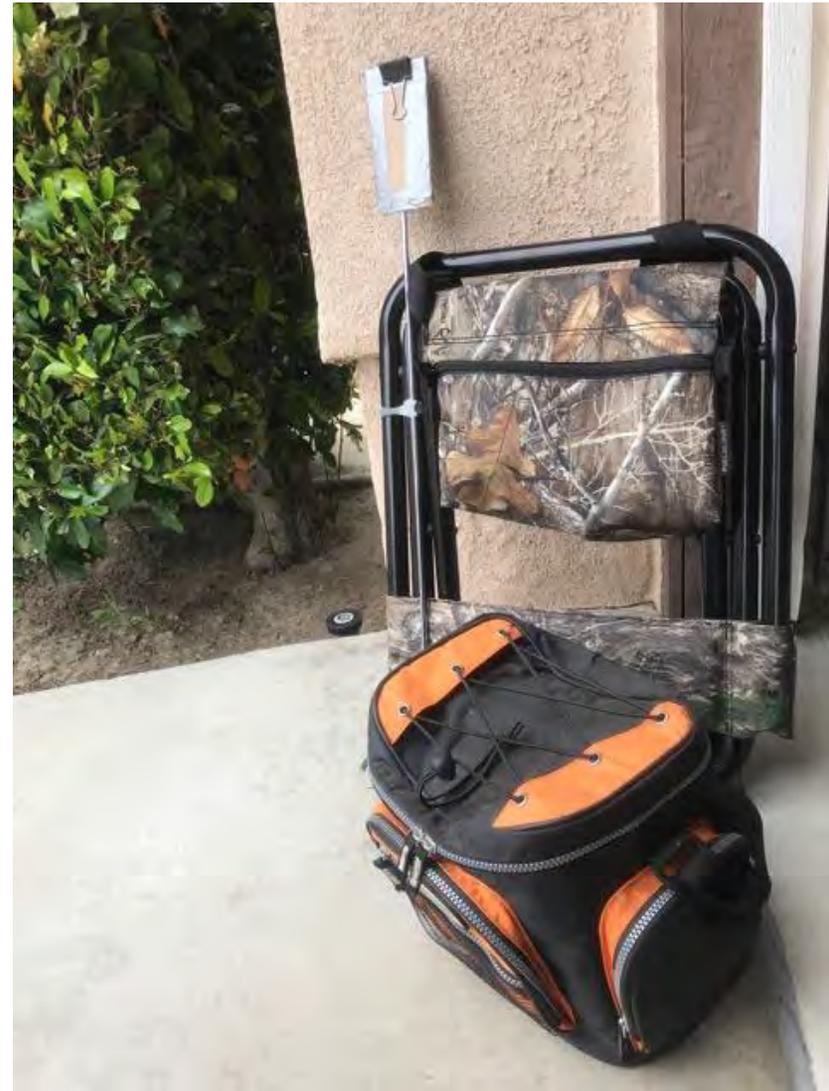
Next a small soft cooler with drinks, snacks and lunch. Two things I find that really help the time to pass, a small notebook and pen, writing about everything you see from the blind, thoughts about the trip and the weather and all the things that happen that you did not expect are priceless. A small paperback book is also ok to bring if you are a reader, a great time to read about our bowhunting pioneers! A small day pack with field dressing kit, knife, first aid kit, and knee pads should outside blind stalking become necessary. Do not forget a pee bottle! A small roll of TP is also a necessity. You will want to leave the blind to do number two, so spend some time viewing the surrounding area for a safe time to leave the blind long enough to do your business, bury it so the scent is not fresh, cow pies are common

at waterholes so the scent itself is not alarming unless it is really fresh and that will catch their attention.



(picture #2 , blind chair and equipment)

1. Chair with paperback book, note book/pen, toilet paper and pee can (red) (not shown is the potty trowel and moist hand wipes).
2. On ground (L to R) canteen, soft cooler, thermos, kneeling pad, ground quiver with bow & arrows.



(picture #3, All folded up & ready to hunt.

inside pocket under chair: TP & trowel, moist hand wipes, pee can, thermos, paperback book, notepad & pen. I throw in a couple of the black masks we have all been wearing for Covid 19 to cover my face.

Kneeling pad & ground quiver are strapped to the chair. In soft cooler, lunch sandwiches, 2 drinks, snacks in side pockets, canteen/cook kit combo to make tea, coffee or hot chocolate.

See comfort does make for time in the blind to pass in easy fashion.

Once inside the blind, spend some real time setting your windows. So that you can see all around, but limit the amount of light inside the blind, that means only small openings at the windows you need to use. Set the chair so that you slide off easily into the perfect position to draw the bow at the shooting window, practice pulling the bow to make sure the limb tips do not contact the blind at any point during the draw or shot cycle. Place the bow and the arrow where your bow hand will find it easily without looking and that takes minimum movement to bring it into your shooting position.

Darken your bow limbs, wear a dark glove on the bow hand, wear black or very dark clothes, darken your face with a mask or makeup and your pretty much ready to go.

Start making your gear list weeks or more ahead of hunt time so that you can add to or alter it as the thoughts come to you. Camping and hunting require a lot of gear choices. Discuss it with your buddies, especially camping gear that you can split up between several hunters and you don't end up with two or more of everything at camp.

You will need a couple of outfits that allow you to go to town for dinner or shopping or touring the local area. Dressing casual but nice and leaving the "camo" behind goes a long way towards your acceptance in smaller rural towns where your presence as a stranger is spotted immediately.

Make arrangement to protect the meat and get it home. Contact a local taxidermist if you don't have one you use on a regular basis. Your Outfitter will have local knowledge of the meat processing and taxidermy facilities in the area.

Antelope hunting is not strenuous as a general rule, sitting in a blind like a couch potato is the primary activity and success often comes early in the hunt. Should this happen, and you have a few days to fill until the hunt is over, consider a side trip to any local fishing or drive to local historical or geographic scenic spots, these all make the trip memorable. Take your camera for these little extra adventures.

The nice thing about today's smart phone is that they are excellent cameras, they are always within reach and never left at home, so making a photographic history of your hunt is easier than it has ever been.

Adding fishing gear to your hunting gear is a whole different story, it is something you may or may not use, it is just something more to pack and it takes some thought and research of what fishing opportunities exist within reach of your hunting area. Fortunately, good outdoor sources like "Bass Pro Shops," sell a compact fishing kit that carries both a light weight spinning out fit as well as a fly-fishing rig. Deciding if you have space for boots, waders and a fishing vest is another obstacle, remember if the opportunity happens for a day of fishing — a trip to the outdoor store for a fishing license is the first stop.

One last point I would like to make on the broadhead choice for hunting. Antelope are small compared to most animals we consider "big game." They have spindly legs with a large chest that carries large lungs and a large heart for their body size, this is what allows them to achieve running speeds up to 60 mph for distances of a half to three quarters of a mile or so. So, a well-placed broadhead in the vital lung/heart area usually brings one down within a very short distance. Heavy arrows with multi blade or mechanical heads shot from a heavy 60-70 lb. draw weight bow are usually unnecessary. Unless you are looking at shots beyond 40 yards which is not the best choice on an animal as swift as an antelope.

A medium weight small diameter arrow (approx. 450 grains) with a two-blade broadhead from a 40# to 50# pound draw weight bow is sufficient to usually create an entry and exit hole in the chest area and a rapid time to expiration. The antelope in the picture provided, I used such an arrow. The arrow entry was on the left side quartering away, it entered behind the left rib cage through the diaphragm and both lungs, then exiting the chest frontal area just inside the right shoulder, he was down in 15 feet. Admittedly that was quick but any distance within fifty yards would not have been unusual.

For those of you who have never hunted but have often thought you would like to try, I hope this will be of some help. As hunters we often take this as routine but for those who are looking forward to their first adventure in this hunting world, I hope you find this column useful.

When we return from our adventure, I will cover it in this column. You will have gotten the full picture from conception to completion.

Till next month: Keep those arrows in the air, because life is better outdoors!

Curtis

This month's tip:

I had a slew of tips to share with you this month, some on locating elk in the high country and a few old timer things left over from when things were a bit tougher in middle America. Just for fun, I decided to go with the latter as it is a look into the past, which just might astonish some of today's CVA youth.

Save old shirt pockets! *This little tip comes from those outdoorsmen and women who survived the Great Depression era, through WWII and the Korean Conflict of the 1950's!*

Before throwing away an old shirt, cut out and save the pocket, especially if it is a soft cotton cloth. Some shirt pockets have a button, a snap, a flap or a zipper closer and that is helpful. Using these pockets to store and protect your compass, pocket knife, small archery tools or parts, a few tea bags or chicken or beef bouillon cubes for a nice drink on the trail, can not only protect these items but keep them from rattling in your pack or equipment box.

We also saved the small bags that tobacco came in (used by those old timers who "rolled their own" cigarettes.) These bags were about the size of a cigarette pack and had a draw string top. I would find empty ones, turn them wrong side out and get rid of all the remnants of tobacco and then stuff them inside my dirty jeans pocket. When Mom did the laundry and hung the clothes on the backyard clothes line, I would reach in my jeans pocket and pull out my nice and clean little bag. They were great for carrying marbles as well as for all the items listed for the shirt pockets.

Times were different in those days, but a "hell of a lot of fun!"

A modern tip:

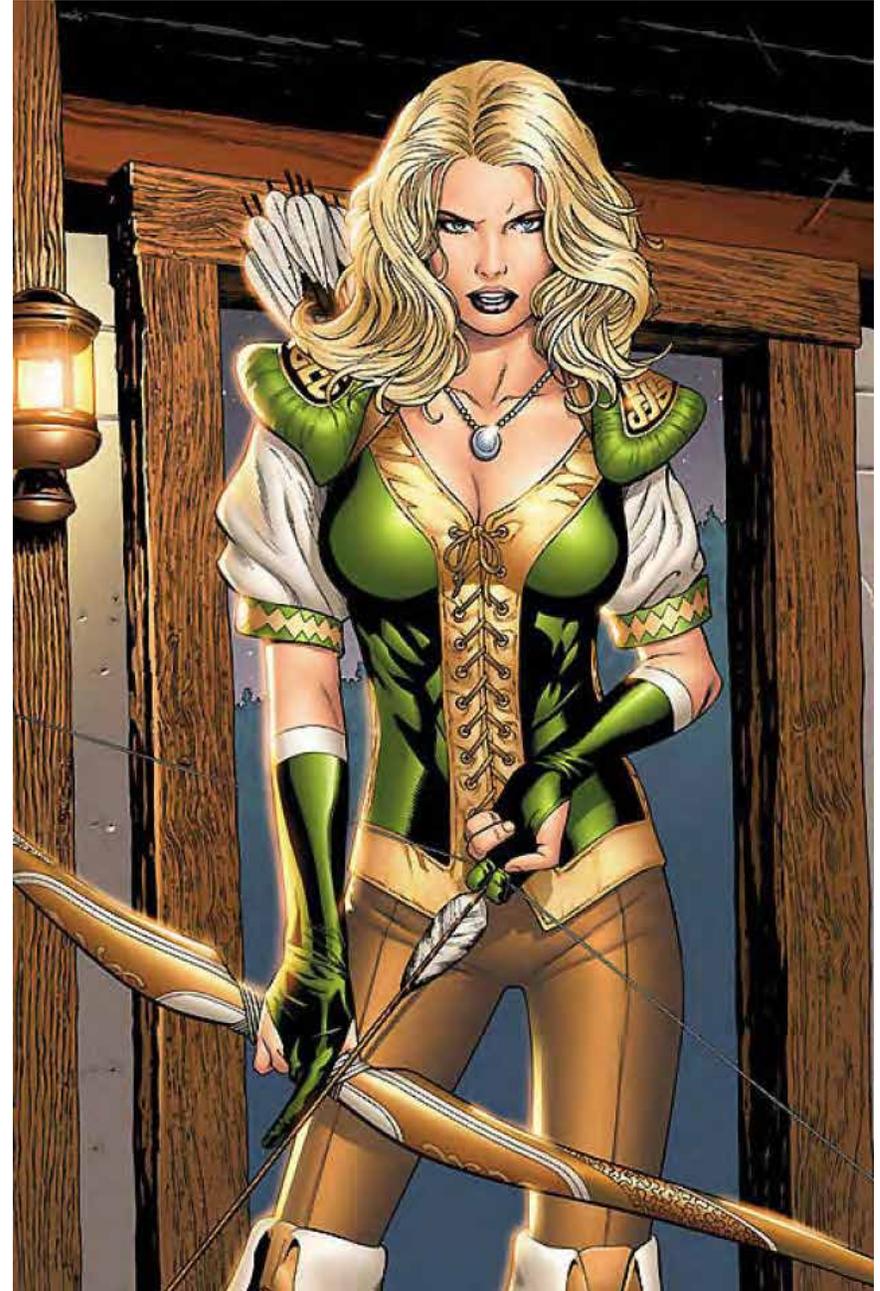
This one will be more useful for today's modern archer/bowhunter.

Put some "Zip Ties" in your kit:

Zip ties belong in every archer's kit or pack. They are better for emergency repairs than duct tape or dental floss (both still good to have). Choose the length or size depending on what you expect to encounter outdoors. Here's the part you don't know: Should you need to start a fire; plastic zip ties burn hot for a long time!

Curtis

Arwyn of the "Sojourn" comics



ADOPT-A-TARGET (CVA Roving Range)

Most of our target lanes have been adopted. If interested in adopting one you can contact one of the Board Members.

Jbd

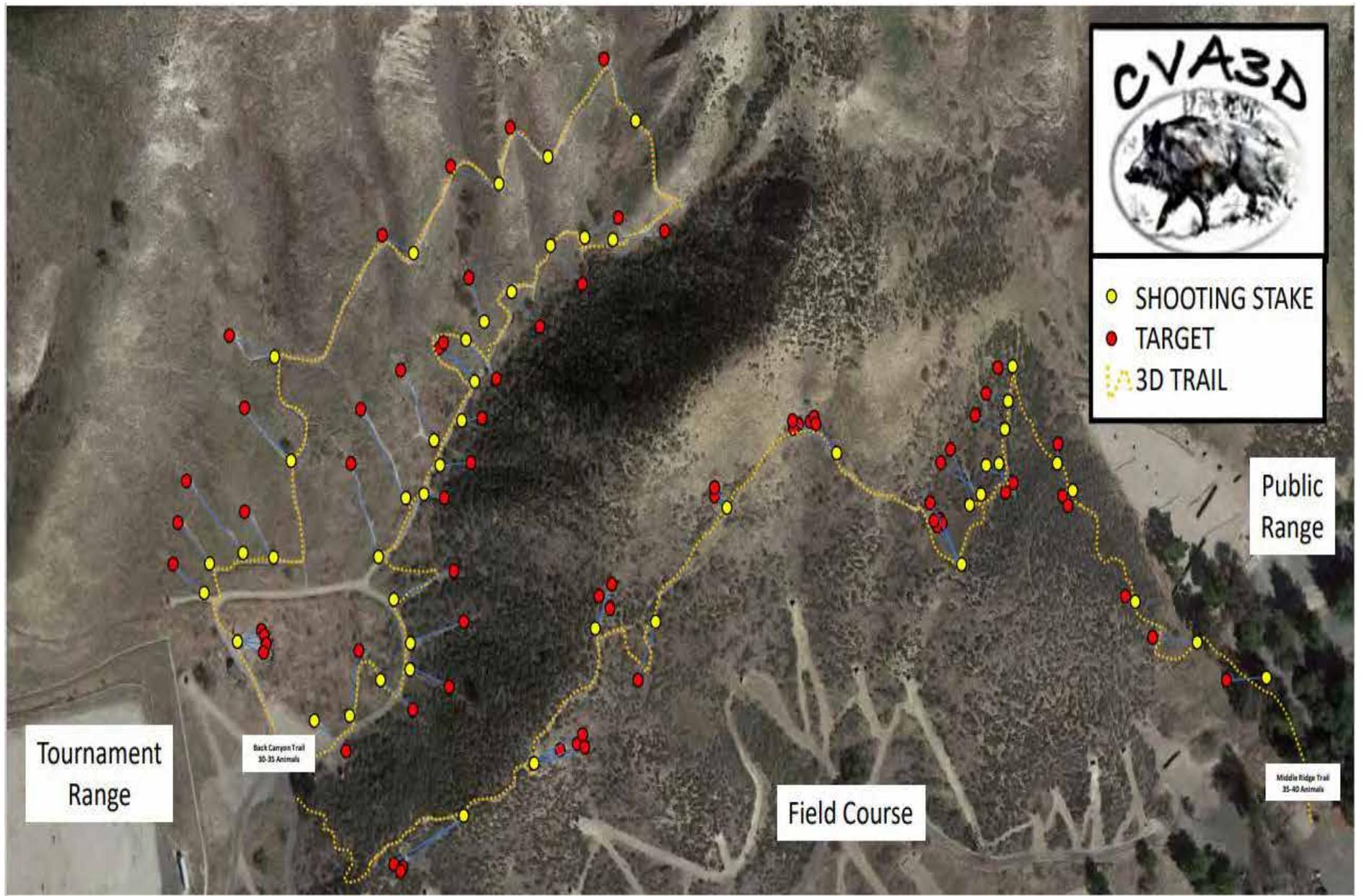
Targett	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	William Bachellar
7	55 yrd field 53 yrd walk-up hunter	J Ritterbeck
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase

15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents
16	50 yrd. field 48 yrd. hunter	Wendell Wright
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	
19	55 yrd. field 53 yrd. walk-up hunter	Marc Albanza
20	25 yrd. field 28 yrd. fan hunter	
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	William Bachellar
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia

CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Bonnie Marshall	Membership Chair, Coach		805-328-4721
Noah Barlow	Volunteer Hours Coordinator		
Richard C. Silverio	Volunteer Hours Coordinator Communications, Instructor	richardcsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	

CVA 3D Ranges MAP



CONEJO QUIVER

August 2022 Issue



The August Club Shoot and General Meeting (11:30am) will occur on August 28, 2022 per our normal schedule. Please wear an appropriate protective face covering while on the range and during the meeting if you haven't already received your COVID-19 vaccinations.

FROM THE EDITOR

John Downey, Editor

Welcome to the August issue of the Conejo Quiver.

It is hard to imagine but the current club year will be up at the end of September. A lot of things will be happening soon, including

- Lock changes and key swaps
- The Club Banquet and Awards Ceremony,
- General Elections and a new Board
- October Fun in the Sun Zombie Shoot

We have pretty much all the standard offerings this month, hope you enjoy them.

Rumors of my demise are greatly exaggerated. 😊

I am currently recovering from COVID-19 caught on our vacation trip to Mammoth. At 70-plus (yes, I know I barely look 40, well maybe 50), it would have hit me a lot harder if I hadn't had all my inoculation/booster shoots. Word to the wise folks. Don't neglect to receive yours. We have all lost too many good people to this virus.

As we are getting down to the wire on qualifying for club trophies, please review the "All Scores to Date" spreadsheet in this issue. You are responsible for your own scores and bringing anything that looks off to my attention. Remember 5 scores are required to qualify for a Range-Record Trophy. Don't miss out on one of our primo "award knives" because you didn't get that fifth shoot under your belt.

Hope to see you around the range soon.

Regards

John Downey, Editor

FROM THE DESK OF THE PRESIDENT

Kurt Hoberg



CVA Range News

Overall Range News: The range is starting to dry out, so the weeds won't be as much of a problem as they have been in the past months. Fire is a danger, so please be aware.

Our volunteers are addressing the 3D range weed situation, and after that the focus will be on the Field Range. We'll be looking at a bale replacement for the Public Session and the Field Range in the coming months. New targets will be pasted on the 21st, so we should be good for the next few months.

Again, thanks to those who are putting out seating on the Field Range, that was the only stickler that kept us from a 5-star rating. The year after next, when we are inspected again, we should move from 4 to 5-star. Some of the benches are really creative, take a look at them next time you are on the Field Range.

Public Session: It is starting to get busy as the good weather is bringing people out. This is a great opportunity for those newly certified Level 1 and 2 instructors to retire some volunteer hours. Watch for Richard Silverio's emails.

I've been training volunteers to run the 300 Round in my absence, and three CVA members are now approved to run the shoot. Thanks Marcie Kraft, Alejandro Nijamkin, and Phil Mastinick for volunteering to help run the 300 Round.

If you are interested in shooting for awards during the 300 Round, you need to be a USA Archery Member, participation in the pin program is \$10 per year per shooter, and awards cost \$5 when the score is shot. Please reference the following USA Archery site for the details: <https://www.usarchery.org/participate/achievement-awards>

CVA Treasurer Needed (WE HAVE A VOLUNTEER!!): Genevieve Ivie, who has been CVA's treasurer for the last few years, will be stepping down at the end of the year due to work commitments. I want to thank Gen for her service and exemplary way she has handed our finances. While she will still be associated with the club, she simply does not have the time to continue in her current capacity as Treasurer.

I want to extend my heartfelt thanks to Anette Vladescu, who will be taking over from Gen in the Treasurer role for the club. This role is the most important volunteer position at our club, as a non-profit organization must have a Treasurer. Gen and Anette will be collaborating for a smooth handoff.

Thanks Anette! You're awesome!!

Tournament News

CA State Outdoor, June 2022: Final paperwork has been provided to the State Archers of California (SAC), and the CVA Board unanimously approved hosting the shoot next year. CVA made over \$10K in profits for this shoot, so yes, we are doing it again!

We were late with our 2023 Bid Documents to SAC, mostly due to my work schedule and the accounting that needed to be completed for the final paperwork, but our Bid has been filed. There are no competing Bids, so we should have no issues in getting approved.

I start prepping for this shoot (registration via Sport80, vendor planning, etc.) in November. Tentative date for next year's event is June 23-25, with setup being Thursday, June 22nd.

Pasadena Senior Games: Due to the significant personal effort in hosting State Outdoor, my wife and I do not have the capacity to continue as Commissioners for the Sr. Games.

We are looking for a CVA volunteer to be the Commissioner to take over this shoot. The position requires working with the Pasadena Senior Center to handle registrations, flyers, etc.

Rose and I will train the volunteer on how to run the shoot first year. If we do not get a volunteer before the end of the calendar year, I

will contact the Senior Center and inform them that CVA will no longer be able to host the Archery portion of the Pasadena Senior Games.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

If you shot a tournament and earned a medal, please let me know so I can recognize your achievements. We are proud of our CVA shooters and want to celebrate your wins!

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

MEMBERSHIP CORNER

Bonnie Marshall

ELECTIONS

ELECTIONS INFORMATION 2022

August 17, 2022

It's time for elections!!

As per our By-Law requirements of the timing of voting and making sure we are ready for ballots to be received back for counting by the September General Membership Meeting, final nominations will be accepted at this **August** meeting and ballots links will be sent out at in the middle of September. This means that we need you to step up for your nomination now!

All voting will again be done through our online service 'Simply Voting'. The site is extremely easy to use for voting and reporting. This is all done via email so make sure that we have your updated email! If you are a **family type membership**, you do get two votes, so make sure that we also have a second email to send a ballot to. A single email cannot be used for two ballots. **Please immediately respond to this email with a second email.**

Nomination Procedure. The President is responsible for appointing a nomination committee, consisting of 3 or more members, not less than two (2) months prior to the annual meeting to be held each September. (June-July) It is the duty of the nominating committee to nominate one or more candidates for each office and the three (3) expiring seats on the Board of Directors. The proposed nominees should be announced at the August general meeting. During this meeting, nominations may also be made from the floor by any senior member. Nominees must have been a member of the Club for at least one (1) year and must accept the nomination to be put on the ballot. The membership will elect the officers and directors so nominated at the September General Meeting, or at any special meeting of the members called by the Board of Directors. A member in good standing may be nominated for one (1) or more offices but can accept only one (1) nomination for any elected position.

Tenure in Office. The officers of this Club shall be elected each year and shall take office the first meeting in October. Officers shall hold office for one year and until their successors are elected and installed in office.



Directors shall be elected for staggered two (2) year terms; three (3) in each even numbered year (to be served during the ensuing odd numbered year), and three (3) in each odd numbered year (to be served during the ensuing even numbered year).

So far, we have received nominations, that have been accepted, for the following positions:

Officers

President – Kurt Hoberg

Vice President – Cathy Linson

Secretary – Scott Leviant

Members Slated for Nominations *

Kevin Cloepfil

Mike Keena

Robert Luttrell

Bonnie Marshall

Brian Rohrer

Bryan Tanger

- * Directors already in position to serve the second year of their two-year term and cannot be nominated are: Brian Carter, David Jockisch and Erik Hammerquist.

Please reach out to any Board member if you might be interested in serving on the nomination committee or running for a Board position!

Anniversaries

August 2022 Anniversaries

8 years - Erik Hammerquist, Curtis Parry

7 years - Sarah Dakin, Ron Riley and family

3 Years – Brian Carter and family

2 years – Kevin Padilla, Gary Howerton

1 year – Daniel Tao, Daniel Esters

Congratulations All!

Save the Date
Conejo Valley Archers
Year End Awards Ceremony
Sunday October 23, 2022
The Four Elements

!!Looking for raffle donations!!

**Come to celebrate the top shooters of the club and
connect with members!**

Perpetual Trophy Award

George Levin Award

Belt Buckle Awards

Divisional Awards

Presidential Award

Volunteer Raffle Awards

BBQ Luncheon – catered by

Smokin' Steve's Pit BBQ

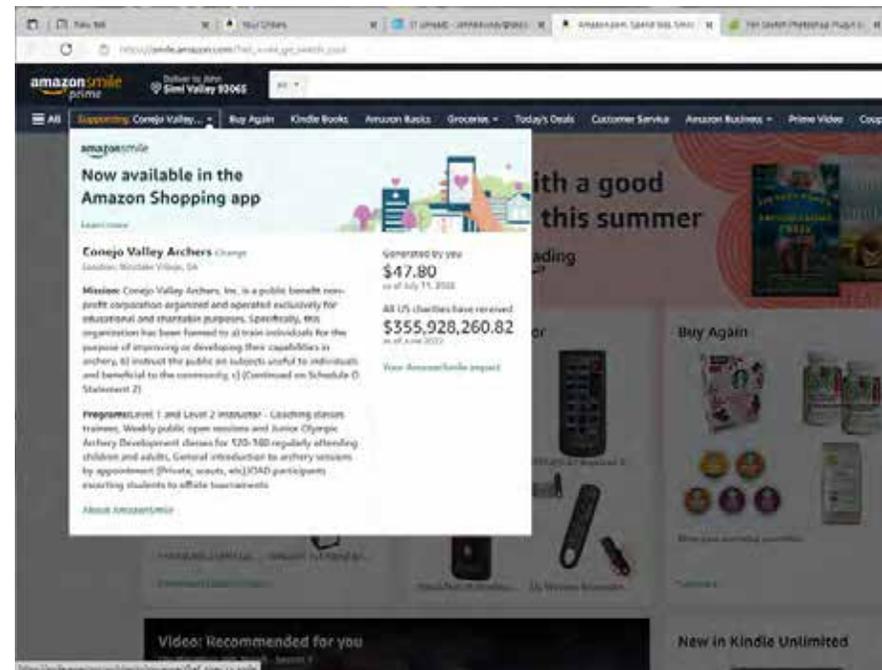
Free to members and their families.

AMAZON SMILE CVA Unique Charity Link

This link will take you directly to smile.amazon.com in support of our organization so you won't have to search for the CVA charity among almost a million other organizations. Use this link whenever you order something from Amazon and Conejo Valley Archers will benefit monetarily (see image below). It's the easiest way for you to find and support CVA.

<https://smile.amazon.com/ch/44-0103793>

Once it has been added you will see "Supporting: Conejo Valley Archers" in the top left-hand corner of your browser screen.



LOCKS CHANGING/MEMEBERSHIP RENEWALS

September/October

Along with membership renewals, there will be the changing of the locks. The CVA gate locks will be changed out on **Friday September 30th**. The range will be closed at noon. All members must be offsite.

Membership renewals and key exchanges will commence the next day, **Saturday October 1, 2022**, on range.

After September 15, 2022 – Renewals will start to be accepted

Options for membership renewals/key exchanges are:

1. Early MAIL IN OPTION – No Waiting in Lines!! - include:

- A signed waiver for each archer on the membership
- A signed Membership Agreement – one per membership
- A copy of your driver's license for SGA and FGA memberships
- A copy of Fall class registration for Student Memberships or any full-time student up to age 24, staying on a Family Membership
- Note any contact/address changes
- Tape your old key to and index card (add \$5 to your renewal if you have lost your key)
- Mail all items and your renewal check to:
Conejo Valley Archers PO Box 3982, Thousand Oaks, CA 91359
- Come to the range and exchange your old key and get your new card in the Fast Pass Lane!! (Stated dates below)
- We do not mail keys and membership cards

2. EXCHANGE at the RANGE – BEST OPTION!!!

Please consider this!!

Please see the schedule below for all dates that the exchanges will be done AT THE RANGE.

All exchanges during Public Open Sessions will be from **9:00 am to 1pm ONLY**.

Make sure to have all listed items above ready for renewal. Cash, check, credit cards accepted.

Processing will be done either at the office/kitchen bin or at the Public Session Range on the following dates ONLY:

Saturday October 1

Sunday October 8

Saturday October 15

Saturday October 22

Sunday October 23 – End of Year Banquet/General Meeting

Saturday October 29 - Halloween Shoot at Public Session

After this date I cannot accept renewals at the range during Public Session times and memberships must be completed mailed in or completed at any General Meeting or after registration at any club tournament.

Membership Renewal Fees:

Family - includes spouses and all minor children up to age 18 years and their full-time students with proof of class registration up to age 24 = \$160 – Maintenance Fee = \$600

Single – includes one adult age 18 years and over = \$130 / Maintenance Fee = \$300

Student – includes any full-time student over 18 years, with proof of fall class registration - \$50 / MFee = \$300

Senior Golden Ager (SGA) – includes one adult 65 years or older with copy of driver's license - \$65 / MFee = \$180

Family Golden Ager (FGA) – includes spouses with one being aged 65 years or older with copy of driver's license - \$75 / MFee = \$300

We have strived to make renewing as easy and convenient as possible with 6 opportunities at the range and mailing in. We hope that everyone will renew as soon as possible. Remember your renewals are part of the club budgeting and having all members renew in a timely manner helps us to plan for this new club year. Thanks for supporting our club!!

Some BIOS for Upcoming Club Elections

Kurt Hoberg, Candidate for President of Conejo Valley Archers



Dear CVA Members,

As a member of CVA and its current President, I'm running for my ninth term in office. For those of you that might not know me, I'd like to take a moment to introduce myself.

My family has lived in Moorpark since 2003 and we've been CVA Club Members since 2006. I've been shooting archery for 15+ years and my primary style is Olympic style recurve (I also dabble in traditional and barebow styles) and complete in many USA Archery and CBH sanctioned events. In past years I've shot well enough to be ranked first in State in the Masters Division and have won many State and National events. I'm a USA Archery Certified Level 3 Coach and assist during our weekly Saturday Open Public Sessions and have also trained and certified numerous CVA Members as USA Archery Level 1 and 2 Instructors. I also serve as the Vice President of the State Archers of California, the USA Archery affiliated body that manages sanctioned California State Tournaments. I'm an archery enthusiast – if it shoots arrows, I'm interested.

We have had many exciting updates and changes to the range while I've been the President of the club. To list some major events, our Public Session range is a significant part of our club's offering to the public and has expanded from its inception from a handful of archers shooting at couple of stacked haybales, to the Public Session range and program we all know today. Our Field Range continues to impress with its challenging shots and was certified as a NFAA 4-Star Range in 2022. We have a formal Junior Olympic Archery Development (J.O.A.D) program, held each Saturday on our 40 lane Tournament range, where youth archers are coached in the sport.

The club offers not one but two (with the Middle Range Trail that opened in 2022) full-time, permanent 3D Ranges, both of which never fail to garner praise from club members and guests alike. This year we realized a long-standing club dream, to host a USA Archery State Sanctioned event on our range, which occurred this year when we hosted the 2022 State Outdoor Championships on our Tournament Range.

Based on the conversations I've had with other club leaders both domestically and worldwide, our facility is unique in the diversity of ranges we offer our club members, including our Club's ability to fund and keep the range operational to such a high level. When I describe what we have, show our WEB site, maps, programs, and pictures, I've seen other club leaders actually turn green with envy! I'm very proud of what we have been able to accomplish as a club.

Which begs the question – why should you vote for me? My continued focus has always been CVA's members, listening to your feedback so we can continue to improve the range and offerings. I was a CVA Board member for four years before being voted in as the Vice President, then President, and know the processes to move member's ideas through our club's leadership. I've personally drafted numerous club policies and worked with the Board of Directors to ratify them. I have worked closely with Ventura County, who we lease our property through, to keep the lines of communication open and have recently renewed our property's lease for another 5-year term. My tournament shooting has provided the opportunity for me to represent CVA with the leaders of other clubs in our area, other states, and the world. To my surprise, my tournament shooting has evolved to me be asked to run for, then being elected as the Vice President of the State Archers of California.

In short, I'm passionate about the sport and will bring that passion to CVA's next exciting year.

See you on the range!

Kurt Hoberg

Name: Cathy Linson, running for Vice President

How many years a member: 8 years

How many years shooting: I shot as a kid and these past 8 years have enjoyed supporting my daughter's shooting

Previous/active positions held: I have been Vice President for the past 2 years and was previously a Board Member. I was the Required and Volunteer Hours Coordinator for 3 years and still manage the hours tracking system.



Archery experience/who are you: I have helped out at the Public Session for 6 years; wrote the Lane Clearing Protocols for the Field Range to help new adopters know what is expected; participated in many work parties; worked many tournaments; managed the tracking of coaches and instructor's certifications; and organized homeschool archery classes.

What can you bring to the CVA Board in the position you are running for: communication with members; organization and systems development to streamline processes; willingness to take on tasks to help decrease the work load of the president.



805.581.1671

2150 Agate Court • Simi Valley, CA 93065

Name: Brian Rohrer, running for CVA Board

I have been a member of Conejo Valley Archery since January of 2021 and attended public sessions for several months before deciding to seek membership.

Archery is a great skill and I have enjoyed my time with the club, learning from many of you how to be a better archer as well as assisting with efforts to make the range better for members and the public.

I have worked with many of you at work parties and took the initiative to become a Level II USAA Instructor to help build up new archers both in ability and excitement for club membership.

As a board member, I would continue my contributions to the club and seek to continue improving access to and enjoyment of our outstanding range.

I may have worked with you on a Saturday moving hay for targets, doing weed abatement, generally cleaning up our range, or assisting at tournaments occurring at our facility. If I haven't met you yet, I look forward to doing so, as it is important to keep up good lines of communication with members to make Conejo Valley Archery the best range in California and beyond.

I appreciate your consideration as I seek a position on the Board and hope we can work together to inspire new archers, further good publicity for the range, and make CVA the premier location for all archers.



Pictures from the Range

Some New Benches courtesy of Norm Rice



CONEJO VALLEY ARCHERS ANNUAL
"FUN IN THE SUN SHOOT"

ZOMBIE MONSTER NOVELTY & 3-D SHOOT

SUNDAY OCTOBER 2, 2022

30 TARGETS

MARKED YARDAGE

(Traditional Shooters – Absolutely none over 60 yards)

SHOOTING STYLES

Free Style (FS)
Free Style Limited (FSL)
Bow Hunter (BH)
Bow Hunter FS
Bow Hunter FSL
BareBow (BB)

FITA Recurve

TRAD CLASSES:

Longbow (LB)
Recurve (RB)
Selfbow (SB)



REGISTRATION

7:30 – 9:00 am

NON CBH/NFAA or USAA pay \$5 more

Adults	\$20
Family*	\$30
Couples	\$25
Seniors (60+)	\$15
Young Adults (15 - 17)	\$15
Youths (12 - 14)	\$10
Cubs (under 12)	\$ 5

(* Includes Spouses and Dependent children under 18)

2 ARROWS
Marked Yardage
10 – 8 – 5 SCORING
Available - One Doe Tag
2 Mulligans @ \$1 each

Absolutely No Dogs allowed on Range.

If you park inside the "County Park" at any time you must pay a daily parking fee of \$4.00.

Free day parking inside our fenced range.

DIRECTIONS: TAKE THE 118 FREEWAY INTO SIMI VALLEY. EXIT AT TAPO CANYON. NORTH ON TAPO CANYON ROAD 3 MILES TO TAPO CANYON PARK, TURN LEFT INTO THE PARK. THE RANGE IS INSIDE THE PARK TO THE LEFT AS YOU ENTER.

SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



JOAD – Always On Point

June 2022



It's amazing how fast the summer months go! The kids are back in school, and vacations are over, but JOAD archery continues!! We are starting to see some of our older JOAD archers going off to college, working summer jobs, and traveling extensively. We truly feel a bond and family-like atmosphere with our JOAD archers and it is exciting to see the kids moving on with the next chapter of their lives. Just know, we will always have a place on the shooting line when you return.

This month we had to say goodbye to one of our long time JOAD archers, Charlie K. Charlie is off to Michigan University to become an aerospace engineer. Charlie has been shooting with CVA JOAD for a few years now and has represented CVA at tournaments. Charlie has always been entertaining, keeps the kids engaged and is always able to give Ken a hard time! It has been fun watching Charlie progress with his archery and we wish him luck in Michigan.



Michelle W and her sister, Elizabeth, both attended the JOAD Nationals in Alabama. They both performed extremely well and Ken and I could not be prouder of them. In the weeks building up to the event, Michelle and Elizabeth focused on their form goals and put in multiple hours of practice. Way to go Michelle and Elizabeth, your JOAD colleagues are proud of you and thank you for representing CVA!

Coach Ken and I have had a couple of coaches retreats (i.e., fishing trips) where we discuss the future of CVA JOAD and what is to come for our program. Honestly, we just get together and fish and we talk about archery as well (Ken has consistently been catching sharks

including a very nice thresher shark). We have a few plans for JOAD, a few ideas for helping our families get volunteer hours and getting JOAD prepped for the indoor season. More details to follow

See you at the range,
Ken and Geoff



Thanks for everything Charlie K. We hope you have fun in Michigan and come back to see us.



A final picture of the fantastic four...Rhett, Nic, Jack and Charlie K



On a recent trip to Kauai, Charlie H. took a picture of the native Hawaiian's bow and arrows.



Ken and Jack H with the "Thresher"



Elizabeth competing at the JOAD Nationals in Alabama, photo courtesy of the Wu family



Michelle at the outdoor JOAD nationals, photo courtesy of the Wu family



A dark and stormy sky at JOAD nationals photo courtesy of the Wu family



From the Joad Archives

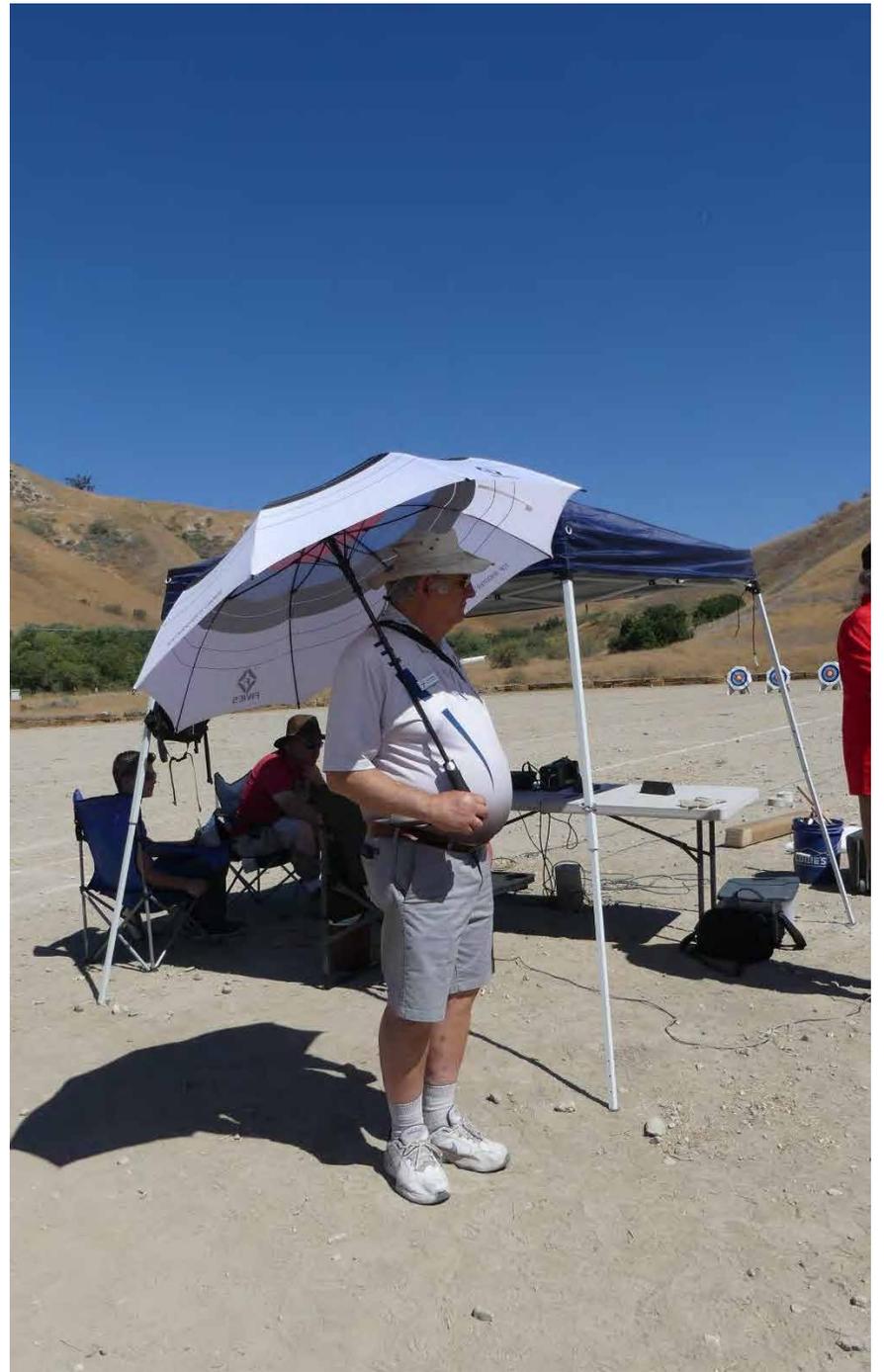
Cotton Boll – May 2000



A Few more Pics from the Pasadena Senior Games – hosted at our range.

Pictures courtesy Annie Laskey





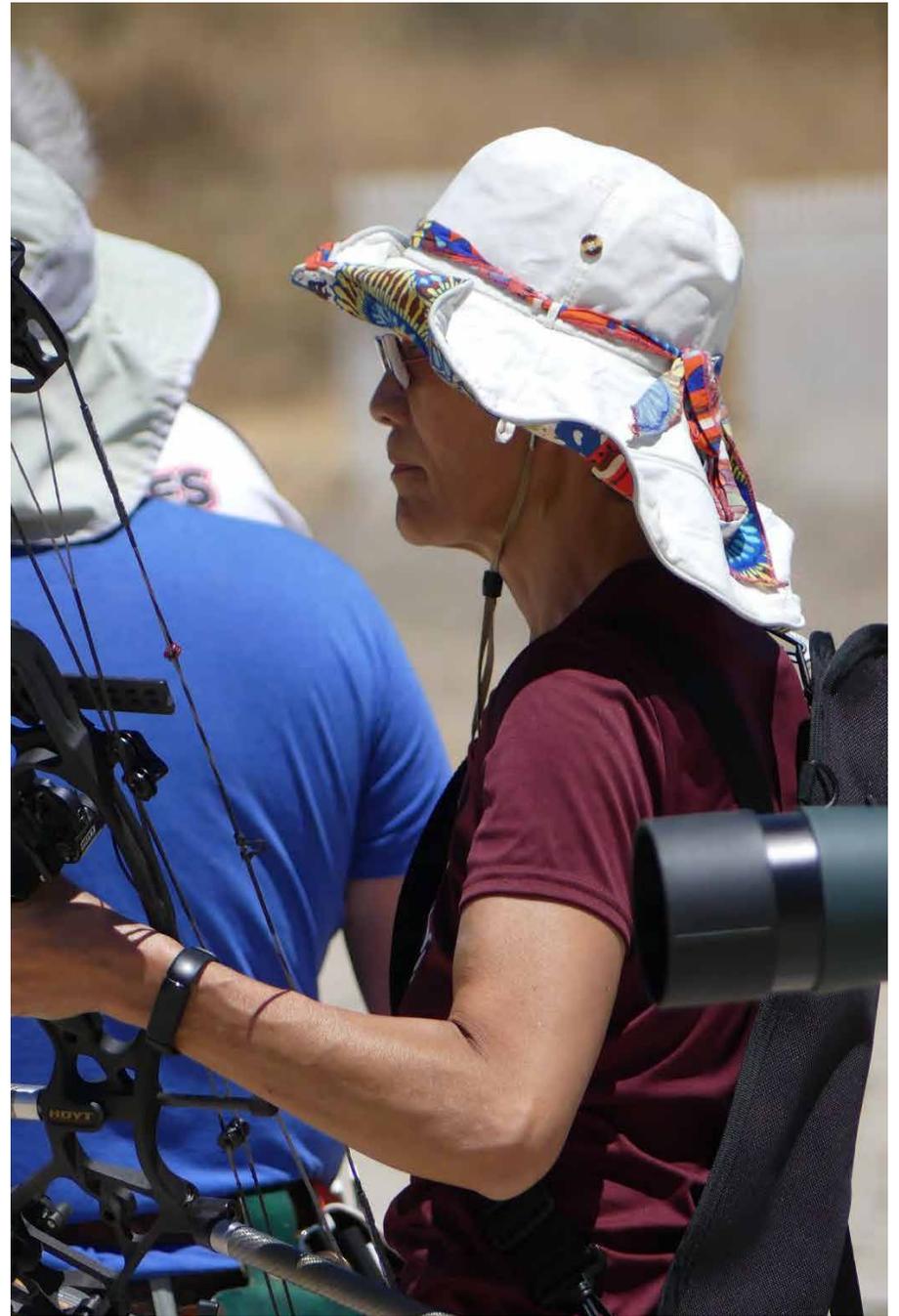


Who is that masked man?



She knows ...







FROM THE DESK OF OUR VOLUNTEER COORDINATOR (COMMUNICATIONS)

Richard C. Silverio



Greetings Members,

Thank you to all working members for your continued support and for your hours of volunteering to make sure our range is well managed; our tournaments are well organized and our public sessions on Saturday are well operated.

We are coming closer to the end of our club calendar year for 2022 and wanted to let all our working club members know of various opportunities to get your hours if you are in need of volunteer hours. We have several volunteer opportunities this coming weekend. Please read through my column for information.

VOLUNTEER WORK:

NEW: Come help repair arrows for Public Session. People who have been trained in arrow repair as well as those who want training and those who just want to get hours sorting arrows. All are welcome. Great way to get those last few hours. We need 12 volunteers for this and we got 2 sign-ups so far. Below are the details:

Meeting Place: Public Session Parking Lot

Date: August 28, 2022

Time: 12:30 PM - 3:00 PM

Check-In With: On-line sign up below

Below is an online sign-up sheet if you are interested to participate:

[Online Sign-up: Arrow Repair Work Party - 8-28-22](#)

NEW: Kevin Cloepfil and Mike Keena will be hosting another work party this

Saturday, August 27 at 6:30AM. The focus will be to clean up the tournament range. If you plan to volunteer just sign in with Kevin on the day off and he will allocate work for you. Here are the details:

Meeting Place: Tournament Range Parking Lot / Tournament Range

Date: August 27, 2022

Time: 6:30 AM

Check-In With: Kevin Cloepfil

NEW: Attention all USA Archery certified Coaches and Instructors: We have another large group of 24 shooters consisting of 10-year-old boys this coming Saturday, 8-27 from 1 PM - 3 pm. Bonnie Marshall will need some help running this. She is looking for first end assistance and then at least two others to stay the whole event. If you are able to help, please see Bonnie after our upcoming public session.

Private groups are great learning opportunities as you can spend more time with fewer individuals and really get some nice training in. Here are the details:

Meeting Place: Public Session Range

Date: August 27, 2022

Time: 1:00 PM - 3 PM (after the Public Session)

Check-In With: Bonnie Marshall

II. VOLUNTEER OPENINGS:

Our club President, **Kurt Hoberg**, who usually is the D.O.S. for huge back-to-back tournaments (**State Outdoor** and **Senior Games**) can only do one of these next year since he has a very busy schedule outside our club. We need someone to step up for next year to be the D.O.S. for the Senior Games. If interested and able to, please let Kurt know.

CVA has finally found **Genevieve Ivie's** replacement as Club Treasurer. **Anette Vladescu** will be taking over this role effective October of this year.

III. LANE ADOPTION:

Lane 7 at the **Field Range** is still open for adoption. This would be another good way to make those hours and can be done at your own pace. If

interested to adopt, please contact our Club Vice President Cathy Linson for more information at cmlinson@yahoo.com

NEW: Lanes 12 and 13 on the Middle Ridge Trail are also available for adoption. If interested to adopt, please contact our Club Vice President Cathy Linson for more information at cmlinson@yahoo.com

Please continue to look out for emails from me for more upcoming volunteer opportunities. If you have any questions or concerns please contact our Club Vice President, **Cathy Linson** at cmlinson@yahoo.com or by calling her at 805-791-5102 or to me at richardcsilverio@yahoo.com.

Thank you and see you at the range,

Richard C. Silverio

Volunteer Coordinator/USA Archery Level 3 NTS Coach, Instructor Trainer

Conejo Valley Archers

richardcsilverio@yahoo.com

Ex Conejo Member Harley and her medal at the JOAD Target Nationals



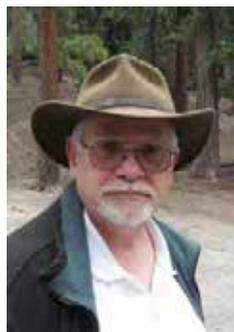
Harley Kenney at the Target Nationals in Alabama

Note: Harley recently earned her Bronze Olympian Pin as well



Club Tournament News

John Downey – Tournament Director



We had another nice club shoot this past month with twenty-five sets of score cards turned in.

Terry Marvin came in on top this month based on his 569 handicap score (503 scratch). He was followed by current club champion, Oscar Melendez (564), and Justin Lerma (562).

Top Trad score went to Jeff Owens (302 scratch, 525 hscore). Brian Carter had the same 525 hscore, even though his actual scratch score was higher (309). Interesting!

Also of interest, was that 10 of the 25 sets of score cards turned in, were for the Traditional classes (Selfbow, Long Bow, and Traditional Recurve). Add the three Bare Bow shooters, and FITA classes, and Compound shooters were the minority.

Trophies

Oscar Melendez is still in the lead for the Club Championship based on his 562.1 handicapped average (approximately 4 points higher than Charles Neace, and 8 points up on J. Ritterbeck). Oscar is looking strong for the Club Perpetual Trophy as well. Norman Rice is looking strong to repeat for the GA Championship again this year .

Keep stick'n them point ends in the target.

Hope to see you around the range.

John Downey
Tournament Director

Standings

Club Championship Standings For the Club Year 2021-2022

Rank	Name	Avg. Best 5 Scores	Style
1	Oscar Melendez	562.4	FS
2	Charles Neace	558.8	FS
3	J. Ritterbeck	554.6	FS
4	Terry Marvin	550.4	FS
5	Brian Carter	550.2	BHFS

Standings

Club Perpetual Trophy Highest Scratch Scores For the Club Year 2021-2022

Rank	Name	Scratch Total	Avg. Score	Style
1	Oscar Melendez	4699	522.1	FS
2	Charles Neace	4614	512.7	FS
3	Brian Carter	4335	481.7	BHFS
4	J. Ritterbeck	4288	476.4	FS
5	Terry Marvin	4281	475.7	FS

Standings

GA Championship Standings For the Club Year 2021-2022

Rank	Name	Avg. Best 3 Scores	Style
1	Norman Rice	543.7	BHFS
2	George Conner	530.7	FS
3	Tom Swindell	525.3	TRAD

All Club Scores to Date

Name	Division	Scratchscore	Style	Handicap	DateShot	Handicapscore	Sex	Member ID	month
Terry Marvin	MS	503	FS	66	7/24/2022	569	M	377	Jul
Oscar Melendez	A	543	FS	21	7/24/2022	564	M	423	Jul
Justin Lerma	A	521	FS	41	7/24/2022	562	M	459	Jul
Keith Huebner	A	519	FS	42	7/24/2022	561	M	474	Jul
J. Ritterbeck	A	505	FS	52	7/24/2022	557	M	466	Jul
Charles Neace	A	528	FS	27	7/24/2022	555	M	438	Jul
Brian Carter	MS	500	BHFS	53	7/24/2022	553	M	457	Jul
Jim Collins	A	441	BHFS	112	7/24/2022	553	M	391	Jul
Kurt Hoberg	MS	463	FITA	88	7/24/2022	551	M	244	Jul
Nathan Collins	YA	457	FS	86	7/24/2022	543	M	403	Jul
Jeff Owens	MS	302	TRAD	223	7/24/2022	525	M	454	Jul
Brian Carter	MS	309	TRAD	216	7/24/2022	525	M	457	Jul
J. Ritterbeck	A	263	LB	257	7/24/2022	520	M	466	Jul
James Stankovich	GA	265	LB	255	7/24/2022	520	M	394	Jul
Curtis Hermann	GA	249	TRAD	262	7/24/2022	511	M	27	Jul
Morgan Thomas	A	179	TRAD	331	7/24/2022	510	F	470	Jul
Jeff Owens	MS	276	TRAD	232	7/24/2022	508	M	454	Jul
Ben Spielman	A	227	LB	278	7/24/2022	505	M	476	Jul
Tom Swindell	GA	262	TRAD	242	7/24/2022	504	M	335	Jul
Richard Silverio	A	218	BB	280	7/24/2022	498	M	463	Jul
Cassandra Silverio	C	225	BB	261	7/24/2022	486	F	462	Jul
Wendell Wright	GA	235	LB	250	7/24/2022	485	M	461	Jul
Wendell Wright	GA	170	SB	310	7/24/2022	480	M	461	Jul
Brian Rohrer	MS	218	BB	261	7/24/2022	479	M	468	Jul
Jeff Owens	MS	117	SB	341	7/24/2022	458	M	454	Jul
Matthew Ive	A	446	FS	110	6/19/2022	556	M	475	Jun
Brian Carter	MS	492	BHFS	58	6/19/2022	550	M	457	Jun

Name	Division	Scratchscore	Style	Handicap	DateShot	Handicapscore	Sex	Member ID	month
Charles Neace	A	520	FS	30	6/19/2022	550	M	438	Jun
J. Ritterbeck	A	491	FS	58	6/19/2022	549	M	466	Jun
Oscar Melendez	A	521	FS	27	6/19/2022	548	M	423	Jun
Keith Huebner	A	502	FS	43	6/19/2022	545	M	474	Jun
J. Ritterbeck	A	491	FS	54	6/19/2022	545	M	466	Jun
Justin Lerma	A	502	FS	39	6/19/2022	541	M	459	Jun
Tom Swindell	GA	274	TRAD	262	6/19/2022	536	M	335	Jun
Nathan Collins	YA	442	FS	88	6/19/2022	530	M	403	Jun
James Stankovich	GA	254	LB	270	6/19/2022	524	M	394	Jun
Terry Marvin	MS	451	FS	72	6/19/2022	523	M	377	Jun
Brian Rohrer	MS	259	BB	262	6/19/2022	521	M	468	Jun
Wendell Wright	GA	202	SB	316	6/19/2022	518	M	461	Jun
Patrick Bullington	A	512	BHFS	0	6/19/2022	512	M	478	Jun
Jim Collins	A	397	BHFS	114	6/19/2022	511	M	391	Jun
J. Ritterbeck	A	232	LB	273	6/19/2022	505	M	466	Jun
Brian Carter	MS	276	TRAD	228	6/19/2022	504	M	457	Jun
Carlos Parada	GA	226	LB	277	6/19/2022	503	M	311	Jun
Jeff Owens	MS	248	LB	255	6/19/2022	503	M	454	Jun
Jeff Owens	MS	148	SB	348	6/19/2022	496	M	454	Jun
Ben Spielman	A	205	LB	290	6/19/2022	495	M	476	Jun
Jeff Owens	MS	265	TRAD	227	6/19/2022	492	M	454	Jun
Wendell Wright	GA	243	LB	243	6/19/2022	486	M	461	Jun
Gary Howertron	MS	175	BB	305	6/19/2022	480	M	458	Jun
Jim Bullington	A	471	BHFS	0	6/19/2022	471	M	479	Jun
Julian Acebo (Guest)	MS	422	BHFS	0	6/19/2022	422	M	472	Jun
J. Ritterbeck	A	495	FS	69	5/22/2022	564	M	466	May
Oscar Melendez	A	540	FS	24	5/22/2022	564	M	423	May
Charles Neace	A	530	FS	33	5/22/2022	563	M	438	May
Brian Carter	MS	490	BHFS	62	5/22/2022	552	M	457	May

Name	Division	Scratchscore	Style	Handicap	DateShot	Handicapscore	Sex	Member ID	month
Terry Marvin	MS	481	FS	63	5/22/2022	544	M	377	May
Kurt Hoberg	MS	442	FITA	100	5/22/2022	542	M	244	May
Nathan Collins	YA	458	FS	81	5/22/2022	539	M	403	May
Jaclyn Howerton	A	369	FITA	162	5/22/2022	531	F	455	May
Brian Carter	MS	285	TRAD	246	5/22/2022	531	M	457	May
Jim Collins	A	422	BHFS	102	5/22/2022	524	M	391	May
Cassandra Silverio	C	248	BB	274	5/22/2022	522	F	462	May
Gary Howertron	MS	200	BB	310	5/22/2022	510	M	458	May
J. Ritterbeck	A	224	LB	286	5/22/2022	510	M	466	May
Richard Silverio	A	203	BB	298	5/22/2022	501	M	463	May
Jeff Owens	MS	137	SB	354	5/22/2022	491	M	454	May
Michael Cooper	A	488	FS	0	5/22/2022	488	M	477	May
Wendell Wright	GA	149	SB	334	5/22/2022	483	M	461	May
James Stankovich	GA	206	LB	276	5/22/2022	482	M	394	May
Norman Rice	GA	415	FS	0	5/22/2022	415	M	316	May
Rachel Howerton	A	350	FITA	0	5/22/2022	350	F	456	May
Charles Neace	A	520	FS	37	4/24/2022	557	M	438	Apr
Keith Huebner	A	505	FS	46	4/24/2022	551	M	474	Apr
Oscar Melendez	A	519	FS	30	4/24/2022	549	M	423	Apr
Alejandro B (Guest)	A	518	FS	30	4/24/2022	548	M	469	Apr
Brian Carter	MS	480	BHFS	66	4/24/2022	546	M	457	Apr
Terry Marvin	MS	480	FS	66	4/24/2022	546	M	377	Apr
Justin Lerma	A	505	FS	40	4/24/2022	545	M	459	Apr
Ken Downey	A	433	FITA	111	4/24/2022	544	M	150	Apr
Jaclyn Howerton	A	374	FITA	168	4/24/2022	542	F	455	Apr
Jim Collins	A	435	BHFS	105	4/24/2022	540	M	391	Apr
Matthew Ive	A	423	FS	114	4/24/2022	537	M	475	Apr
Nathan Collins	YA	450	FS	84	4/24/2022	534	M	403	Apr
Luz Garces	A	456	FS	77	4/24/2022	533	F	346	Apr

Name	Division	Scratchscore	Style	Handicap	DateShot	Handicapscore	Sex	Member ID	month
Ben Spielman	A	208	LB	318	4/24/2022	526	M	476	Apr
Brian Carter	MS	266	TRAD	258	4/24/2022	524	M	457	Apr
Wendell Wright	GA	267	LB	242	4/24/2022	509	M	461	Apr
Sarah Dakin	A	327	BHFS	181	4/24/2022	508	F	396	Apr
Brian Rohrer	MS	225	BB	282	4/24/2022	507	M	468	Apr
Jeff Owens	MS	251	LB	251	4/24/2022	502	M	454	Apr
Jeff Owens	MS	269	TRAD	230	4/24/2022	499	M	454	Apr
Jack Houghton	Y	288	FITA	210	4/24/2022	498	M	453	Apr
Rachel Howerton	A	276	BB	218	4/24/2022	494	F	456	Apr
James Stankovich	GA	210	LB	276	4/24/2022	486	M	394	Apr
Charlie Houghton	C	122	FITA	350	4/24/2022	472	M	452	Apr
Norman Rice	GA	451	FS	0	4/24/2022	451	M	316	Apr
Morgan Thomas	A	100	TRAD	346	4/24/2022	446	F	470	Apr
Cassandra Silverio	C	229	BB	0	4/24/2022	229	F	462	Apr
Richard Silverio	A	211	BB	0	4/24/2022	211	M	463	Apr
Wendell Wright	GA	146	SB	0	4/24/2022	146	M	461	Apr
Jeff Owens	MS	91	SB	0	4/24/2022	91	M	454	Apr
Justin Lerma	A	527	FS	48	3/27/2022	575	M	459	Mar
Keith Huebner	A	513	FS	50	3/27/2022	563	M	474	Mar
Oscar Melendez	A	532	FS	28	3/27/2022	560	M	423	Mar
J. Ritterbeck	A	479	FS	79	3/27/2022	558	M	466	Mar
George Conner	GA	444	FS	111	3/27/2022	555	M	471	Mar
Terry Marvin	MS	483	FS	69	3/27/2022	552	M	377	Mar
Norman Rice	GA	458	BHFS	94	3/27/2022	552	M	316	Mar
Charles Neace	A	509	FS	40	3/27/2022	549	M	438	Mar
Jim Collins	A	442	BHFS	106	3/27/2022	548	M	391	Mar
Brian Carter	MS	476	BHFS	72	3/27/2022	548	M	457	Mar
Rachel Howerton	A	337	BB	209	3/27/2022	546	F	456	Mar
Kurt Hoberg	MS	445	FITA	99	3/27/2022	544	M	244	Mar

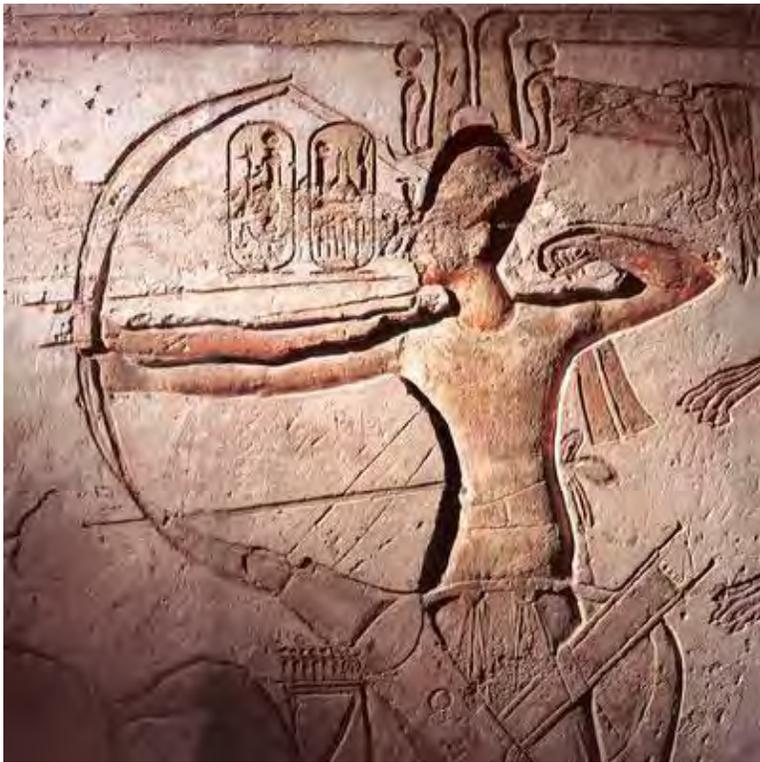
Name	Division	Scratchscore	Style	Handicap	DateShot	Handicapscore	Sex	Member ID	month
Alejandro B (Guest)	A	536	FS	0	3/27/2022	536	M	469	Mar
Tom Swindell	GA	239	TRAD	297	3/27/2022	536	M	335	Mar
Jeff Owens	MS	295	TRAD	233	3/27/2022	528	M	454	Mar
Curtis Hermann	GA	247	TRAD	280	3/27/2022	527	M	27	Mar
Wendell Wright	GA	260	LB	252	3/27/2022	512	M	461	Mar
James Stankovich	GA	231	LB	273	3/27/2022	504	M	394	Mar
Brian Rohrer	MS	217	BB	282	3/27/2022	499	M	468	Mar
Morgan Thomas	A	160	TRAD	337	3/27/2022	497	F	470	Mar
J. Ritterbeck	A	202	LB	294	3/27/2022	496	M	466	Mar
Scott Leviant	A	484	FS	0	3/27/2022	484	M	441	Mar
Jaclyn Howerton	A	328	FITA	155	3/27/2022	483	F	455	Mar
Jeff Owens	MS	226	LB	252	3/27/2022	478	M	454	Mar
Luz Garces	A	477	FS	0	3/27/2022	477	F	346	Mar
Nathan Collins	YA	471	FS	0	3/27/2022	471	M	403	Mar
Brian Carter	MS	209	TRAD	0	3/27/2022	209	M	457	Mar
Ben Spielman	A	181	LB	0	3/27/2022	181	M	476	Mar
Gary Howertron	MS	163	BB	0	3/27/2022	163	M	458	Mar
Wendell Wright	GA	132	SB	0	3/27/2022	132	M	461	Mar
Jeff Owens	MS	128	SB	0	3/27/2022	128	M	454	Mar
Charles Neace	A	514	FS	47	2/27/2022	561	M	438	Feb
Oscar Melendez	A	517	FS	39	2/27/2022	556	M	423	Feb
Brian Carter	MS	479	BHFS	69	2/27/2022	548	M	457	Feb
Terry Marvin	MS	471	FS	70	2/27/2022	541	M	377	Feb
J. Ritterbeck	A	449	FS	86	2/27/2022	535	M	466	Feb
Norman Rice	GA	420	BHFS	102	2/27/2022	522	M	316	Feb
George Conner	GA	403	FS	114	2/27/2022	517	M	471	Feb
Jim Collins	A	411	BHFS	106	2/27/2022	517	M	391	Feb
Wendell Wright	GA	248	LB	264	2/27/2022	512	M	461	Feb
Ken Downey	A	392	FITA	110	2/27/2022	502	M	150	Feb

Name	Division	Scratchscore	Style	Handicap	DateShot	Handicapscore	Sex	Member ID	month
Tom Swindell	GA	183	TRAD	318	2/27/2022	501	M	335	Feb
Jaclyn Howerton	A	348	FITA	152	2/27/2022	500	F	455	Feb
Jack Houghton	Y	302	FITA	197	2/27/2022	499	M	453	Feb
Justin Lerma	A	498	FS	0	2/27/2022	498	M	459	Feb
Jeff Owens	MS	262	LB	233	2/27/2022	495	M	454	Feb
Curtis Hermann	GA	205	TRAD	286	2/27/2022	491	M	27	Feb
J. Ritterbeck	A	181	LB	307	2/27/2022	488	M	466	Feb
Keith Huebner	A	488	FS	0	2/27/2022	488	M	474	Feb
Morgan Thomas	A	122	TRAD	359	2/27/2022	481	F	470	Feb
Rachel Howerton	A	251	BB	230	2/27/2022	481	F	456	Feb
Charlie Houghton	C	125	FITA	346	2/27/2022	471	M	452	Feb
Brian Rohrer	MS	180	BB	290	2/27/2022	470	M	468	Feb
Sarah Dakin	A	293	BHFS	174	2/27/2022	467	F	396	Feb
Luz Garces	A	459	FS	0	2/27/2022	459	F	346	Feb
Matthew Ive	A	401	FS	0	2/27/2022	401	M	475	Feb
Jeff Owens	MS	256	TRAD	0	2/27/2022	256	M	454	Feb
Brian Carter	MS	237	TRAD	0	2/27/2022	237	M	457	Feb
Chris Cavaliere	A	210	TRAD	0	2/27/2022	210	M	473	Feb
James Stankovich	GA	205	LB	0	2/27/2022	205	M	394	Feb
Gary Howertron	MS	155	BB	0	2/27/2022	155	M	458	Feb
Oscar Melendez	A	527	FS	41	1/23/2022	568	M	423	Jan
Charles Neace	A	508	FS	50	1/23/2022	558	M	438	Jan
Norman Rice	GA	451	BHFS	106	1/23/2022	557	M	316	Jan
Terry Marvin	MS	469	FS	72	1/23/2022	541	M	377	Jan
J. Ritterbeck	A	456	FS	81	1/23/2022	537	M	466	Jan
Jim Collins	A	430	BHFS	102	1/23/2022	532	M	391	Jan
Brian Carter	MS	456	BHFS	70	1/23/2022	526	M	457	Jan
George Conner	GA	416	FS	104	1/23/2022	520	M	471	Jan
J. Ritterbeck	A	196	LB	321	1/23/2022	517	M	466	Jan

Name	Division	Scratchscore	Style	Handicap	DateShot	Handicapscore	Sex	Member ID	month
Brian Rohrer	MS	224	BB	284	1/23/2022	508	M	468	Jan
Keith Huebner	A	494	FS	0	1/23/2022	494	M	474	Jan
Morgan Thomas	A	135	TRAD	350	1/23/2022	485	F	470	Jan
Jeff Owens	MS	249	LB	230	1/23/2022	479	M	454	Jan
Wendell Wright	GA	227	LB	252	1/23/2022	479	M	461	Jan
Ken Downey	A	439	FITA	0	1/23/2022	439	M	150	Jan
Matthew Ive	A	427	FS	0	1/23/2022	427	M	475	Jan
Kurt Hoberg	MS	418	FITA	0	1/23/2022	418	M	244	Jan
Sarah Dakin	A	384	BHFS	0	1/23/2022	384	F	396	Jan
Jack Houghton	Y	301	FITA	0	1/23/2022	301	M	453	Jan
Jeff Owens	MS	257	TRAD	0	1/23/2022	257	M	454	Jan
Chris Cavaliere	A	245	TRAD	0	1/23/2022	245	M	473	Jan
Tom Swindell	GA	146	TRAD	0	1/23/2022	146	M	335	Jan
Charlie Houghton	C	121	FITA	0	1/23/2022	121	M	452	Jan
Ben Spielman	A	97	LB	0	1/23/2022	97	M	476	Jan
Brian Carter	MS	489	BHFS	0	12/26/2021	489	M	457	Dec
Oscar Melendez	A	489	FS	0	12/26/2021	489	M	423	Dec
Charles Neace	A	483	FS	0	12/26/2021	483	M	438	Dec
Terry Marvin	MS	478	FS	0	12/26/2021	478	M	377	Dec
Justin Lerma	A	477	FS	0	12/26/2021	477	M	459	Dec
J. Ritterbeck	A	456	FS	0	12/26/2021	456	M	466	Dec
Jim Collins	A	444	BHFS	0	12/26/2021	444	M	391	Dec
George Conner	GA	432	FS	0	12/26/2021	432	M	471	Dec
Norman Rice	GA	425	BHFS	0	12/26/2021	425	M	316	Dec
Jaclyn Howerton	A	423	FITA	0	12/26/2021	423	F	455	Dec
Julian Acebo (Guest(MS	416	BHFS	0	12/26/2021	416	M	472	Dec
Rachel Howerton	A	311	BB	0	12/26/2021	311	F	456	Dec
Jeff Owens	MS	297	LB	0	12/26/2021	297	M	454	Dec
Wendell Wright	GA	216	LB	0	12/26/2021	216	M	461	Dec

Name	Division	Scratchscore	Style	Handicap	DateShot	Handicapscore	Sex	Member ID	month
Brian Rohrer	MS	192	BB	0	12/26/2021	192	M	468	Dec
Curtis Hermann	GA	180	TRAD	0	12/26/2021	180	M	27	Dec
Tom Swindell	GA	158	TRAD	0	12/26/2021	158	M	335	Dec
J. Ritterbeck	A	152	LB	0	12/26/2021	152	M	466	Dec
Tom Sheppard	GA	115	TRAD	0	12/26/2021	115	M	383	Dec
Joe Cavaleri	GA	83	TRAD	0	12/26/2021	83	M	358	Dec
Morgan Thomas	A	77	TRAD	0	12/26/2021	77	F	470	Dec
Alejandro B (Guest)	A	514	FS	0	11/28/2021	514	M	469	Nov
Oscar Melendez	A	511	FS	0	11/28/2021	511	M	423	Nov
Chef Robert Bogin	A	506	FS	0	11/28/2021	506	M	428	Nov
Charles Neace	A	502	FS	0	11/28/2021	502	M	438	Nov
Brian Carter	MS	473	BHFS	0	11/28/2021	473	M	457	Nov
J. Ritterbeck	A	466	FS	0	11/28/2021	466	M	466	Nov
Terry Marvin	MS	465	FS	0	11/28/2021	465	M	377	Nov
Scott Leviant	A	461	FS	0	11/28/2021	461	M	441	Nov
Nathan Collins	YA	446	FS	0	11/28/2021	446	M	403	Nov
Kurt Hoberg	MS	446	FITA	0	11/28/2021	446	M	244	Nov
George Conner	GA	443	FS	0	11/28/2021	443	M	471	Nov
Ken Downey	A	438	FITA	0	11/28/2021	438	M	150	Nov
Ramon Barajas	A	430	BHFS	0	11/28/2021	430	M	465	Nov
Jim Collins	A	424	BHFS	0	11/28/2021	424	M	391	Nov
Norman Rice	GA	406	BHFS	0	11/28/2021	406	M	316	Nov
Sarah Dakin	A	352	BHFS	0	11/28/2021	352	F	396	Nov
Jack Houghton	Y	341	FITA	0	11/28/2021	341	M	453	Nov
Jaclyn Howerton	A	341	FITA	0	11/28/2021	341	F	455	Nov
Wendell Wright	GA	292	LB	0	11/28/2021	292	M	461	Nov
Jeff Owens	MS	271	LB	0	11/28/2021	271	M	454	Nov
Rachel Howerton	A	255	BB	0	11/28/2021	255	F	456	Nov
Curtis Hermann	GA	226	TRAD	0	11/28/2021	226	M	27	Nov

Name	Division	Scratchscore	Style	Handicap	DateShot	Handicapscore	Sex	Member ID	month
James Stankovich	GA	223	LB	0	11/28/2021	223	M	394	Nov
Brian Rohrer	MS	199	BB	0	11/28/2021	199	M	468	Nov
Cassandra Silverio	C	179	BB	0	11/28/2021	179	F	462	Nov
Morgan Thomas	A	155	TRAD	0	11/28/2021	155	F	470	Nov
Richard Silverio	A	149	BB	0	11/28/2021	149	M	463	Nov
Charlie Houghton	C	135	FITA	0	11/28/2021	135	M	452	Nov
J. Ritterbeck	A	130	LB	0	11/28/2021	130	M	466	Nov
Joe Cavaleri	GA	107	TRAD	0	11/28/2021	107	M	358	Nov
Tom Sheppard	GA	97	TRAD	0	11/28/2021	97	M	383	Nov
Tom Sheppard	GA	83	SB	0	11/28/2021	83	M	383	Nov



A JOURNAL IS ...

An archers best kept secret weapon!

A column for the "Conejo Quiver" by Curtis Hermann

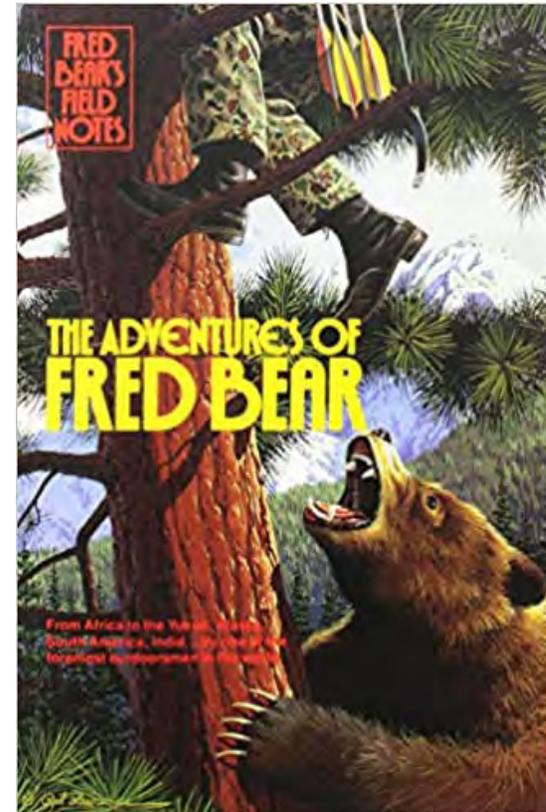


There are many things to learn when you take up the sport of archery, many more than the term "it's just a simple *Stick & String*," would lead you to believe. Of all the things we eventually begin to master, the one that is most useful (in the long run) and least utilized is keeping journal(s) of your archery adventure in life.

Somewhere in the beginning of your archery career, your archery coach, a mentor or your archery buddy will mention that "keeping a journal will be very helpful in your archery adventure." The conversation often does not go beyond that simple statement and is soon forgotten and a journal is never started. Years will go by and reflections of the past will cross your mind and in time that statement "keeping a journal will be very helpful in your archery adventure" will suddenly and clearly become very obvious. The recognition of its importance will be clear. This realization will come with some "regrets" as you realize all the things that you should have written down but just never got around to it.

I can honestly say that I don't know even one archer who has been really good at keeping a journal, not even among the most famous ones, but many have tried and many have done a pretty good job in spite of lapses in time or dedication or organization. I would list myself as one of those who have been haphazard at formal journal keeping. I, like many archers, have written more words than I can count on the subject of archery over a life time of putting pen to paper. Now if someone would just organize them all, edit them all, condense them to practical length and put them into one volume they might actually have some value, that unfortunately will probably not be me.

Perhaps the most famous journal of all was edited, organized and put into print, and is still on the market for you to read, they are "Fred Bear's Field Notes" and they are perhaps the most inspirational for the beginning bowhunter who wishes to have such adventures.



As an archer a journal should be kept listing all the aspects of your current set up, it should include every bit of information you can imagine on your equipment. List bow length, limb choice, riser model and length, string length, how many strands and the diameter of the serving, arrow rest (model and style), stabilizer (model, weight, length, etc.), now do the same for the arrows. A comment section on what works and what doesn't on each piece of equipment will always

become helpful. All this technical stuff becomes part of your training or learning process.

Next you will want to keep notes on tournaments that will list not only your scores, equipment choices, weather data, names and scores of your closest competition and any exciting shots, or happenings and even new archers you met or shot with and your perceptions of how the day went and how well you did. Listing what you think you did well, what you could have done better and what changes you need to make is important. Adding pictures of the days event is always a great idea.

Reviewing all this information before you shoot the same tournament next year will give you an edge up on your competition.

For the bowhunter all the information on bow/arrow set up is similar, same for competition events but of course you will also have a whole new category that deals with each hunt.

Hunting journals will be filled with lists of all sorts starting with state in which you hunt, license & tag numbers, hunt units with success rates, outfitters information and location, local meat processors and taxidermist's hotels, restaurants, hospitals, local contact information for wildlife biologist, game warden, forest service office and rescue contact information.

Next will be gear lists that include archery equipment, camo' choices & boots, camping equipment, kitchen equipment and food lists, survival & first aid equipment, other hunting stuff like calls n' lures, decoys, "GPS" & maps (including "topo" maps and optics, field dressing kits and butchering supplies.

Again, at the end of each day you will write down your perceptions of what went well, what didn't, what unexpected surprises happened, what weather aspects helped or hindered hunting, and what are your plans for tomorrow.

As the years go by you will get better at journaling, more comprehensive and clearer information will be recorded. The information in your journals will become a valuable resource from which to make future decisions on equipment choices, hunting

partners, preferred areas to hunt and a million other little things that you would not have remembered had you not kept the journal.

I'm currently keeping a journal on our Craig, Colorado antelope hunt that I share with four other CVA members, it has promise to be one of the best yet. Journaling is fun, useful and valuable. So, consider a journal as a daily part of your archery adventure, I promise, in time it will become a record of cherished memories and knowledge and a big part of the best of your archery adventure!

Till next month,
Curtis

This month's tip:

"Nock fit" Lets Improve your accuracy!

So, what is a "perfect" nock fit? Place the nock of your arrow on the bow string just as if you were going to shoot it, now position the bow so that the arrow is pointing straight down, the arrow shaft is now dealing with gravity and it should hang there just barely holding its own weight. If it succumbs to gravity and drops from the string the nock is loose and loose is not good. If you give a light "thump" to the string about 6" inches above or below the nocking point and the arrow does not release and fall to the ground then the nock is tight and accuracy will be affected. Another test for a tight nock fit is to rotate the string near the area where the arrow is nocked, if it torques the arrow off the arrow rest it is "to tight." So, the perfect "nock fit" is when you can lightly 'thump the string" and the arrow releases from the string and falls to the ground.

So now you know how the perfect fit should be, but what if the arrow nock is too tight or too loose and what can we do about it? You should know the effect of each and how to correct it so lets us start with a nock that is too loose on the string.

A "loose nock" is a safety issue. A loose nock can come off the string during the draw cycle and then fall to the ground at full draw or upon release causing a "dry fire" situation. Even worse a broken

arrow that snaps upon release, sending bits of shaft either right or left of the riser, perhaps toward a fellow archer standing nearby. Shooting with a finger release or by a mechanical release aid, an arrowing dropping off the string at the moment of release is an arrow out of control and dangerous.

The best way to correct a “loose nock fit” situation is to remove the serving from the bow string and replace it with the next larger size of serving thread. Short term I have seen archers place the nock in a pot of boiling water for a minute or two and then remove and squeeze the wings of the nock closer together and hold them until they cool. This works, but is not as precise as changing the serving, but it might get you through a tournament day if need be.

A “tight nock” is less of a safety issue, but the result is still a “less accurate” arrow. When you draw a bowstring with your fingers the bowstring rotates some in the direction of the curl of your fingers. This rotation wants to move the arrow in the same direction and the tip of the arrow then wants to move in that direction and off the arrow rest. This torque at the moment of release causes more bending of the arrow shaft as it moves forward and at the point the tight nock is forced from string it will likely be either right or left of the center of the bow giving inconsistent left or right accuracy issues.

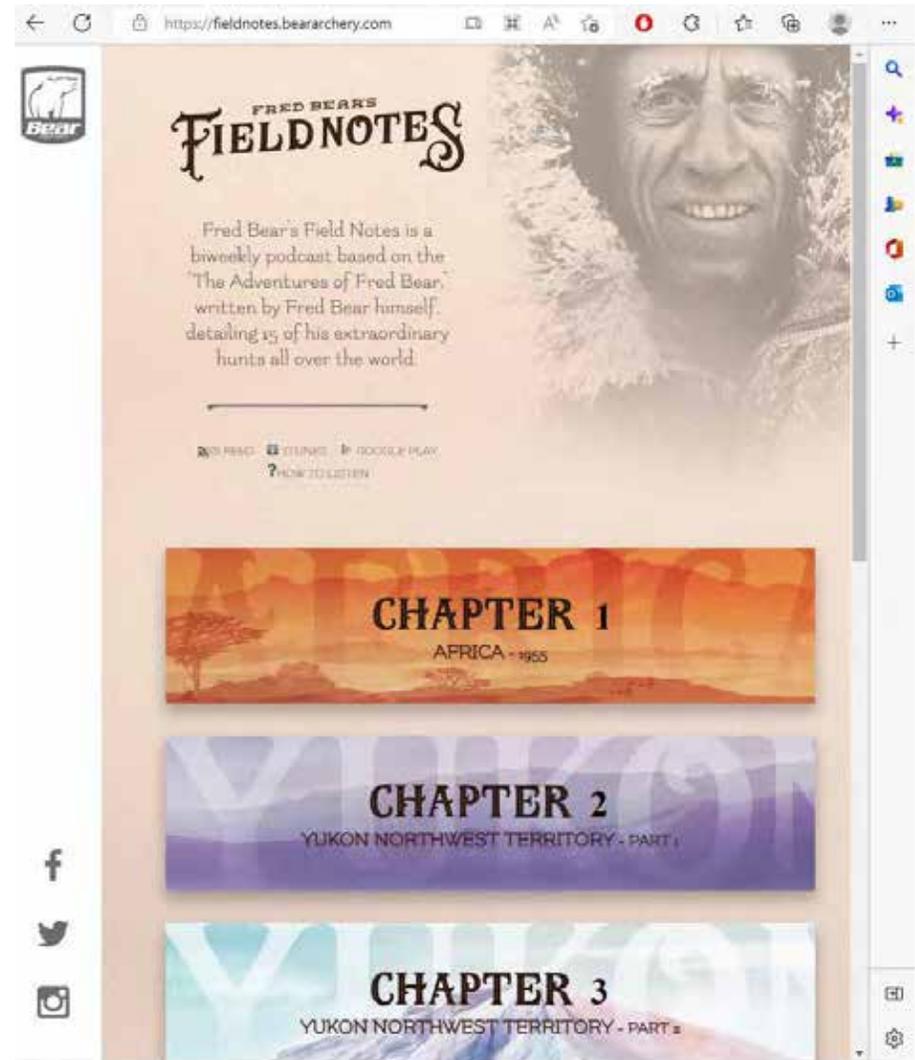
Again, the best correction is to remove the bow string serving and replace with a smaller in diameter serving. I have seen archers file the nock throat to open it up or again place the nock in boiling water until the plastic softens and then spread the throat of the nock until it cools in the more open position. Again, this can work but is less perfect than replacing the serving.

I have seen as much as a 15% - 20% accuracy increase when an archer goes from an improper “nock fit” to a proper “nock fit.” So, pay attention to your “nock fit”, its important like so many other little things in archery!

Curtis

Editor:

It turns out that the Fred Bear Field Notes are also available as a Pod Cast – click this link ... [Field Notes // Bear Archery](https://fieldnotes.beararchery.com) and you should see the below



ADOPT-A-TARGET (CVA Roving Range)

Most of our target lanes have been adopted. If interested in adopting one you can contact one of the Board Members.

Jbd

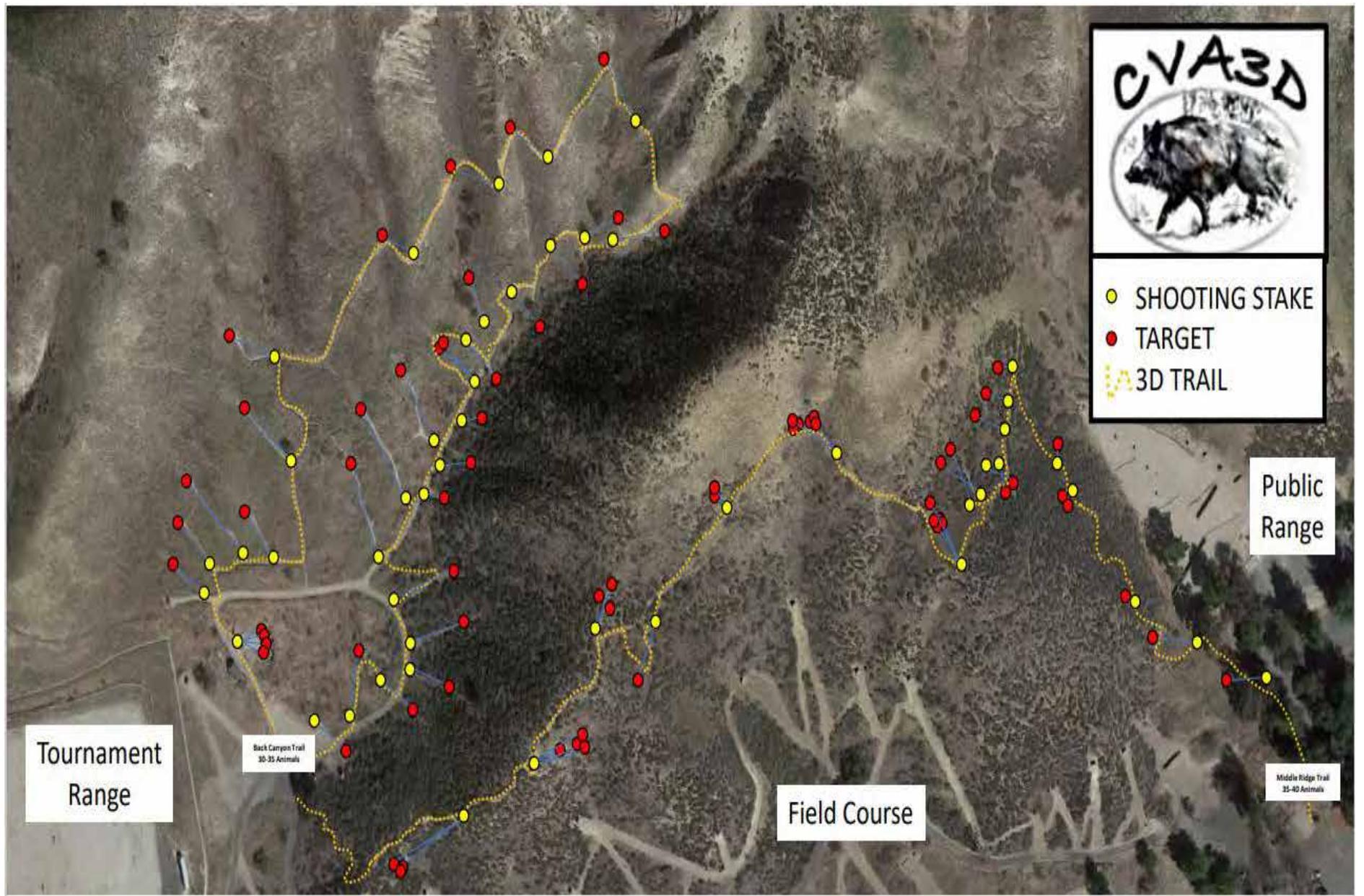
Targett	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	William Bachellar
7	55 yrd field 53 yrd walk-up hunter	J Ritterbeck
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase

15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents
16	50 yrd. field 48 yrd. hunter	Wendell Wright
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	
19	55 yrd. field 53 yrd. walk-up hunter	Marc Albanza
20	25 yrd. field 28 yrd. fan hunter	
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	William Bachellar
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia

CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Bonnie Marshall	Membership Chair, Coach		805-328-4721
Noah Barlow	Volunteer Hours Coordinator		
Richard C. Silverio	Volunteer Hours Coordinator Communications, Instructor	richardcsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	

CVA 3D Ranges MAP



CONEJO QUIVER

September 2022 Issue



The September Club Shoot and General Meeting (11:30am) will occur on September 25, 2022 per our normal schedule. Please wear an appropriate protective face covering while on the range and during the meeting if you haven't already received your COVID-19 vaccinations.

FROM THE EDITOR

John Downey, Editor

Welcome to the September issue of the Conejo Quiver. As I reported last month this is busy time for the club with a lot of things happening soon, including

- Lock changes and key swaps
- The Club Banquet and Awards Ceremony,
- General Elections and a new Board
- October Fun in the Sun Zombie Shoot

If you are a working member and haven't completed all your hours you don't have much time left, nuf' said.

We have our standard crew of author's again this month, including a "rock'n" article on JOAD by Geof, and another informative article by Curtis Hermann. Cathy, Bonnie and Richard also have items of interest that you will want to check out.

NOTE: September is the last month of the club year. The September club shoot is the last one you can participate in to qualify for a range record trophy (remember you need to have completed five club shoots).

Hope to see you around the range soon.

Regards
John Downey, Editor



FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: As we come to the end of the club year, the range is looking fantastic. The 3D range has been cleared and targets are shootable, and Public Session range is dragged. We've had some rain, so I'm expecting a bit of green to pop up in a week or two, hopefully not too much!



I also want to thank Wendel Wright and Jeff Owens for re-coring two of our American Whitetail round target mats used on the Tournament Range. If you haven't already looked, please view the video they shot of the process. There is scant information online on how to do this, as Jeff states in the video, it's nothing but 'common sense'! Here is the link:

<https://www.facebook.com/cvarchers/videos/1228331131277546>

CVA Elections are coming, please be on the lookout for an email for online voting. Bonnie will have more information in her article. Be sure to vote! The Election link will be coming to club members via email on September 13th, and elections close September 24th. Please be sure to read the instructions carefully. Your vote matters!

Next month is our club banquet and the yearly Fun Shoot just before. The date is set, October 23rd, 11:30am at the large Pavilion in the park. We'll have an abbreviated General Meeting, then will start the banquet. Please come out to celebrate another year at CVA with your fellow club members. We will hand out this year's awards, have some fun, and enjoy a BBQ lunch. This event is for your family members too, so please bring out your significant others to meet your fellow archers.

Public Session: The rain scared most folks away from the PS the weekend of the 10th...unfortunately for them it was some of the best shooting weather we've seen in months, warm, with a nice breeze. Oh well, sometimes you can't trust the weatherman!

We've had an issue with someone taking all medical supplies out of the medical box at the Public Session. These supplies are not 'free' for the taking, they are to be used in the event of an injury on the range. Please be respectful of your fellow archers and club property and use only what you need.



Tournament News

Pasadena Senior Games: Due to the significant personal effort in hosting State Outdoor, my wife and I do not have the capacity to continue as Commissioners for the Sr. Games.

We are looking for a CVA volunteer to be the Commissioner to take over this shoot. The position requires working with the Pasadena Senior Center to handle registrations, flyers, etc.

Rose and I will train the volunteer on how to run the shoot first year. If we do not get a volunteer before the end of the calendar year, I will contact the Senior Center and inform them that CVA will no longer be able to host the Archery portion of the Pasadena Senior Games.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

If you shot a tournament and earned a medal, please let me know so I can recognize your achievements. We are proud of our CVA shooters and want to celebrate your wins!

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues. I've put together a very informative, picture-rich how-to guide on how to lock the Tournament Range correctly. Be sure to study it closely!

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy.
Shoot a 10, do it again!



Securing the Tournament Range – an Overview

Kurt Hoberg

As a club, we continue to be challenged in proper lock operation and securing of the Tournament Range. We have a significant investment in assets at our club, and it is each member's responsibility to secure the range when entering and leaving club property.

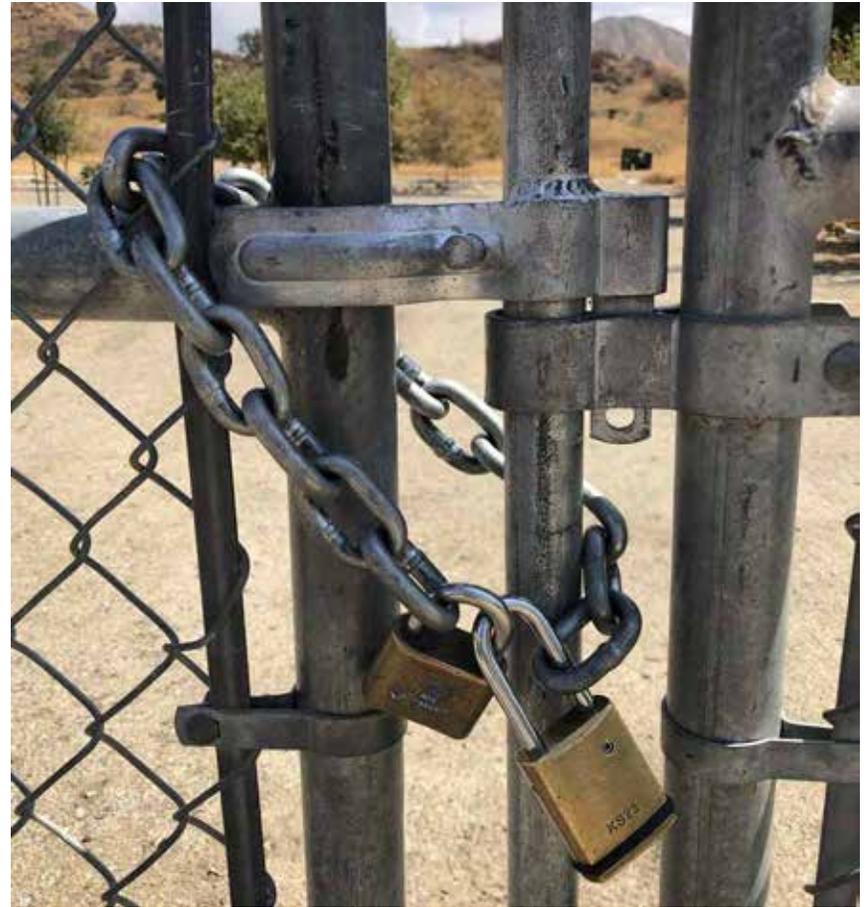
You will notice there are two locks on the Tournament Range gate off of Bennet, the CVA lock (keyed), and the County lock (combo). The County Water District needs access to the pipes adjacent to the gate on the Tournament Range to take readings. This is part of our lease with the county.

Example of **CORRECT LOCKING**. The chain is secure between adjacent gate poles, and the CVA Lock (Right) is secured to the County Lock (Left)



CORRECT!!!

Second Example of **CORRECT LOCKING**. The chain is around the left gate and the drop rod on the right, both locks are secured to each other.



CORRECT!!!

See examples of **INCORRECT LOCKING** on the next page.

Unbelievably, I have seen each of these examples when coming to the range.

INCORRECT LOCKING. Look closely, the County lock is locked out of the chain. Our lock will be cut if the County needs to get into our range. When the County secures the chain, with our lock cut there is no CVA lock to secure the chain and we will be unable to access the Tournament Range through the Bennet gate.



INCORRECT!!!

INCORRECT LOCKING. The County lock is again not in line with the chain, our lock will be cut if the County needs access. When the County secures the chain, with our lock cut there is no CVA lock on the chain and we will be unable to access the Tournament Range through the Bennet gate



INCORRECT!!!

INCORRECT LOCKING. Can you see what is wrong here? I've actually found the CVA lock with a member's keys left in it EXACTLY like this picture.



INCORRECT!!! And WHAT ARE 'YA THINKING ???

INCORRECT LOCKING. Don't drop our locks. I've found the CVA lock in the dirt, the range not secured. Dirt and mishandling will break the locks which costs the club funds that can be avoided.



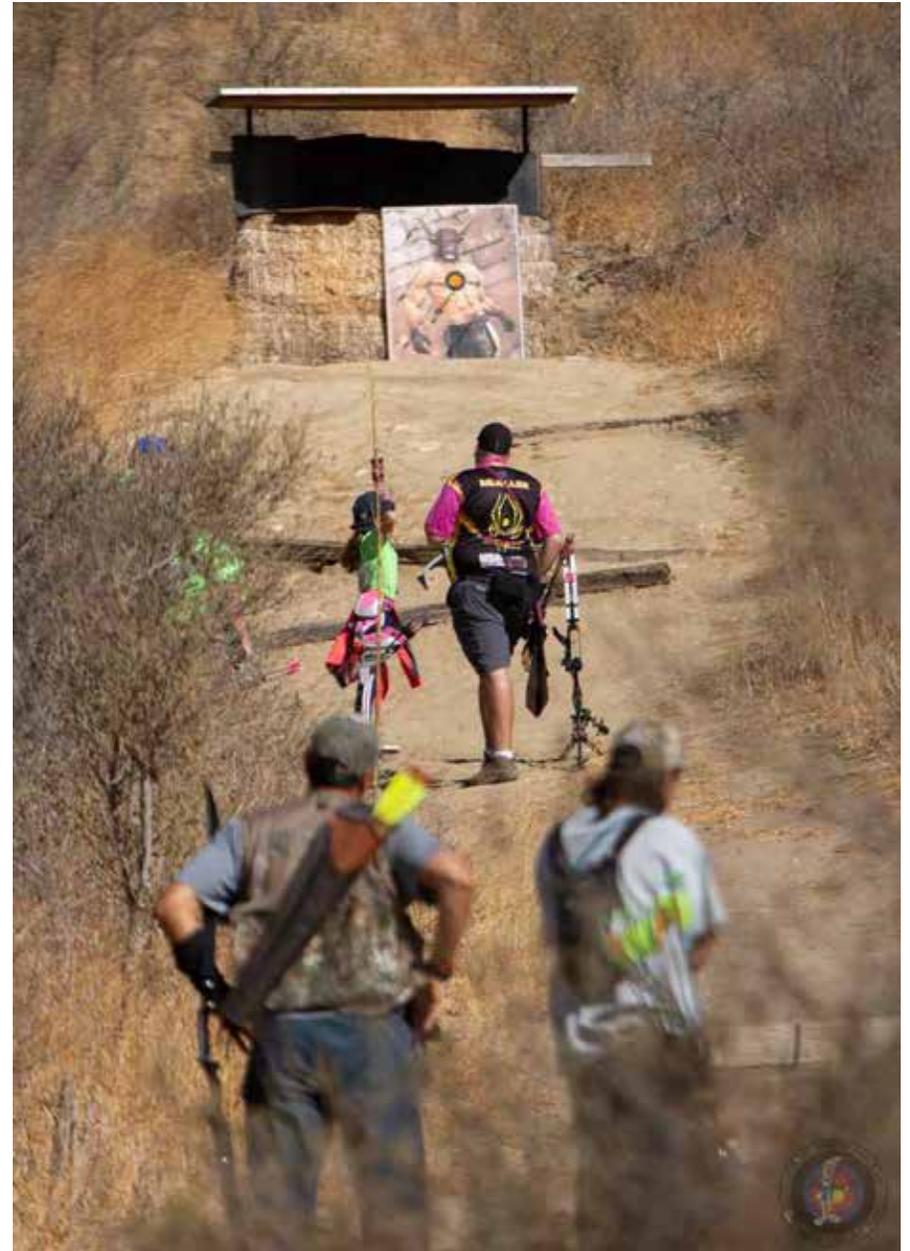
INCORRECT!!!

INCORRECT LOCKING. Don't take the lock with you. Think about it, while you have the lock and are shooting, the range is not secure.



INCORRECT!!!

From the CVA Photo Archives



2018 – Fun in the Sun Zombie Shoot

FROM OUR VICE PRESIDENT

Cathy Linson

Help at the Public Session

The Public Session plays 2 important roles for the club. First and foremost, our ability to maintain our nonprofit status is based on community outreach. Additionally, it is a money maker bringing in \$16,000 to \$18,000 each year. Every week we struggle with not having enough help and sometimes have to turn shooters away. We need more members qualified to work the public session.

To help accomplish our goal of increasing the number of people qualified to and working at the Public Session the board voted in September to reimburse members who become qualified instructors and coaches for their Background checks and training costs in exchange for a 3-year commitment to work the Public Session on Saturdays.

For a level 1 Instructor the club will reimburse you upon completion of your background check and both the online and hands on portions of training in exchange for a commitment to work 5 sessions or a total of 12.5 hours each year for 3 years. Each session is 2.5 hours. First session is 8:30am to 11:00am and second session is 10:45am to 1:15pm.

To have the club reimburse your Level 2 Instructor training costs would require an agreement to work 6 sessions (15 hours) per year for 3 years. For a level 3 Coach twelve sessions (30 hours) per year for 3 years would be required.

Reimbursement would happen upon completion of the course and would include 2 background checks; one the first year and the second 2 years later. If the commitment was not met by the end of

each club year you would be required to pay back all money that was reimbursed before you could renew your membership.

If you have already completed Instructor or coach training and are interested in making this commitment to the club, we would reimburse your expenses as outlined above. Contact me or any board member.

Tracking of Work Hours

I am looking for a few people to take on the task of inputting hours worked into the database. For now, I will continue to pull the information together and publish the hours sheet. If you are experienced with spreadsheets especially google documents and are willing to commit to putting in the hours that are needed please contact me. I am looking for 2-3 people. This is work that can mostly be done from home and, of course, goes toward your hours commitment for the year. Contact me if you are interested.

See you at the range,
Cathy

Elections – Final Notice

Please check your email for your link to vote.

Voting ends Saturday September 24th at 6PM

MEMBERSHIP CORNER

Bonnie Marshall

LOCKS CHANGING/MEMBERSHIP RENEWALS

****September/October****



Along with membership renewals, there will be the changing of the locks. The CVA gate locks will be changed out on **Friday September 30th**. The range will be closed at noon. All members must be offsite.

Membership renewals and key exchanges will commence the next day, **Saturday October 1, 2022**, on range.

(Bonnie) will start accepting renewals at this coming General Membership Meeting

Your “Options for membership renewals/key exchanges” are:

- 1. General Membership Meeting – September 11:30am to 1pm only**
- 2. Early MAIL IN OPTION – Fast Pass Lane - include:**
 - A signed waiver for each archer on the membership
 - A signed Membership Agreement – one per membership
 - A copy of your driver’s license for SGA and FGA memberships
 - A copy of Fall class registration for Student Memberships or any full-time student up to age 24, staying on a Family Membership
 - Note any contact/address changes
 - Tape your old key to and index card (add \$5 to your renewal if you have lost your key) or bring it with you during exchange
 - Mail all items and your renewal check to:
Conejo Valley Archers PO Box 3982, Thousand Oaks, CA 91359

OR Call me at 805-427-5399 and I can run your credit card, (there is a small surcharge)

• Exchange your old key if not mailed and get your new card in the Fast Pass Lane!!

3. EXCHANGE at the RANGE – Get it all done at once!

Please see the schedule below for all dates that the exchanges will be done AT THE RANGE.

All exchanges **during Public Open Sessions** (Saturdays) will be from **9:00 am to 1pm ONLY**.

• Make sure to have all listed items above ready for renewal. Cash, check, credit cards accepted.

Processing will be done either at the office/kitchen bin or at the Public Session Range.

Sunday September 25 – General Meeting – no keys exchanged

Saturday October 1

Sunday October 8

Saturday October 15

Saturday October 22

Sunday October 23 – End of Year Banquet/General Meeting

Saturday October 29 - Halloween Shoot at Public Session

After this date I cannot accept renewals at the range during Public Session times and memberships must be completed mailed in or completed at any General Meeting or after registration at any club tournament.

Membership Renewals:

Family - includes spouses and all minor children up to age 18 years and their full-time students with proof of class registration up to age 24 = \$160 – Maintenance Fee = \$600

Single – includes one adult age 18 years and over = \$130 / Maintenance Fee = \$300

Student – includes any full-time student over 18 years, with proof of fall class registration - \$50 / MFee = \$300

Senior Golden Ager (SGA) – includes one adult 65 years or older with copy of driver’s license - \$65 / MFee = \$180

Family Golden Ager (FGA) – includes spouses with one being aged 65 years or older with copy of driver’s license - \$75 / MFee = \$300

CVA Anniversaries September 2022

- | | | | |
|------------|------------------|----------|----|
| • 29 Years | Justin Huish | Life-S | NW |
| • 24 Years | John Downey | Life SGA | W |
| • 24 Years | Ken Downey | S | W |
| • 18 Years | Brandon Newcomer | S | W |
| • 17 Years | Kurt Hoberg | F | W |
| • 8 Years | William Davis | F | W |
| • 8 Years | Richard Mason | SGA | W |
| • 6 Years | Genevieve Guerra | S | W |
| • 6 Years | Matt Ivie | S | W |
| • 5 Years | Jim Collins | F | NW |
| • 3 Years | Dennis McKaig | SGA | W |
| • 1 Year | Jim Bullington | S | W |
| • 1 Year | Andrew Devine | S | W |
| • 1 Year | Terry Jackson | S | W |
| • 1 Year | Marcie Kraft | S | W |
| • 1 Year | Troy LeDuc | S | NW |
| • 1 Year | Tommy Saxe | S | W |
| • 1 Year | Morgan Thomas | S | W |
| • 1 Year | Sarah Villalobos | S | W |
| • 1 Year | Tammy Yasutake | F | W |

Congratulations to all of our members!

Congratulations All!

Save the Date

Conejo Valley Archers

Year End Awards Ceremony

Sunday October 23, 2022

The Four Elements

!!Looking for raffle donations!!

Come to celebrate the top shooters of the club and connect with members!

Perpetual Trophy Award

George Levin Award

Belt Buckle Awards

Divisional Awards

Presidential Award

Volunteer Raffle Awards

BBQ Luncheon – catered by

Smokin' Steve's Pit BBQ

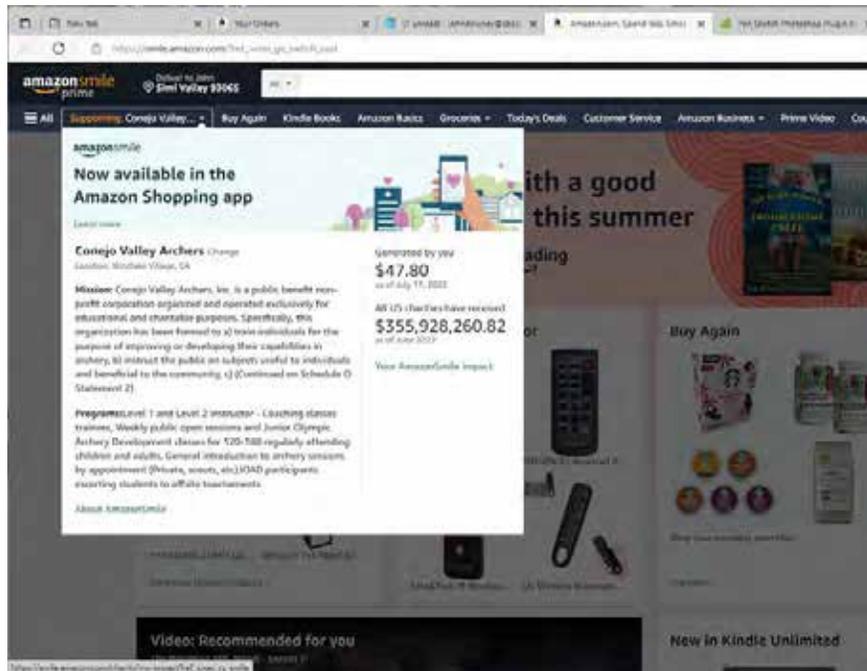
Free to members and their families.

AMAZON SMILE CVA Unique Charity Link

This link will take you directly to smile.amazon.com in support of our organization so you won't have to search for the CVA charity among almost a million other organizations. Use this link whenever you order something from Amazon and Conejo Valley Archers will benefit monetarily (see image below). It's the easiest way for you to find and support CVA.

<https://smile.amazon.com/ch/44-0103793>

Once it has been added you will see "Supporting: Conejo Valley Archers" in the top left-hand corner of your browser screen.



Some BIOS for Upcoming Club Elections

Kurt Hoberg, Candidate for President of Conejo Valley Archers



Dear CVA Members,

As a member of CVA and its current President, I'm running for my ninth term in office. For those of you that might not know me, I'd like to take a moment to introduce myself.

My family has lived in Moorpark since 2003 and we've been CVA Club Members since 2006. I've been shooting archery for 15+ years and my primary style is Olympic style recurve (I also dabble in traditional and barebow styles) and complete in many USA Archery and CBH sanctioned events. In past years I've shot well enough to be ranked first in State in the Masters Division and have won many State and National events. I'm a USA Archery Certified Level 3 Coach and assist during our weekly Saturday Open Public Sessions and have also trained and certified numerous CVA Members as USA Archery Level 1 and 2 Instructors. I also serve as the Vice President of the State Archers of California, the USA Archery affiliated body that manages sanctioned California State Tournaments. I'm an archery enthusiast – if it shoots arrows, I'm interested.

We have had many exciting updates and changes to the range while I've been the President of the club. To list some major events, our Public Session range is a significant part of our clubs' offering to the public and has expanded from its inception from a handful of archers shooting at couple of stacked haybales, to the Public Session range and program we all know today. Our Field Range continues to impress with its challenging shots and was certified as a NFAA 4-Star Range in 2022. We have a formal Junior Olympic Archery Development (J.O.A.D) program, held each Saturday on our 40 lane Tournament range, where youth archers are coached in the sport.

The club offers not one but two (with the Middle Range Trail that opened in 2022) full-time, permanent 3D Ranges, both of which never fail to garner praise from club members and guests alike. This year we realized a long-standing club dream, to host a USA Archery State Sanctioned event on our range, which occurred this year when we hosted the 2022 State Outdoor Championships on our Tournament Range.

Based on the conversations I've had with other club leaders both domestically and worldwide, our facility is unique in the diversity of ranges we offer our club members, including our Club's ability to fund and keep the range operational to such a high level. When I describe what we have, show our WEB site, maps, programs, and pictures, I've seen other club leaders actually turn green with envy! I'm very proud of what we have been able to accomplish as a club.

Which begs the question – why should you vote for me? My continued focus has always been CVA's members, listening to your feedback so we can continue to improve the range and offerings. I was a CVA Board member for four years before being voted in as the Vice President, then President, and know the processes to move member's ideas through our club's leadership. I've personally drafted numerous club policies and worked with the Board of Directors to ratify them. I have worked closely with Ventura County, who we lease our property through, to keep the lines of communication open and have recently renewed our property's lease for another 5-year term. My tournament shooting has provided the opportunity for me to represent CVA with the leaders of other clubs in our area, other states, and the world. To my surprise, my tournament shooting has evolved to me be asked to run for, then being elected as the Vice President of the State Archers of California.

In short, I'm passionate about the sport and will bring that passion to CVA's next exciting year.

See you on the range!

Kurt Hoberg

Name: Cathy Linson, running for Vice President

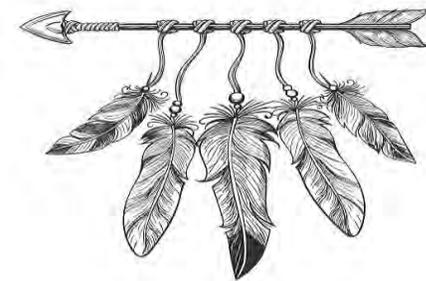
How many years a member: 8 years

How many years shooting: I shot as a kid and these past 8 years have enjoyed supporting my daughter's shooting

Previous/active positions held: I have been Vice President for the past 2 years and was previously a Board Member. I was the Required and Volunteer Hours Coordinator for 3 years and still manage the hours tracking system.

Archery experience/who are you: I have helped out at the Public Session for 6 years; wrote the Lane Clearing Protocols for the Field Range to help new adopters know what is expected; participated in many work parties; worked many tournaments; managed the tracking of coaches and instructor's certifications; and organized homeschool archery classes.

What can you bring to the CVA Board in the position you are running for: communication with members; organization and systems development to streamline processes; willingness to take on tasks to help decrease the work load of the president.



Name: Brian Rohrer, running for CVA Board

I have been a member of Conejo Valley Archery since January of 2021 and attended public sessions for several months before deciding to seek membership.



Archery is a great skill and I have enjoyed my time with the club, learning from many of you how to be a better archer as well as assisting with efforts to make the range better for members and the public.

I have worked with many of you at work parties and took the initiative to become a Level II USAA Instructor to help build up new archers both in ability and excitement for club membership.

As a board member, I would continue my contributions to the club and seek to continue improving access to and enjoyment of our outstanding range.

I may have worked with you on a Saturday moving hay for targets, doing weed abatement, generally cleaning up our range, or assisting at tournaments occurring at our facility. If I haven't met you yet, I look forward to doing so, as it is important to keep up good lines of communication with members to make Conejo Valley Archery the best range in California and beyond.

I appreciate your consideration as I seek a position on the Board and hope we can work together to inspire new archers, further good publicity for the range, and make CVA the premier location for all archers.

Range Pictures (Colorado)

Photo of three archers at full draw taken by Wendell Wright, the archers are (L-R) Ben Shirley, Curtis Hermann, Jeff Owens, high Colorado prairie (6,700') just south of Craig, Colorado.



SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



JOAD – Always On Point

September 2022



Hello CVA and JOAD Families!

The summer is ending, and fall is starting. The weather at the range has bounced from extreme heat to rain and drizzle, but JOAD continues! The kids have been working hard all season long and have had amazing progress. Archers, like Isabelle, have shown such progress and shooting so well with improved form and scores to show. New students, like Johann and Josiah, are proving to be outstanding archers and Ken and I are very excited to see how they develop. Our senior archers like, Audrey, Nic, Rhett and Jack are a force to reckon with. It is such a pleasure to watch all these students master their skills and really become wonderful humans and skilled archers.

This month and into October, a few of our students will be participating in competitions like the Pac Coast Shoot in Sacramento as well as the California Classic in Long Beach. These final few competitions mark the end of outdoor season. Indoor season is approaching, and the kids are looking forward to the new challenge. Recently, Sullivan, participated in a 3D range competition in Big Bear, shooting his compound. Sullivan is one of our versatile archers, being able to shoot consistently with a compound and a recurve. Keep it up Sullivan!

Ken and I, as well as our JOAD parents, are always looking for new games, ideas, and interests to keep the kids engaged and excited about the JOAD weekends. Recently, a range beautification day was held. To be honest it was more a Rock and Roll party. The kids, *and parents*, had an opportunity to paint and decorate rocks in various themes, including archery! These rocks were then judged by none other than head geologist, Ken Downey. Judging was nothing to be taken for *granite*. Yeah, sorry there maybe a few rock puns here. The day included treats like chocolate rock candy, music played through looks-like-rock speakers (of course we played Rolling Stones), and the quarry decorating. Awards were given for several categories including, best archery design, best Bob Ross design, worst JOAD painted rock, most disturbing, Ken's favorite and the rock that looked most like the Rock. The awards were very inspiring and provided great *sedimental* value. Did the kids have fun? Of *quartz* they did! And the parents too. OK, sorry, I have hit *rock bottom* with the puns, but I had to go for all *ore* nothing. A big thank you to team Mom, Tammy for all her guidance, materials, and expertise. You're a true *gem* Tammy!

Please stay tuned for next month's JOAD Quiver update, we will have pictures of our Halloween shoot with the kids and coaches in costumes. We will also update you on everyone's experience with the final outdoor competitions. Indoor season is beginning soon, and we will all start with a clean *slate* (sorry last pun...maybe).



The sky was overcast but provided great shooting weather!



A family that shoots together....comes to JOAD! Here Andrew and his children, Matthew and Isabelle discuss each other's form.



A little advertising never hurts....



This is how it started.



The kids were fully engaged in this activity. After each end they all participated in the decoration!





Lady bugs, Lady Gaga, and camouflage were all found on the table.



Ken called a group meeting to discuss his thoughts on rock puns.



A wide assortment of rockin' characters.



The judge reviews the entries, including this headstone.



Tammy won for being a *ROCK-STAR!*



Most disturbing rock? What would that look like?



Tanvi won for her Bob Ross inspired creation.



Rhett and his rock impersonation of Oscar the Grouch



Matthew had the most inspirational!



Johann had a few entries and he walked away with an award!



Elizabeth won Ken's favorite!



The target face even got stoned!



Upon the rock faces were dollar amounts ranging from a few cents to \$100! We told the kids that their parents would award them the amount they hit!

See you at the range,
Ken and Geoff



FROM THE DESK OF OUR VOLUNTEER COORDINATOR (COMMUNICATIONS)

Richard C. Silverio



Greetings Members,

Thank you to all working members for your continued support and for your hours of volunteering to make sure our range and the events we hosted are well managed. We are about to start a new calendar year and already have a couple of volunteer sign-ups opportunities to kick off the 2022-2023 club calendar year.

Because of our volunteers, we continue to be one of the best ranges for our members and visiting archers, and we would like to thank each and every one of you for your continued dedication and support.

I. VOLUNTEER WORK:

NEW: Fun In The Sun (Zombie Shoot) is less than two weeks from now. The tournament is on Sunday, October 2, 2022. Come out and support your club by helping at this tournament. Get in some of your required work hours or some volunteer time on either Saturday, October 1, for set up or Sunday, October 2, during the tournament.

Meeting Place: Public Session Parking Lot

Date: October 1, 2022 and October 2, 2022

Time: various time slots. (Please click on the volunteer sign up below)

Check-In With: Please click on the Fun In The Sun volunteer sign up link below:

[Fun In The Sun 2022 — Signup Sheet | SignUp.com](#)

NEW:

Kevin Cloepfil and Mike Keena will be hosting another work party this Saturday, September 24 from 6:30AM - 8:30AM. The focus will be at the Public Session range repairing the 10 meters and 18 meters lines. We want to wrap up before the public session begins at 9:00 AM. Here are the details:

Meeting Place: Public Session Parking Lot / Public Session Range

Date: September 24, 2022

Time: 6:30 AM pst - 8:30 AM pst

Check-In With: Kevin Cloepfil

NEW:

Attention all USA Archery certified Coaches and Instructors: Bonnie Marshall will also have a private group on September 24th after the public session consisting of 17 shooters. Bonnie is looking for one Coach/Instructor to stay for the full time and as many Coaches & Instructors who can stay for the first one or two ends to go over the basics. If you can participate, please see Bonnie after public session that day.

Here are the details:

Meeting Place: Public Session Range

Date: September 24, 2022

Time: 1:00 PM pst - 3 PM pst (after the Public Session)

Check-In With: Bonnie Marshall

II. VOLUNTEER OPENINGS:

Our club President, Kurt Hoberg, who usually is the D.O.S. for huge back to back tournaments (State Outdoor and Senior Games) can only do one of these next year since he has a very busy schedule outside our club. We need someone to step up for next year to be the D.O.S. for the Senior Games. If interested and able to, please let Kurt know.

III. LANE ADOPTION:

Lanes 12 and 13 on the Middle Ridge Trail are still available for adoption. If interested to adopt, please contact our Club Vice President Cathy Linson for more information at cmlinson@yahoo.com

Please continue to look out for emails from me for more upcoming volunteer opportunities. If you have any questions or concerns, please contact our Club Vice President, Cathy Linson at cmlinson@yahoo.com or by calling her at 805-791-5102 or to me at richardcsilverio@yahoo.com.

Thank you and see you at the range,

Richard C. Silverio

Volunteer Coordinator/USA Archery Level 3 NTS Coach, Instructor
Trainer
Conejo Valley Archers
richardcsilverio@yahoo.com



Medieval Bestiary: Centaur prepares to shoot a man-beast hybrid

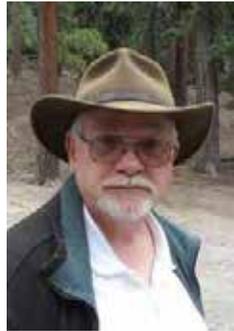
Famous Archers in Mythology - Artemis



Artemis - The Ancient Greek goddess of the hunt. Also recognized as the goddess of the wilderness, wild animals, the moon, and chastity. The goddess **Diana** is her equivalent in the Roman pantheon. Her symbols are deer, hunting knives, cypress trees, and of course the bow, arrows, and quivers. She is daughter to Zeus and Leto, as well as being twin sister to Apollo. She is nearly always depicted with a bow, arrows, and a quiver.

Club Tournament News

John Downey – Tournament Director



We had a lite club shoot this past month (no doubt due to the weather) with only eighteen sets of score cards turned in.

Justin Lerma took the top position with his 559 handicaped score (523 scratch) and was closely followed by Jim Collins (556, 452) and Oscar Melendez (554, 532). Oscar had the top scratch score for the day.

Top Traditional honors went to Brian Carter with his 516 handicaped score (305 scratch).

Name	Division	Style	Handicapscore	Scratchscore	Handicap
Justin Lerma	A	FS	559	523	36
Jim Collins	A	BHFS	556	452	104
Oscar Melendez	A	FS	554	532	22
Charles Neace	A	FS	551	521	30
Keith Huebner	A	FS	545	503	42
Brian Carter	MS	BHFS	544	492	52
Terry Marvin	MS	FS	536	467	69
George Conner	GA	FS	533	424	109
Brian Carter	MS	TRAD	516	305	211
Jeff Owens	MS	TRAD	511	292	219
Richard Silverio	A	BB	510	238	272
Cassandra Silverio	C	BB	507	252	255

Brian Rohrer	MS	BB	492	234	258
James Stankovich	GA	LB	491	247	244
Tom Swindell	GA	TRAD	477	235	242
Jeff Owens	MS	SB	472	129	343
Curtis Hermann	GA	TRAD	454	189	265
Wendell Wright	GA	SB	449	137	312

We are coming down to the wire with only one more club shoot in the current club year. A number of folks (at least four archers) still need to get their fifth shoot in to qualify for a Range Record Trophy. Every year someone with the top scratch score for their style and division misses out on an award because they had only participated in four club shoots. If you are one of these folks, please plan to shoot the September Club Shoot.

Keep stick'n them point ends in the target.

Hope to see you around the range.

John Downey
Tournament Director



1922 - 2022 Easton Spans a Century!

A column for the "Conejo Quiver" in Simi Valley, California,
by Curtis Hermann September 2022

The history of archery is nearly as old as the history of man, certainly they have been partners in this world for a very long time. Some times that history can be close to home, and this year it is the 100th anniversary of an old arrow smith that was often seen on the archery ranges of southern California. He was most commonly known as Jas. D (Doug) Easton, a California archer that led the creation of the finest arrows that mankind ever released from a bowstring.

Every archer knows the name Easton is synonymous with fine arrows, but if you are a California archer you should also know the history of this once neighborhood archer.



Doug was not much different from you or me, he was just an average guy who was passionate about the sport of archery. In 1922 he started his fledgling business of making beautiful top quality wood arrows in his garage in Watsonville, California, a small town south of Santa Cruz, north of Salinas and along the east edge of Monterey bay.

Doug's passion for arrow making started years earlier, but it became the center of his universe after compliments he received from Dr. Saxton Pope* on the quality of his arrows, whom he met at a tournament on a local archery range. Encouraged by these compliments, he bravely moved his operation to a larger building in Los Angeles where the majority of California's archers lived and was now open to the public. As beautiful as wood arrows could be the process of sorting shafts into consistent uniformity was very time consuming, so he began to experiment with other shaft materials that he could control the quality and consistency of straightness, stiffness and weight. Extensive research led him to aluminum and after a great deal of testing the first aluminum arrows were offered in 1939. Two years later in 1941 a California archer won the National Championship with the first trademarked aluminum arrow, the 24SRT-X.

This of course caused an explosive demand for these arrows as tournament scores began to reach new heights. New demand for these arrows meant the factory had to be expanded in 1952 and again in 1957! In 1958 the new XX75 arrow cold drawn from aircraft-grade 7075 alloy to unheard-of-tolerances, and tempered to a cutting-edge T-9 rating became the strongest arrow of its time and became so popular they developed it in 22 different sizes to meet any archer's needs.

My first experience with "Doug's" aluminum arrows came in around 1955 or 56 when I saved for some time to purchase a dozen 24SRT-X shafts to crest and fletch and shoot from my first laminated



bow, (a 50# Gelco made by Frank Eicholze of San Diego). My score on the first 14 targets of our 28-target field range was a twenty percent increase over any score I had ever shot before!

The creation of the XX75 shaft reigned supreme in the arrow industry until 1966 when the X7 (created by Doug's son Jim) became the premier target arrow in the world, causing the need to expand and move the factory to Van Nuys, California as the 1970's era began.

In 1972 the year of their 50th anniversary, Doug passed away, and his son Jim became president (1973). Jim continued to drive the family business forward as a world leader in the archery industry.

By the mid-eighties the company had become the leader in Aluminum/carbon composite and carbon fiber shafts and expansion was again pushing at the front door. A new facility (100,000-square-foot) was built in Salt Lake City and a name change to Easton Technical Products. Easton kept the carbon composite division facility in San Diego, California.

The 1980's were filled with new innovations in both aluminum, aluminum/carbon composite and all carbon shafts. In 1991 the XX78 Super Slam aluminum shaft was developed and introduced on the heels of Chuck Adams' achievement of being the first bowhunter to take every species (28) of North American big game animals with a bow and arrow.

Greg Easton, the grandson of Doug, took over in 2001 and he brought us the Axis micro-diameter hunting shaft. The Axis arrow is providing a new dimension in ultimate penetration and added energy, and has become the industry standard as the highest-performing arrow for serious bowhunting. The Axis FMJ (full metal



jacket) soon followed with the tightest straightness, weight tolerances, increased kinetic energy and precise spine values 360 degrees around the shaft.

Although the technology, materials, and processes have changed, the same principles upon which the company was founded continue today. Easton remains a family-owned company manufacturing the vast majority of its products in the United States., with the same goals-to create the finest arrow shafts for every archer in the world. Easton continues to be fueled by the passion for archery innovation that results in the graceful, accurate flight of an arrow.

Portions of this column were taken from, or directly copied from the Easton press release announcing the 100th Anniversary of the company.

Curtis

**Dr Saxton Pope is considered one of the "Fathers of Bowhunting" and along with his hunting partner and friend Art Young, they wrote the book, "Hunting with the Bow and Arrow," the Pope & Young Club is the premier big game bowhunting measuring club in the world and is named after the "Fathers of Bowhunting!"*

This month's tip:

Instant Brace Height Check

If you have been a member of the Conejo Valley Archers for more than a few months you have probably learned or at least overheard other archers discussing "brace height" and figured out that it must be an important piece of information, but how do you know when it is right and how do you keep it at the proper height?

Brace Height as a standard is measured from the low point of the grip to the bowstring of a braced bow. Generally, the distance that is best for your bow is set by the manufacturer and will be stated in the literature that arrives with the bow. Compounds are usually designed to have a brace height of 6" or more on the inch. The lower the distance the faster the bow. A 6" brace is faster than a 9"

brace and this is true on a compound, recurve of longbow. Recurves and longbows need to be adjusted a bit more carefully, depending on the arrow and archer's form.

A rule of the thumb for recurves and longbows is to raise the brace height until the bow suddenly becomes quiet (this will usually coincide with pretty, graceful and straight arrow flight) at which time you will measure the distance from the string to either the throat of the grip or to some place on the arrow shelf that is easy to remember. Write this number down and place it where you can refer to it on a moment's notice (like in a journal or the lid of your tool box).

To change the brace height on a compound bow you must have a bow press so that you can press the limbs closer together and remove the string. Then twist the cable at each end a few twist tighter to raise the brace or unwind a few twists to lower brace height, be sure to count the twists and do the same exact number on both ends to keep perfect cam timing, replace the string and release the bow press. Again, measure and mark it down somewhere where you can find it or remember it!

A recurve or longbow does not have cams or cables so you will just remove the string from the upper limb of an unbraced bow (leave the lower end of the string nocked on the lower limb) and twist the string tighter to raise or unwind a few twists to lower the brace height, restring your bow and check arrow flight and string noise.

Now for the tip, you want to instantly check your brace height before you step up to practice or shoot the first target of a competition. The easiest way to check brace height is to use a "Sharpie pen" and crest a fine line around the shaft of a nocked arrow at the exact distance needed from the string to the throat or point on the shelf you have chosen. You will immediately be able to

tell if you are an 1/8" or more off and if a few twists need to be added or subtracted to the string.

You can see in the picture provided that I have placed a "Sharpie" stripe on the arrow at my desired brace height distance which is directly above the low point of the throat of the grip where the arrow touches the shelf, this tells me immediately if my brace height is exact or if it needs a small adjustment.

Shooting straight is often a matter of a lot of little things that are important are paid attention to, this is just one of those important "little things."

Keep those arrows in the air,
Curtis



Arrow marked with a "Sharpie stripe"

ADOPT-A-TARGET (CVA Roving Range)

Most of our target lanes have been adopted. If interested in adopting one you can contact one of the Board Members.

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	William Bachellar
7	55 yrd field 53 yrd walk-up hunter	
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice

13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase
15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents
16	50 yrd. field 48 yrd. hunter	Ben Spielman
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	William Bachellar
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia

NEW MIDDLE RANGE TRAIL

TARGETS 12 & 13 ARE OPEN FOR ADOPTION

Middle Ridge Trail

Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9	Carlos Parada	Deer
10	Carlos Parada	Deer
11	Brian Rohrer	Turkey Flock
12		Raccoons & Ground Hogs
13		Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear



805.581.1671

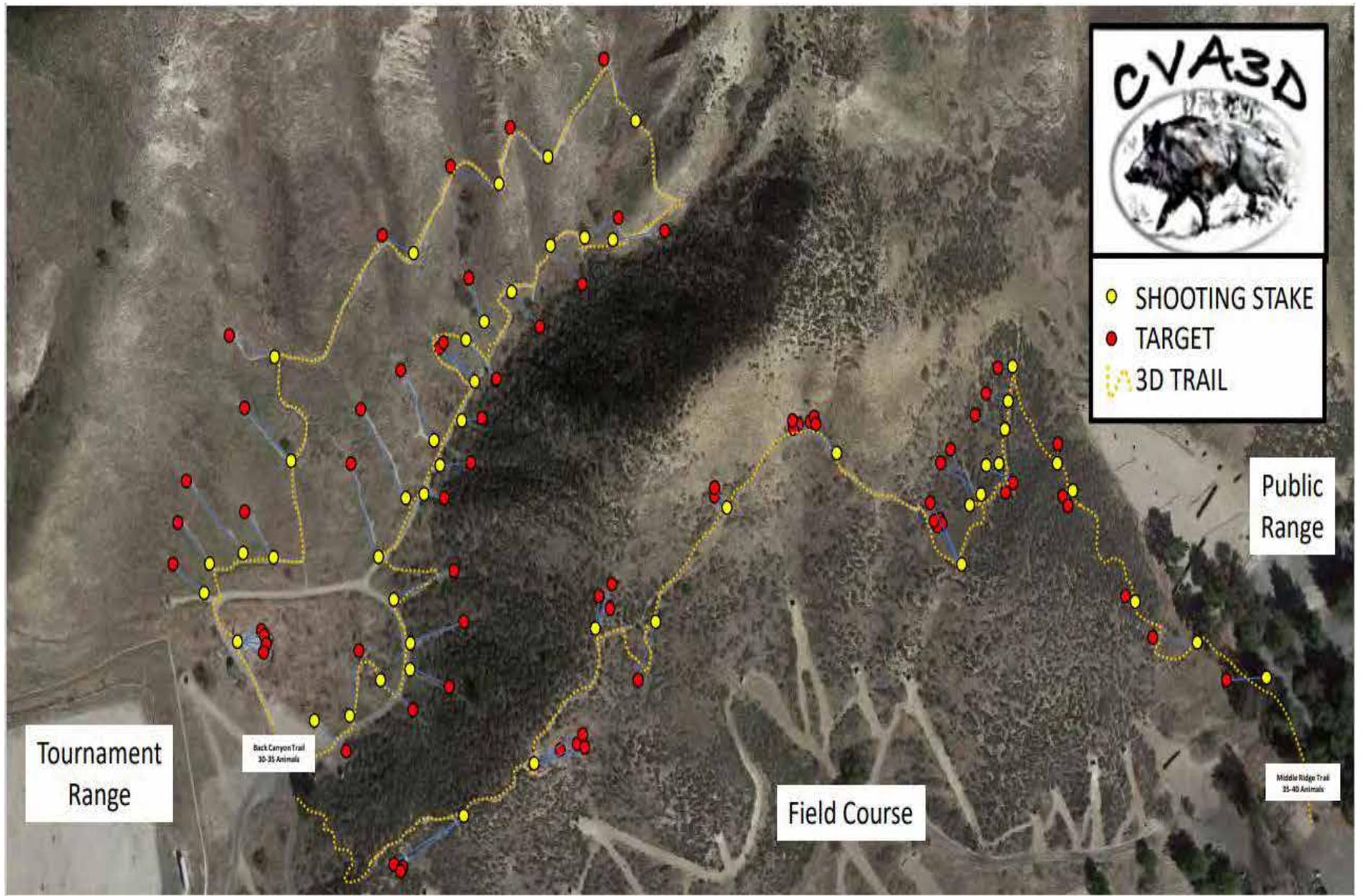
2150 Agate Court • Simi Valley, CA 93065



CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Bonnie Marshall	Membership Chair, Coach		805-328-4721
Noah Barlow	Volunteer Hours Coordinator		
Richard C. Silverio	Volunteer Hours Coordinator Communications, Instructor	richardcsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	

CVA 3D Ranges MAP



CONEJO QUIVER

October 2022 Issue



The October Fun Shoot and General Meeting (11:30am) will occur on October 23, 2022 per our normal schedule. Please wear an appropriate protective face covering while on the range and during the meeting if you haven't already received your COVID-19 vaccinations.

FROM THE EDITOR

John Downey, Editor

Welcome to October Issue of the CVA Quiver.

October has been (and is) a busy month for the club. We elected new Club Officers and Board, changed out locks (don't forget to pick up your new key), and hosted our **Annual Fun in the Sun Zombie Shoot** (chaired by yours truly), and of course started a new club year. This Sunday is also our **annual CVA BBQ and Awards Ceremony** (see the Agenda inside). The club has been real busy putting finishing touches on decorations (Bonnie and others) and the Fun Shoot targets (Kurt), and other preparations for the event. You don't want to miss it!

We have most of our usual irregulars again this month with a lot of good information, including another hunting related article by Curtis Hermann (**Wilderness Hauling**). We also have a bunch of photos this month from JOAD (courtesy of Geoff Houghton), as well as a number of photos taken at our Zombie shot by William Stark. A big thanks to all those that assisted at the Zombie shoot by pasting targets with me (Richard Carpenter), setting up & pulling targets afterwards (we had the biggest work crew ever for the event – thanks Mike & Kevin and all those that handled the 3D targets), running the kitchen (special thanks to the Luttrell family), running registration (Bonnie and crew) and many more.

All the freely given help was much appreciated, especially since I was still in the process of recovering from Covid. Thanks again to all that helped.

Hope to see you around the range soon.

Regards
John Downey, Editor

FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: I'm amazed that another CVA Club year has come and gone. Time sure flies when you are shooting arrows!



Elections have completed, I want to welcome Brian Rohrer to the board, he replaces Bill Davis who has served CVA for many years. Thanks, Bill, for your service to the club!

I want to welcome Anette Vladescu as our new Club Treasurer, thanks Anette for stepping up to support CVA!

I also want to thank Wendel Wright and Jeff Owens for re-coring more of our American Whitetail round target matts used on the PS and Tournament Ranges. The club feedback has been overwhelmingly positive about the reconditioned targets. We'll be purchasing more cores so we can keep our targets in good shape for the club and for tournaments.

I'll be meeting with the County this month for our property inspection, required annually per our lease. As the range is looking excellent, I do not expect any issues with our inspection.

This month is our club banquet and the yearly Fun Shoot just prior. The date is set, October 23rd, 11:30am at the large Pavilion in the park. We'll have an abbreviated General Meeting, then will start the banquet. Please come out to celebrate another year at CVA with your fellow club members. We will hand out this year's awards, have some fun, and enjoy a BBQ lunch. This event is for your family members too, so please bring out your significant others to meet your fellow archers.

For those who might not know, the Fun Shoot is a small tournament I put together for us to shoot the field range in a fun, non-

competitive way before the banquet. The shoot is from targets 15-28, the flat part of the range, and includes novelty and other enjoyable targets for us to fling arrows at. This is a great way to see our field range if you haven't before, spend time with other club members shooting, and to have a great time.

Field Range: We have been having a problem with members moving targets from lane to lane, taking target pins, and pinning targets to the bales with the pin located in the scoring area of the target, and parking on specific lanes on the range. All of these things are 'no-no's'. We will go over each 'transgression' in detail:

1. **Moving targets from lane to lane.** Our range is a NFAA certified 28 target field range. That means that each station's target (color and size) is *specific* to that lane. Moving a target from one lane to another might be expedient when you are shooting but it negates our certified range layout and impacts members that are practicing for the club shoot. *Please do not move targets from the lane they are posted on.*
2. **Removing Target Pins from the Range.** We have a problem with members taking pins from the target lanes. Each lane requires a certain number of pins to post the targets. When you remove them, during the monthly range reset we do not have the necessary equipment to setup the club shoot. This impacts club members that are shooting the club shoot for awards. Pins are not free; the club pays for them. If you need pins, purchase them yourselves. *Please do not take target pins from the range.*
3. **Posting a target with the pin in the scoring area of the target.** As archers, this really should be a no-brainer. Think it through, if there is a pin that is in the scoring section of the 3 ring and an arrow hits it, that arrow will most likely break. Some of your fellow club members shoot very expensive

arrows and would appreciate the targets being posted with the pins outside of the scoring area. *Please post targets with pins OUTSIDE of the scoring area of the target.*

4. **Parking on Bales.** Parking on a bale is shooting dozens of arrows into a single target on the field range – over and over again. This prematurely destroys the bales, ruins the posted target, and increases the needed frequency of range maintenance. As a FYI, some clubs (Oranco for example), will remove you from the club if you are caught parking on a target...and this behavior has become so egregious at CVA that I've considered speaking to the Board about adding a similar consequence at CVA. Parking on a bale shows disrespect for our property, our investment in assets, and the club as a whole. If you want to park on a target, bring your own target bag and targets. *Please do not park on targets on the field range.*

Tournament News

CA State Indoor: This shoot will be happening the first week of June JOAD on Friday 1/6, and the State Shoot over Sat / Sun, 1/7-8. This shoot is filling up fast, don't wait to register if you are interested in participating.

Pasadena Senior Games: Due to the significant personal effort in hosting State Outdoor, my wife and I do not have the capacity to continue as Commissioners for the Sr. Games.

We are looking for a CVA volunteer to be the Commissioner to take over this shoot. The position requires working with the Pasadena Senior Center to handle registrations, flyers, etc.

Rose and I will train the volunteer on how to run the shoot first year. If we do not get a volunteer before the end of the calendar year, I will contact the Senior Center and inform them that CVA will

no longer be able to host the Archery portion of the Pasadena Senior Games.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

If you shot a tournament and earned a medal, please let me know so I can recognize your achievements. We are proud of our CVA shooters and want to celebrate your wins!

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

CVA Awards Banquet Agenda 2022

Save the Date

Conejo Valley Archers

Year End Awards Ceremony

Sunday October 23, 2022

The Four Elements

!!Looking for raffle donations!!

Come to celebrate the top shooters of the club and connect with members!

Perpetual Trophy Award

George Levin Award

Belt Buckle Awards

Divisional Awards

Presidential Award

Volunteer Raffle Awards

BBQ Luncheon – catered by

Smokin' Steve's Pit BBQ

Free to members and their families.

FROM OUR VICE PRESIDENT

Cathy Linson

VOLUNTEER HOURS - THANK YOU ALL!

Thank you to everyone who put in hours helping the club this year. A special thanks to Jim Stankovich, a non-working member who put in 14 hours helping on the middle ridge trail. This year we had significantly more members that put in 100 hours and up; see tables below. I included some information about how they earned those hours.

As you will see the single member with the most hours was Arthur Robertson with 412. Arthur is a jack of all trades including bee keeping, maintaining first aid kits, taking care of multiple lanes, helping at tournaments and helping out at the Public Session. Kurt and Rose Hoberg, with a little help from other family members, take the top spot for a family membership with 431 hours. They headed up the Senior Games and the State Outdoor as well as assisting at the Toy Drive and the Public Session; on top of all that Kurt puts in way too many hours as president holding the club together.

SINGLE GOLDEN AGERS with 100-200 hours

Membership	Hours	
Hermann, C.	101	Writes all those amazing articles for the Quiver.
Bombardier, B.	168	Prepares for and manages the Traditional Tournament.
Downey, J.	168	Edits the Quiver, Club Tournament Chairman, and helps at Public Session.

SINGLE AND FAMILY MEMBERSHIPS with 100-200 hours

Membership	Hours	
Rohrer, B.	108	Work Parties, Middle Ridge Trail Lanes and Public Session.
Leviant, S.	108	Manages Spring Classic, Public Session & Club Secretary.

Carpenter, R.	116	Public Session DOS.
Knebel, K.	158	Target Chair and Public Session.
Guerra, G.	159	Treasurer, Work Parties and Public Session.
Silverio, R.	179	Communications for Volunteer Hours Coordination.
Cloepfil, K.	182	Organizes Work Parties and Maintains Equipment.

SINGLE GOLDEN AGERS with over 200 hours

Membership	Hours	
Wright, W.	276	Middle Ridge Trail, Target Repair and 3D Maintenance.
Keena, M.	385	Work Parties both Mike and his amazing Polaris.
Robertson, A.	412	Bee keeping, First Aid Kits, Lanes, Tournaments & PS.

SINGLE OR JOAD MEMBERSHIPS with 200 or more hours

Membership	Hours	
Downey, K.	200	JOAD Program.
Owens, J.	229	Middle Ridge Trail, Target Repair and 3D Maintenance.
Houghton, G.	233	JOAD Program and Weed Abatement.
Marshall, B.	318	Membership, Public Session, Private Parties & Tournaments.

FAMILY MEMBERSHIPS with over 200 hours

Membership	Hours	
Linson, C.	319	Public Session, Work Hours Tracking, Vice President.
Tanger, B.	373	3D Range
Hoberg, K.	431	State Outdoor, Senior Games, Public Session & President

CVA Awards Banquet Agenda 2022

General Membership Meeting - Kurt/Scott/Genevieve

11:30 am

1. Kurt – Call Meeting to Order
2. Scott – Waive reading of the Minutes
3. Genevieve - Review any Financials/Waive reading of Treasurer's Report
4. Kurt – Call for New Members - Introductions
 - 2nd Meeting - Introductions
 - 3rd Meeting – Swearing In
5. Good of Organization
 - Announce Toy Shoot – Santa's Workshop – December 4th
 - Volunteers can check in w/Cathy
6. Move to Adjourn Meeting

Banquet – Kurt/Cathy/JBD/Bonnie/Morgan

Bonnie – Welcome
Membership Renewals process during presentations
Request Safety Seminar Officer
Introduce Kurt

1. Kurt
End of Year Review
Introduce JBD
2. JBD – (Bring winners up to front for awarding and photographs)
Divisional Awards
George Levin Memorial Trophy
Introduce Cathy

3. Cathy
Volunteer Awards – (ask to hold applause until everyone's name is called up per group)
Introduce Kenny
4. Kenny
Special Recognitions- JOAD
Introduce Kurt
5. Kurt
Presidential Award
Introduce JBD
6. JBD
Buckle Awards

Lunch is Served - Raffle Items during Food Service



Tutankhamun hunting in his chariot pulled by two horses. The king is using a bow and arrow to shoot gazelle in the desert assisted by his hounds. Hovering protectively above the king are two vultures...

MEMBERSHIP CORNER

Bonnie Marshall

Over the years, a number of our club members have contracted Valley Fever at the range. Valley Fever is all over, so you shouldn't be overly worried about contracting it the range. Bonnie's article may answer some of the questions you may have.

Editor



What is Valley Fever?

Valley fever is an infection caused by a fungus that lives in the soil. About 10,000 U.S. cases are reported each year, mostly from Arizona and California. Valley fever can be misdiagnosed because its symptoms are similar to those of other illnesses. Here are some important things to know about Valley fever, also called coccidioidomycosis.

People can get Valley Fever by breathing in the microscopic fungal spores from the air in these areas. Most people who are exposed to the fungus never have symptoms. In the soil, the spores grow as a mold, with long filaments that break off into airborne spores when the soil is disturbed by digging.

The spores are extremely small and can be carried hundreds of miles by the wind. Once inside the lungs, the spores can reproduce, perpetuating the cycle of the disease. Valley Fever does not spread from person to person.

What are the Symptoms of Valley Fever?

Most people who are exposed to the fungus never have symptoms. Other people may have flu-like symptoms, including:

- Fatigue (tiredness)
- Cough

- Fever
- Shortness of breath
- Headache
- Night sweats
- Muscle aches or joint pain
- Rash on upper body or legs

The symptoms of Valley Fever can be similar to other common illnesses, so patients may have delays in getting diagnosed and treated. For many people, symptoms will go away without any treatment, after weeks or months.

Healthcare providers prescribe antifungal medication for some people to try to reduce symptoms or prevent the infection from getting worse. People who have severe lung infections or infections that have spread to other parts of the body always need antifungal treatment and may need to stay in the hospital.

Who is at risk for contracting Valley Fever?

Anyone who lives in or travels to an area where the fungus lives in the environment can get Valley Fever. It can affect people of any age, but it's most common in adults ages 60 and older. Or certain group can be at higher risk for developing the severe forms of Valley Fever, such as:

- People who have weakened immune systems, for example, people who:
 - Have HIV/AIDS
 - Have had an organ transplant
 - Are taking medications such as corticosteroids or tumor necrosis factor (TNF) inhibitors
- Pregnant women, particularly those in the third trimester
- People who have diabetes
- People who are black or Filipino

What can I do to protect myself from Valley Fever?

In areas where Valley Fever is common, it's difficult to completely avoid exposure to the fungus because it is in the environment. There is no vaccine to prevent infection. That's why knowing about Valley Fever is one of the most important ways to avoid delays in diagnosis and treatment. People who have Valley Fever symptoms and live in or have visited an area where the fungus is common should ask their doctor to test them for Valley Fever. Healthcare providers should be aware that Valley Fever symptoms are similar to those of other respiratory illnesses and should consider testing for Valley fever in patients with flu-like symptoms who live in or have traveled to an area where *Coccidioides* lives.

What is CVA's Response?

CVA takes Valley Fever very seriously, as our volunteers, at many times, are on the range moving dirt, digging, raking etc.

Range Captains and work party organizers have **N95** face masks, as recommended by the CDC, to be used while working on the range. There are several stations throughout the range where the masks are available for use by the membership but we always recommend to bring your own N95 mask in case we cannot get stock.

We also have updated our club membership Safety Seminar to include a discussion of Valley Fever and its prevention.

If you have more questions about Valley Fever, you can check out this link from the Center for Disease Control

<https://www.cdc.gov/fungal/diseases/coccidioidomycosis/definition.html>

Or contact your personal physician.

A REMINDER ON LOCKS, KEYS AND MEMEBERSHIP RENEWALS

**** October ****

NOTE: As previously published we changed the club gate locks on **Friday September 30th.**

Membership renewals and key exchanges started on **October 1, 2022**, at the range. You can handle your renewal and key swap on the remaining following days ...

~~Sunday September 25 – General Meeting – no keys exchanged~~

~~Saturday October 1 –~~

~~Sunday October 8~~

~~Saturday October 15~~

Saturday October 22

Sunday October 23 – End of Year Banquet/General Meeting

Saturday October 29 - Halloween Shoot at Public Session

After this date I cannot accept renewals at the range during Public Session times, and memberships must be completed mailed in or completed at any General Meeting or after registration at any club tournament.

Your “**Options for membership renewals/key exchanges**” are:

1. **General Membership Meeting – Sunday October 23**
2. **Early MAIL IN OPTION – Fast Pass Lane - include:**
 - A signed waiver for each archer on the membership
 - A signed Membership Agreement – one per membership
 - A copy of your driver's license for SGA and FGA memberships
 - A copy of Fall class registration for Student Memberships or any full-time student up to age 24, staying on a Family Membership

SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.

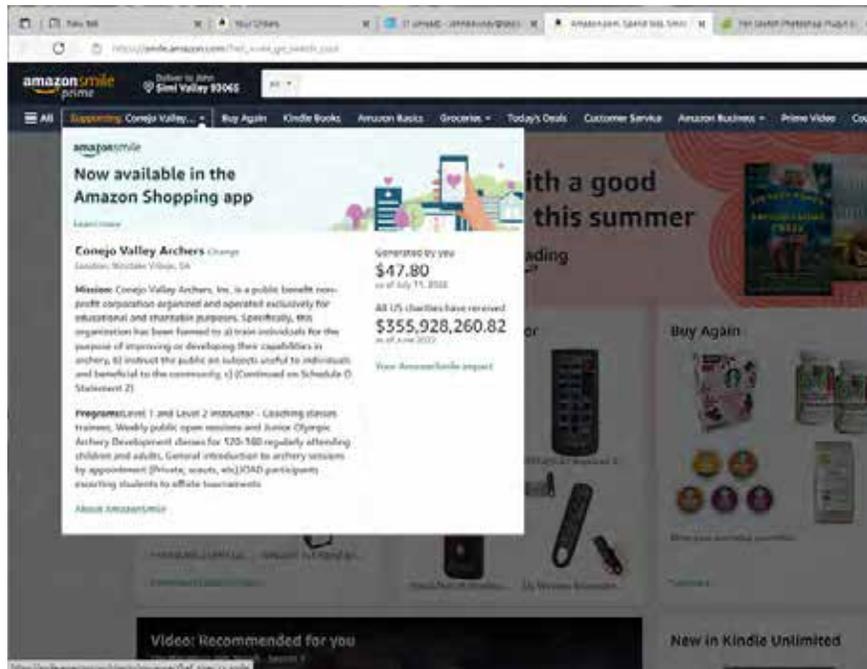


AMAZON SMILE CVA Unique Charity Link

This link will take you directly to smile.amazon.com in support of our organization so you won't have to search for the CVA charity among almost a million other organizations. Use this link whenever you order something from Amazon and Conejo Valley Archers will benefit monetarily (see image below). It's the easiest way for you to find and support CVA.

<https://smile.amazon.com/ch/44-0103793>

Once it has been added you will see "Supporting: Conejo Valley Archers" in the top left-hand corner of your browser screen.



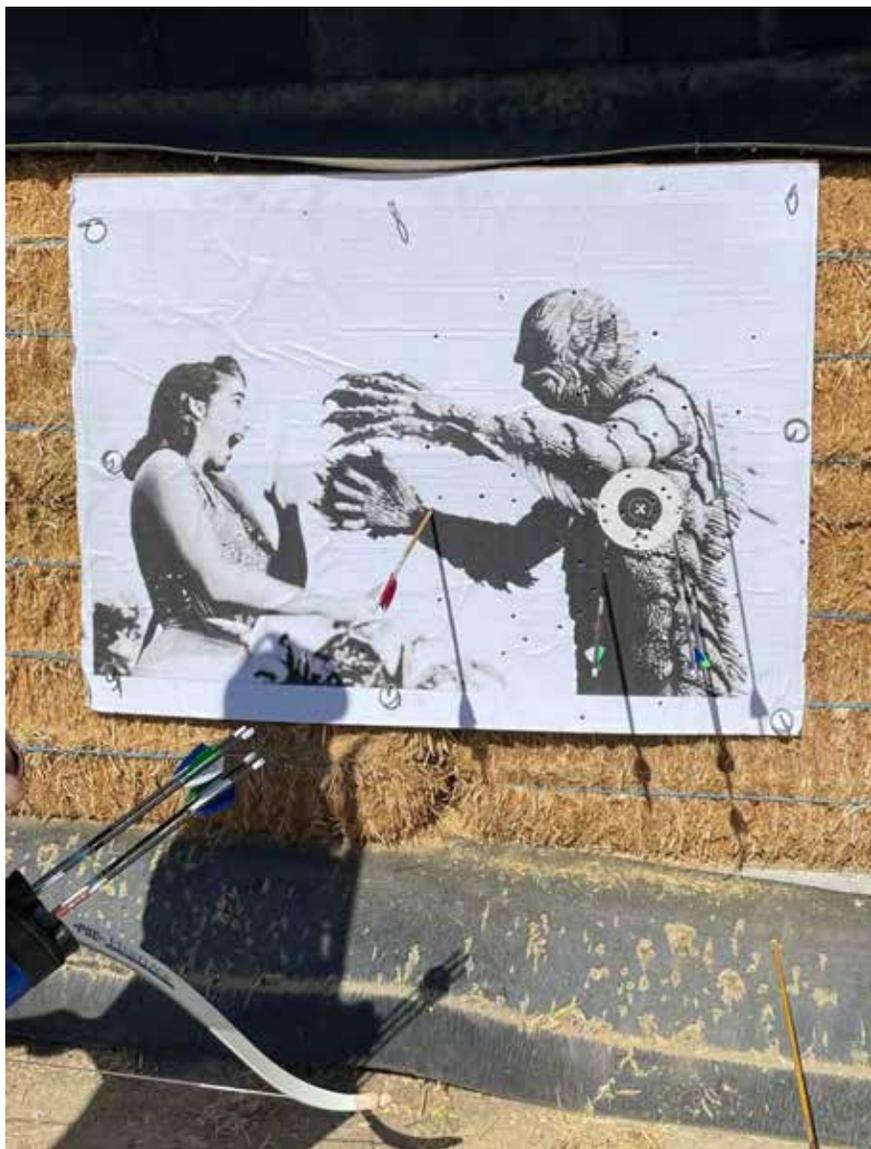
Group Pic from the recent Pasadena Shoot



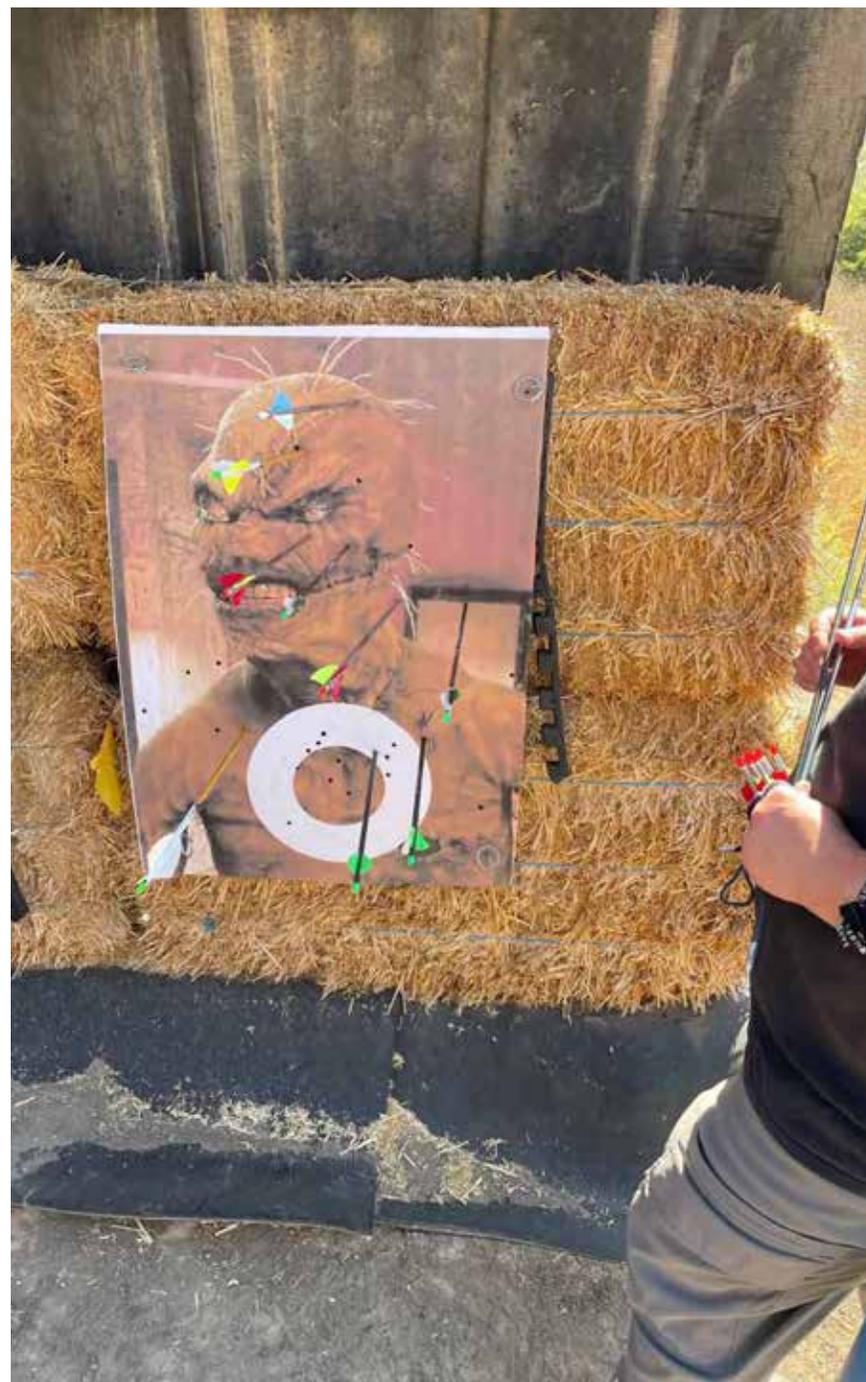
" ... Carlos, Jim, and Rogelio all medaled and had a great time"

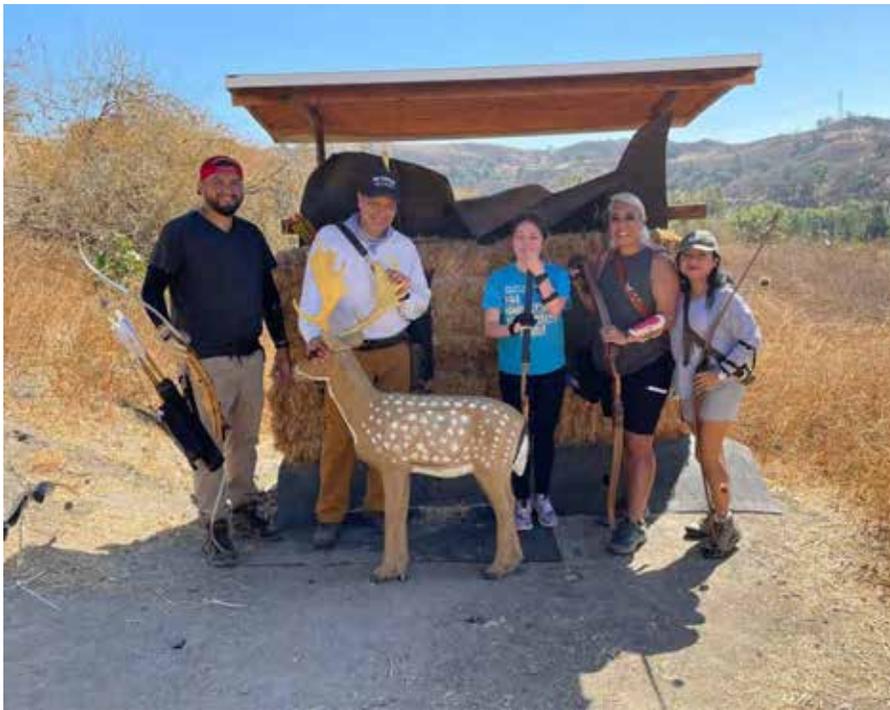
Some Photos from the CVA Zombie Shoot

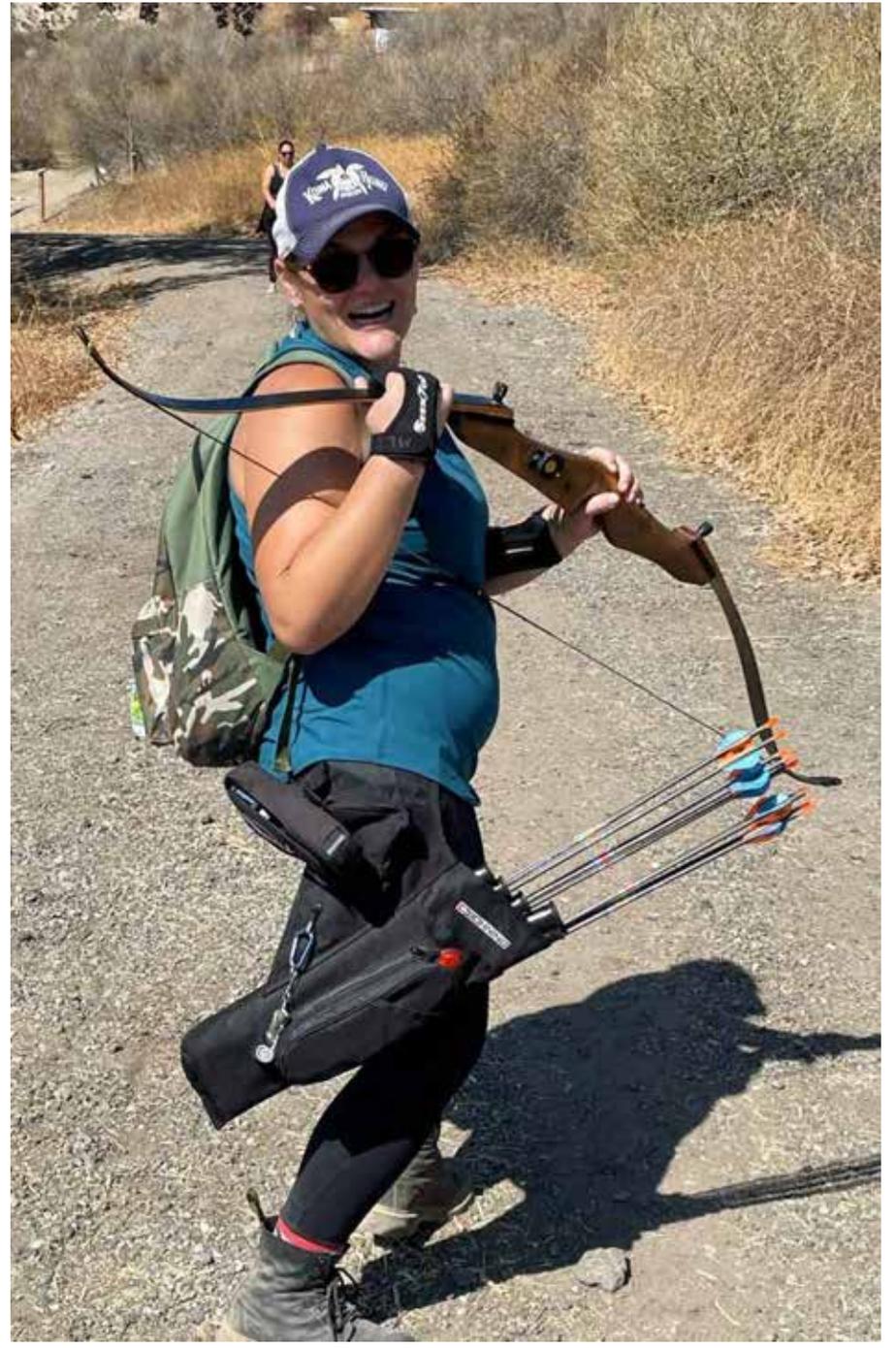
Courtesy of William Stark

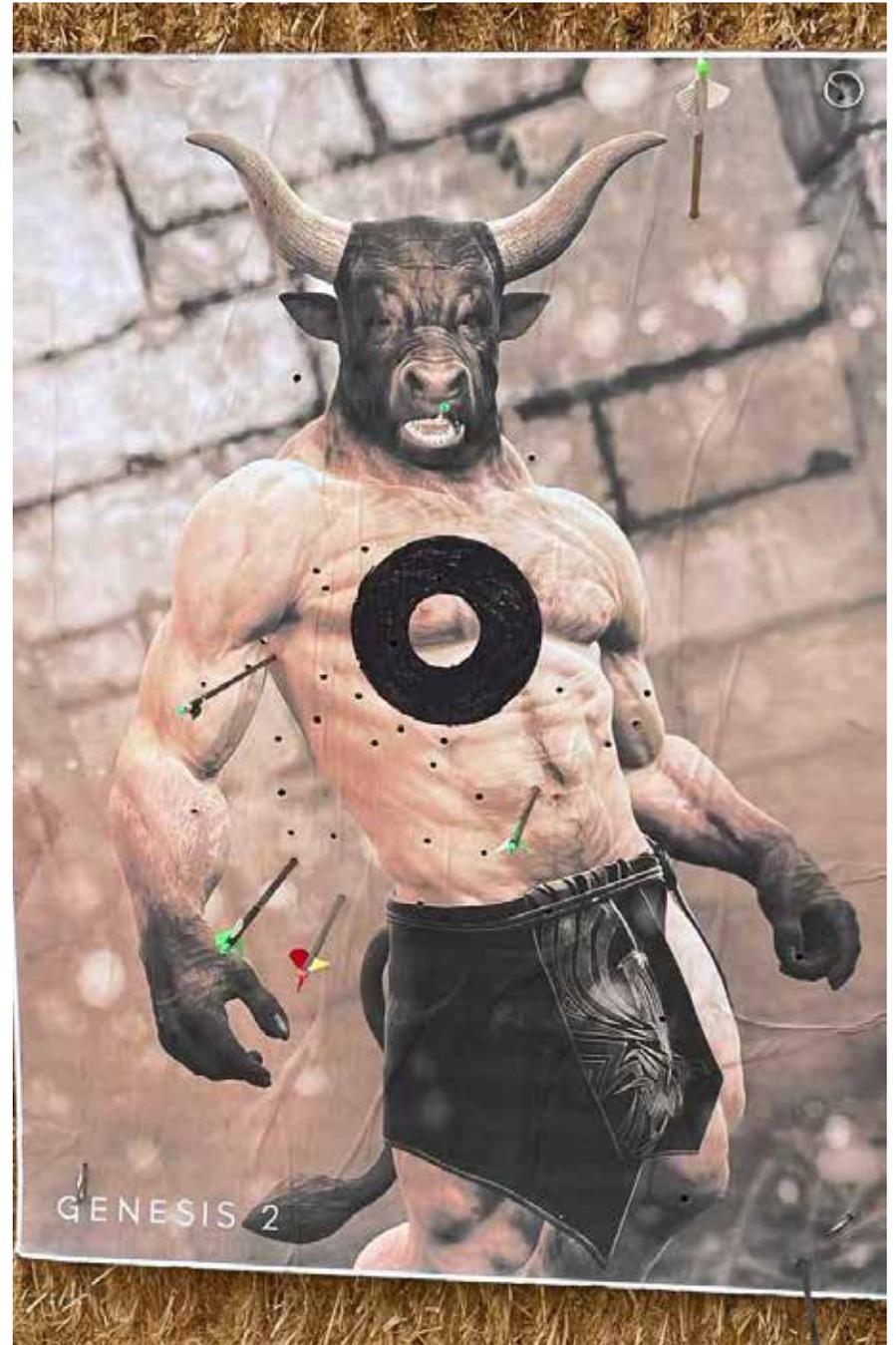


“Save the Babe” shot – minus 10 points if you hit the “babe”





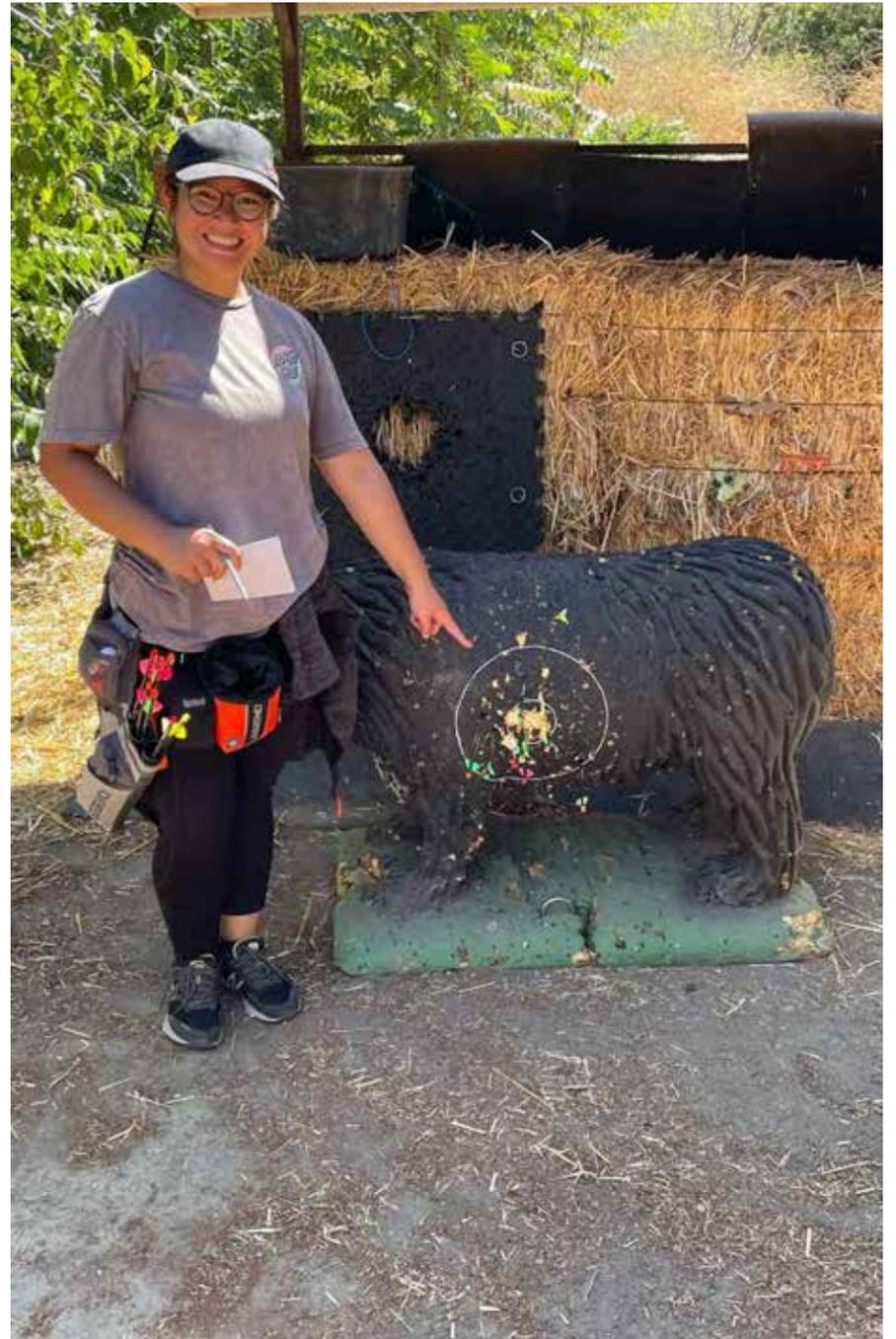






O.K. - Which one is the Zombie target?









Mike checking out the scores



Nope, didn't hit the line



At the "Save the Babe" shot



Clean-up under way

JOAD – Always On Point

September 2022



Hello CVA and JOAD Families!

Unfortunately, in this issue of the JOAD Quiver update, we will not have pictures of our Halloween shoot. Everyone will need to wait for next month's article! BUT....we do have lots of pictures below from various shoots and activities we have done with the JOAD families since September.

Early October, JOAD celebrated the birth of a very special person that is near and dear to our hearts. Happy Birthday Coach Ken! The kids celebrated by providing Ken balloons with his age and a case of beer. Congrats Ken on another year around the sun!

October is also, Breast Cancer Awareness Month, and JOAD wanted to show support of one of our families that is currently fighting cancer. Together we all wore pink, parents and archers. We were also able to raise some money and purchase gift cards to support our JOAD family, so that perhaps some of the daily life chores can be minimized while they are going through this. Our JOAD families are very close; we're together every Saturday, we travel to tournaments, build strong friendships and many become second families. 40% of men and women will be diagnosed with cancer at some point during their lifetime, according to the National Cancer Institute. Please get yourself routinely checked.

A couple of outdoor tournaments occurred in September and October, the Pacific Coast Shoot in Sacramento, and The California Classic in October. Nic Y., shot the Pac Coast Shoot and did very well. Nic, Rayan, Isabelle, Michelle, Elizabeth, and Jack all shot the California Classic in Long Beach. The kids did great, and they were all focused on their tournament goals. Ken and I are so proud of the kids, it was such a pleasure to see them compete!

Stay tuned for next months' JOAD article to see pictures of our Halloween shoot.

See you at the range!

Ken and Geoff



Jack keeping score at CA Classic



Good friends, Elizabeth and Isabelle



Isabelle and Elizabeth are friends at the range & on the competition field.



Nic and Jack at the California Classic!



Rayan in front of the CA Classic Display!



Pink Donuts in support of Breast Cancer Awareness and supporting one of our own families.



Thank you JOAD. We're here for you B. family!!



Ken, Jack and Geoff in matching, "Friends, don't let friend fight cancer alone," shirts.



HBD Ken!! You are 93 right? Or was it 39?



It was great seeing all the support from our JOAD kids and parents



LT to RT, Jack, Sully, Rhett and Nic shooting at the Breast Cancer Awareness Day



Even the parents got involved. Thank you all!!



Front view of the crew



Coach Ken instructing Johann on the finer points of archery, "The arrows go that way..."



Boys in pink...



A fun balloon shoot off for our JOAD kids!



Pac Coast targets



Nic at the Pac Coast Shoot!



Nic at the Pac Coast Shoot.



Artistic archery shot at the range.



A Couple of Interesting of Interesting Kachinas with Bows

White Buffalo Kachina

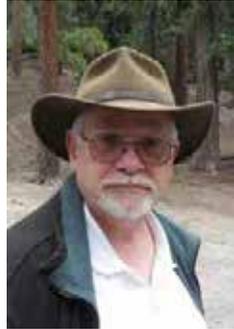


Long Horn Kachina



Club Tournament News

John Downey – Tournament Director



We had the last shoot of the club year last month, which means everyone is starting over again without a handicap added to their score.

Based on all the club shoots for the past year we will be handing out Range Record and other Trophies this Sunday at the Awards Banquet BBQ. You won't want to miss that.

I not posting last month's results so it will be a surprise (for the most part) on who won what trophies. You will need to come out to find out.

Keep stick'n them point ends in the target.

Hope to see you around the range.

John Downey
Tournament Director



Below:

A relief from Abu Simbel tells the story of the Battle of Kadesh. Pharaoh Ramses II can be seen firing arrows from his chariot (top left) surrounded by swarms of smaller attacking Hittite charioteers.

The official Egyptian record of the “victory,” the Poem of Pentaur, was inscribed on Ramses’ temples, including Abu Simbel in southern Egypt. The poem recounts how the Hittite king Muwatallis II “had sent men and horses, multitudinous as the sands ... The charioteers of His Majesty [Ramses] were discomfited before them, but His Majesty stood firm.”

The battle between the Hittites and the Egyptians is regarded by historians as the largest chariot battle in history. The extraordinary clash would maintain the Hittites as major regional players for years to come.

Wilderness Hauling

Transporting meat from the field to freezer, tips & tricks

A column for the "Conejo Quiver" by Curtis Hermann, Oct. 2022



Have you ever been curious as to just how the archer gets an unmovable thousand-pound beast lying on the ground deep into the wilderness back home to his family. It's not easy, but it can be done, so satisfy your curiosity and read on, I think you will find it worth your time!

A little note to my readers:

For those of you following the saga of the "Last Bow ever purchased" hunt and are waiting for the results and final success of getting a critter with that bow, I have some delay news. You may have already heard that the Colorado Antelope hunt turned out to be a bust. The Outfitter misjudged the actions of the antelope on this property where the water had turned bad with blue algae and was not safe for drinking, Six cows, one horse and one feral cat died from drinking that water and the antelope just simply refused to come in. They watered on neighboring properties where we were not allowed to hunt.

We are now scouting locally for sites to hunt and have found some areas with a little promise of success. Seasons are coming to a close here locally so there may be some delay, but I assure you that the hunt with this bow will continue until there is a critter on the ground. So have faith and stay tuned!

Curtis

October is the most magical month of the year, as summer slips away and the colors of fall appear, the air takes on a crispness as if to say "a change is coming," and soon that change does come with cold and a white cover that lays over the land.

It is that time of year when the soul of the hunting archer is most alive and he spends every moment he can immersed in the magic of the woods pursuing creatures big and small. Sometimes the "Spirit of the Hunt" smiles upon you at the exact moment your bow is drawn and all your senses are focused on the vital area of a large beast. It has taken you days to accomplish this moment and the moment of truth has arrived.

I don't know of any archer that thinks that at that moment, deep in the wilderness that he is actually alone, there is a sense that something more powerful than you is over-seeing this and giving it his blessing.

However, all this has been the easy part, it may have taken many long days and many miles from pre-dawn darkness to stumbling into camp hours after dark just to get to this point, but now is when the real work begins!

The hard reality of getting a downed animal from a remote basin to a trailhead takes as much wilderness knowledge as does the hunt itself and often comes with a great deal of sweat and muscle cramps too boot.

Critters have a nasty habit of dying in the most inconvenient place they can find. This can mean that breaking down your kill into packable pieces is not going to be easy but it must be done and it will take some specific tools and equipment to do the job.

The five most essential tools for this task are a good knife, quality game bags, para-cord for lashing meat bags to the pack-frame, a

quality back pack capable of hauling 50-70 pounds of meat and hunting gear and a trekking pole (or two) to help you stay steady and balanced under a heavy load.

Some hunters do carry the extra weight of a light meat/bone saw and a light weight hatchet, it is a personal choice and equipment chosen is often because experience dictates it is a wise choice.

Many articles on this subject will have nary a mention of utilizing trekking poles to help you manage such a heavy load, I think that is in error. Trekking poles are a tool designed to ease your way more safely through and around odd obstacles and to help extend endurance under stressful loads. Not to mention support when navigating through all sorts of undesirable weather, so consider trekking poles as essential equipment would be my advice.

Ultimately packing raw and pliable meat is a very physical job, stabilizing meat on a pack frame is tricky, but it can be made easier with some good decision making. Today's modern hunting packs carry hefty nylon lashing straps built in to the bag and frame, that being said, having an extra 20' of para-cord handy will often prove to have been a good choice.

Quartering an animal actually means that you have four quarters of primary meat and bones (the four legs, with hips and shoulders attached, and with the hoofs removed), plus a separate bundle for the ribs, the head/neck and the hide for a total of seven pieces. So why do they call it quarters instead of seven pieces, I have not a clue, it's just what it is. Quartering is easier and quicker than boning out the meat but it is also heavier and more labor intensive when you need to carry the bones as well as the meat. Bones can add as much as 30-40% to the weight of the load, but on the plus side they also aid in adding some rigidity to the load.

Boning out the meat requires a series of smaller meat bags. Quality game bags are handy in either case as they keep dirt, air and flies off the meat and bones, for boneless meat they provide the structure necessary for lashing to the frame of your pack. Some hunters carry a small meat saw and separate the ribs from the backbones and bundle them with ribs attached, other hunters separate the meat from the ribs and leave all bones behind. The decision is usually made on the ground considering the issues of the moment, such as "is a thunder shower coming", do I really have time to remove the meat from the rib cage, will I get to camp before midnight, and just how steep is this canyon or was that a bear I just heard in the brush?

The pack is a crucial piece of equipment and some choices need to be made. First one must decide between an External and an Internal Frame pack. The advantage of the external frame is that with many brands you can purchase one frame that can be used to alternate between larger and smaller bags depending on the size of animal you are hunting. A medium sized back (2200-2500 Cubic Inches) for day hunts or when hunting medium sized game like deer or a 5000 Cubic Inch pack for larger game or extended multi- day pack-in hunts.

Many external frame system packs come with a meat shelf that enables the hunter to put the meat bags between the pack and the frame and this keeps the pack and its contents cleaner and positions the meat closer to the back where it is easier to carry. For larger game like elk, moose, caribou, a frame pack is the more common choice for its ability to carry larger volumes and weight.

The advantage of the internal-frame design is their compactness and capability to load meat directly into the bag that stays close to the back and makes maneuvering this heavy load safer and easier around obstacles and there are always far too many obstacles one must avoid. I have found that a separate pouch is usually needed to

carry your hunting gear that was residing internally in the pack and now must be lashed to the outside or on top of the pack.



- L-R
7,000 cu. In. External frame. "Meat Hauler" (you can see the metal meat shelf at the bottom) for large game deep wilderness hunting.
5,000 cu. In. Internal frame for local deer or bivouac (overnight) trips.
2,200 cu. in. Pack with stool (a favorite for natural ground blind hunting).
1,800 cu. in. Day pack for hunts where a lot of ground is going to be covered.
800 cu. in. For scouting or morning or evening hunts.

If you are not hunting solo and have buddies nearby to help, packing out a boned out local deer can be divided between several hunters and completed in one trip. A local deer will bring you 35-40lbs of boned out meat which will usually fit nicely in a 2,000-2,500 cubic inch pack. Your hunting gear, the head/neck and the hide then can be divided up between your buddies.

There are several companies that specialize in packs designed for the hunter who must traverse off trail in rugged broken country.

These are not cheap, nothing good in hunting is these days, but they will last a lifetime, work hard and prove themselves over and over and leave you with great memories.



Eberlestock 170 Skycrane

Eberlestock with their Emod-system is very hard to beat. Mystery Ranch is another and I also like KUIU Products. The people at KUIU are lifelong traditional archery bowhunters and that translates into ultralight gear more than capable of handling all the needs of the hunter. My advice is to google all these companies and others, look them over and choose the best bag system for your needs.

Large game like elk, moose, etc. require a great deal of effort and often many trips from kill site to camp and back. Having many hunters in camp to help with this chore is a blessing. If you are working with a professional outfitter who has a string of pack horses

with sawbuck saddles for game quarters as well as a head and rack and panniers for carrying out boned meat, you will realize that this is as good as it gets!

I do have one last little trick that I like for hunting locally. I pick up nylon school book bags at the 99cent store each fall. I can usually find them in blaze orange color. Each bag will usually hold about 15lbs of boned out meat, the zippered bags provide good structure for the loose meat and one bag will usually hold the entire hide of a local deer. They are easy to lash to a frame and it makes it easy to divide the weight between hunting buddies. They are washable and can be reused although the wife doesn't always want bloody bags in her laundry room. The blaze orange color makes it visible when hiking out and I like that during hunting season.

Remember before leaving a kill site use the arrow that you used in the harvest to puncture the stomach and intestinal track to eliminate bloating and heavy scent that will attract predators to the site, especially if you have meat hanging or waiting for your return to carry out. If you do have to return for a second or third load of meat it makes a lot of sense to hang your meat bags some distance away from where the gut pile lies. When returning for a second load - it is not fun to find a bear or mountain lion sitting on a kill site and gorging himself on your hard-earned kill, so follow common sense rules and enjoy your venison.

Till next month,
Curtis

Typical Field Dressing Kit



Top Pocket

- Nitrile gloves
- Moist towelettes
- Drying towel
- Heart & Liver bags
- Tag holder

2nd pocket

- Field Dressing Knives (4) (shown off to the side)
- L-R Skinning, gut hook with saw edge for bones/joints, meat knife, caper for those delicate areas.

3rd pocket

- Hauling strap, boot laces (72' & 54") for lashing meat, tracking tape, track measuring ruler

4th pocket

- Meat bags

To the side:

- extra meat bags for back straps & tenderloin
- Orange day pack for hauling boned out meat.

ADOPT-A-TARGET (CVA Roving Range)

All of our target lanes are currently adopted. If interested in helping to care for one of them you can contact one of the Board Members.

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	William Bachellar
7	55 yrd field 53 yrd walk-up hunter	Lucus Graham
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase

15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents
16	50 yrd. field 48 yrd. hunter	Ben Spielman
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	William Bachellar
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia



805.581.1671
2150 Agate Court • Simi Valley, CA 93065

NEW MIDDLE RANGE TRAIL

ALL LANES HAVE BEEN ADOPTED

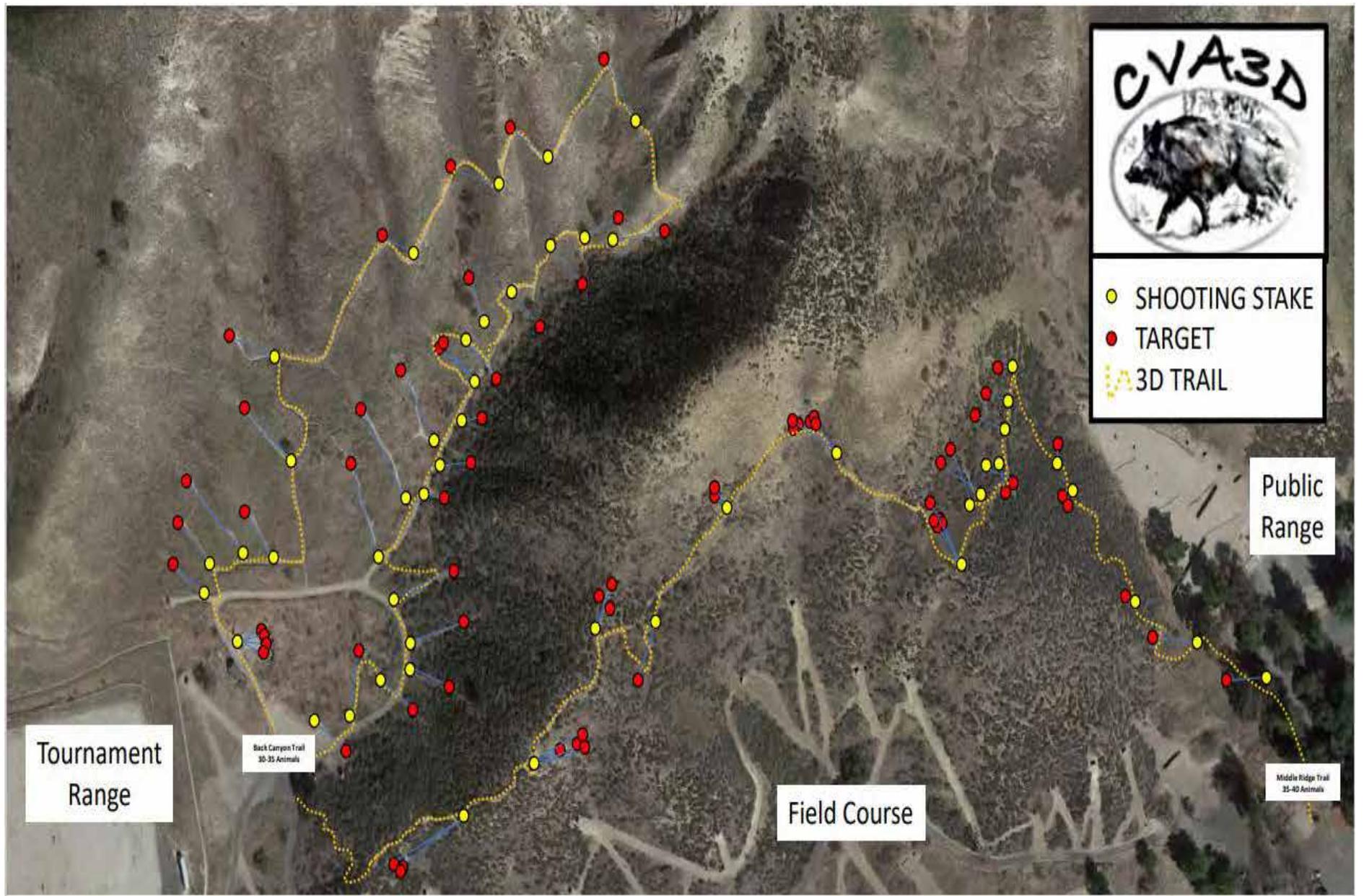
Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9	Carlos Parada	Deer
10	Carlos Parada	Deer
11	Brian Rohrer	Turkey Flock
12	Howerton Family	Raccoons & Ground Hogs
13	Howerton Family	Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear



CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Bonnie Marshall	Membership Chair, Coach		805-328-4721
Noah Barlow	Volunteer Hours Coordinator		
Richard C. Silverio	Volunteer Hours Coordinator Communications, Instructor	richardcsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	

CVA 3D Ranges MAP



CONEJO QUIVER

November 2022 Issue



The November Club Shoot and General Meeting (11:30am) will occur on November 27, 2022 per our normal schedule. Please wear an appropriate protective face covering while on the range and during the meeting if you haven't already received your COVID-19 vaccinations.

FROM THE EDITOR

John Downey, Editor

Welcome to November Issue of the CVA Quiver.

November hasn't been quite as busy as last month for the club when we elected new club officers, hosted our **Fun in the Sun Zombie Shoot** (chaired by yours truly), and celebrated the end of the club year with our **Annual CVA BBQ and Awards Ceremony** (see pics inside this issue).

The Club however has been putting the final touches on our December 4th **Santa's Workshop Toy Shoot** (see flyer and pictures from the target pasting party). Please make plans to attend this event to help us bring in 100 or more toys for the less fortunate.

We have most of our usual irregulars again this month with a lot of good information. Curtis has some good advice for us all in his article **"NICE AND EASY DOES IT EVERY TIME"**. We also have another JOAD article (courtesy of Geoff Houghton) complete with photos from their Halloween Shoot.

Finally, if you've ever thought of participating in one of our monthly club shoots, and wondered how handicaps are applied to the scores, or how to qualify for one of our club trophies, make sure to check out my Club Tournament News column.

Hope to see you around the range soon.

Regards
John Downey, Editor

FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: Currently the range is looking good, however those with adopted lanes, please keep an eye out for weeds. Maintain them sooner rather than later as with the recent rain weeds are going to start sprouting and get out of control quickly. Also, your lanes should be shootable from all stakes, so be sure that any overhanging branches and brush is trimmed back so the target is shootable from all expected locations.

I also want to express my gratitude to both Mike Keena and Kevin Clopefil for their hard work and dedication to keeping our range shootable. Both were out of town hunting during our Club Banquet, so I wanted to be sure that their efforts were recognized here as well. I am personally grateful that these two gentlemen are part of our club; their leadership, dedication, and diligent efforts in keeping our range shootable does not go unnoticed. The work that they and their team volunteers does often is only noticed when it isn't done. Well, I notice, and I know many other club members do as well. Mike and Kevin – thank you so much for all you do!

Field Range: We continue to have problems with members moving targets from lane to lane, taking target pins, and pinning targets to the bales with the pin located in the scoring area of the target, and parking on specific lanes on the range. All of these things are 'no-no's'. We will go over each 'transgression' in detail as I did in last month's article.

1. **Moving targets from lane to lane.** Our range is a NFAA certified 28 target field range. That means that each station's target (color and size) is *specific* to that lane. Moving a target from one lane to another might be



expedient when you are shooting but is negates our certified range layout and impacts members that are practicing for the club shoot. *Please do not move targets from the lane they are posted on.*

2. **Removing Target Pins from the Range.** We have a problem with members taking pins from the target lanes. Each lane requires a certain number of pins to post the targets. When you remove them, during the monthly range reset we do not have the necessary equipment to setup the club shoot. This impacts club members that are shooting the club shoot for awards. Pins are not free; the club pays for them. If you need pins, purchase them yourselves. *Please do not take target pins from the range.*
3. **Posting a target with the pin in the scoring area of the target.** As archers, this really should be a no-brainer. Think it through, if there is a pin that is in the scoring section of the 3 ring and an arrow hits it, that arrow will most likely break. Some of your fellow club members shoot very expensive arrows and would appreciate the targets being posted with the pins outside of the scoring area. I have a report of an archer that lost a \$35 arrow due to someone pinning a target in the center. *Please post targets with pins OUTSIDE of the scoring area of the target.*
4. **Parking on Bales.** Parking on a bale is shooting dozens of arrows into a single target on the field range – over and over again. This prematurely destroys the bales, ruins the posted target, and increases the needed frequency of range maintenance. As a FYI, some clubs (Oranco for example), will remove you from the club if you are caught parking on a target...and this behavior has become so egregious at CVA that I've considered speaking to the Board about adding a

similar consequence at CVA. Parking on a bale shows disrespect for our property, our investment in assets, and the club as a whole. If you want to park on a target, bring your own target bag and targets. *Please do not park on targets on the field range.*

Tournament News

CA State Indoor: This shoot will be happening the first week of June JOAD on Friday 1/6, and the State Shoot over Sat / Sun, 1/7-8. As of the writing of this article, there are 10 morning line slots available, and a bunch of JOAD slots on Friday. Don't wait, register now.

Pasadena Senior Games: Due to the significant personal effort in hosting State Outdoor, my wife and I do not have the capacity to continue as Commissioners for the Sr. Games.

We are looking for a CVA volunteer to be the Commissioner to take over this shoot. The position requires working with the Pasadena Senior Center to handle registrations, flyers, etc.

Rose and I will train the volunteer on how to run the shoot first year. If we do not get a volunteer before the end of the calendar year, I will contact the Senior Center and inform them that CVA will no longer be able to host the Archery portion of the Pasadena Senior Games.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

If you shot a tournament and earned a medal, please let me know so I can recognize your achievements. We are proud of our CVA shooters and want to celebrate your wins!

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

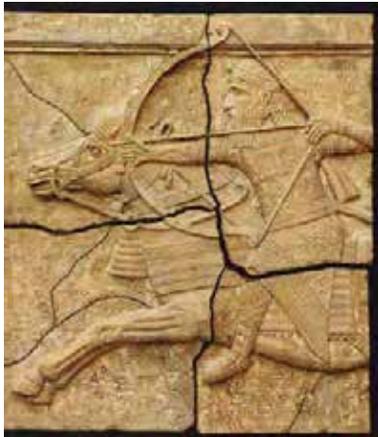
All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!



Assyrian Archers



FROM OUR VICE PRESIDENT

Cathy Linson

WORK HOURS GIFT CERTIFICATE WINNERS

This year at the banquet we gave out 8 gift certificates to our wonderful members who put in actual volunteer hours, i.e., hours above and beyond those that are required for working members. Everyone who worked 75 hours or more had their name entered into the drawing and gift certificates in the amounts of \$75, \$100 and \$150 were given to folks who worked 75 -100 hours, 100 - 200 hours and 200 plus hours. The gift certificated were to Cabela's and Bass Pro.

Philip Mastinick and Erick Hammerquist were the recipients of \$75 gift certificates. Those whose names were drawn for the \$100 gift certificates included Kevin Cloepfil, John Downey and Kevin Knebel. While The Hoberg Family, Bonnie Marshall and Wendell Wright took the \$150 certificates.

John Downey donated his to the JOAD program for purchases of equipment and Wendell Wright donated his to the 3D fund.

HELP AT THE PUBLIC SESSION

We continue to need people to help at the Public Session. If you are looking for a great way to get your hours completed or have time on Saturdays and enjoy working with the public, please consider joining us. In order to cover every weekend, we need lots of people. You do not have to be a qualified instructor or coach but do need to complete Safe Sport training and a background check. Please contact me or any board member if you are interested.

TRACKING WORK HOURS

Two people have stepped up to help me track hours this year; thank you Dawn Lutrell and and Kirsten D'Agostino. *I am hopeful that we will not have a repeat of the past couple of years but plan to remain very involved in the process. We will start posting hours again within the next couple of months. In the meantime, if you have any questions feel free to contact me.*

*See you at the range,
Cathy*



Statue of Robin Hood

Yesterday An Archer was Born

by Jerry Hill

(NOTE: This article was copied from the Jerry Hill Facebook Page)

“On November 13th, 1899, the King of Archery was born. Little did he know at the time that he during his life would become so widely known in the sport of Archery, plus make such a difference.

At the age of 4, his daddy made for him a little white oak longbow and several arrows. He went off with his dog friend Tip in search for an animal to shoot. As luck would have it, Tip jumped a rabbit from its bed and the race was on.

Little Howard might have only been 4 years old, but he was a product of his daddy who was not just a farmer but a fisherman and hunter, so hunting was in Howard Hill's blood from the day he was born. Howard being only 4 years old, might seem impossible when compared to today's young of the same age. But times were different back in 1899 and children learned fast. First after birth, they learned words, then how to walk and run close behind the walking. After learning to run, little Howard never looked back over his shoulder. His eyes and mind was affixed on the future and what adventures could be found there once reaching running to and fro. So running from one adventure to the next was bred into little Howard, and run in the sport of Archery he did do.

After killing the rabbit that Tip had found for him, he hurried back home to show his daddy. Of course his daddy was amazed and little Howard was jumping with happiness that it was he that would be providing fried rabbit to eat for supper. At the supper table, he would be the "Star" and center of conversation as he told and retold his story of how lady luck aligned herself with his arrow. With each telling, the story got bigger and bigger, till finally his daddy had to stop him from talking so much and eat before all Howard's rabbit was gone.

That night little Howard laid in bed thinking about what had taken place that day and the attention it had brought to him from others.

Naturally the killing of that one rabbit help mold a showman like the sport of Archery had ever seen. Little Howard dreamed of the killing of an Elephant and held onto that dream.



Howard Hill

As Howard's life continued to pass, each and every bit of time seem to be an advanced story told. There were other Archers about, but Howard was not the average Archer. The wilds called his name and there he was at home. Upon returning many referred to Howard as a Wild Man, cause during which time going and doing armed only with a bow and arrow was considered crazy and only

asking to die. Reason and purpose in life was his like no other Archer. Archery was not a kids game to play, and his goal in life was to prove that a well placed arrow into an animal was equal to the gun. This he accomplished once he killed his first Elephant, the animal prize larger than all the rest on planet earth.

The accomplishments Howard Hill achieved in life will never be matched by no other Archer. Some that admire him, might go about imitating trying to make others believe they are his equal. But that is an impossibility and only a foolish game to play. Be yourself and nobody else. Being associated with a famous other is one thing, but being recognized by your own contributions within a sport is far more rewarding than being known as an imposter or imitator. There was and is only one Howard Hill, shoes worn by an Archer that will never be filled by another Archer.

An Archer/ Bowhunter that went from the killing of a running rabbit in Wilsonville Alabama at the age of 4, to the jungles and plains with high grasses, vast rivers with waterfalls and more animals than could ever be counted, to being the first to kill not only one but three Elephants with his longbow and special made arrows. The meeting of people's of tribes that lived so differently, but held so much knowledge on how to hunt and make from iron their own spears and arrow points was an enjoyed experience for Howard Hill himself. A dream he had held onto after that first rabbit kill. A dream so serious in a young boys mind, his daddy recommended to his little son, that if he ever tried to kill an Elephant with his bow and arrow, he needed to talk to someone with more authority than he. Little Howard ask as to whom it was he should talk to about his future plans. His daddy answered, "the man upstairs, God". Little Howard listened and as time in life passed, Howard and God had many conversations together. Howard asked that God help him to be a better Archer, and his prayers were answered. Howard found his God given gift, when it came to shooting his bow and arrow. He ask God to show him the way to get to Africa and God answered. He ask that he and his safari gain safe passage and not be killed. Howard learned who was in charge of their safety as several

times near death came knocking at their door. One time a raft was over turned crossing a river by hippo's and crocodiles killed and eat several native porters. A large snake wrapped itself around his friend Ed and Howard hearing his screams for help, ran there and with one arrow shot killed the snake which set his friend free. A lion charged Howard Hill and less than 10 steps in front of Howard, he shot an arrow he knew would be his last opportunity to do so. The lion was hit between its eyes killing it, while being on a dead run. Howard Hill admitted later that he did not shoot the arrow, but God did because it was not his time to die. He was close to his God, and during his praying at our table during meals together, you could feel God being there. When Howard Hill prayed it wasn't like normal prayers said. When Howard Hill prayed it was as tho, he was having a conversation with God and a stillness was all about. When Howard Hill finished with his prayers, your own heart was touched in a way to never be forgotten.

Howard Hill is not gone and therefore does not need replacing by another that may dream of filling his shoes. Howard Hill is very much still a part of his chosen sport today as he was during his yesteryear. Let no other try to take his thunder from him or he'll show you who still is the true best Archer, by splitting your arrow with one unrehearsed shot with the help of God. “

Jerry Hill

NOTE:

Howard Hill was the one of the only archers that the movie industry would trust to shot outlaws out of the saddle on running horses etc. His skill is aptly demonstrated in the Errol Flynn version of Robin Hood. Howard taught Errol how to shoot for the movie, and is one of the archer's that Robin shoots against in the archery contest. Amusing to see Errol outshoot Howard in the movie. The Two Disk Special Edition of Robin Hood has a number of shorts on Howard Hill as well as the classic Looney Tunes *Robin Hood Daffy* cartoon.

New addition to the Ritterbeck Family

(Editor - Another archer is born)

Justus Leone Ritterbeck



10.10.2022 9.5lbs 21in.



CVA member, J. Ritterbeck, won one of our Range Record Trophy Knives at our recent CVA Banquet, and has moved out of state.

First aid kits

First aid kits are available at sites most of you are already aware of , including the Public Session (PS) entrance, the PS Bin, the Kitchen, the Tournament Range, the Field Range, the Middle Ridge Trail, and the 3D Range. You should take a moment the next time you are at the range to check out the locations especially on the ranges you usually shoot; ask your fellow archers if you are not aware of the above first aid kit locations. Presently there are 10 first aid kits each containing identical items; this helps me manage their contents keeping them fresh and up to date and helps you to know what first aid items are available to you should you require them. The picture below shows these first aid items.



The kits are inside white lock boxes clearly marked; see picture. Each lock box has a breakable plastic tie attached to a wooden handle. When pulled the lock box can be opened, this allows anyone to see from a distance that a first aid kit has been used so I can replace any missing items and keep the kits up to date.

I will gladly accept any calls or text messages regarding these CVA first aid kits, my number is 805-603-5585. Let me know if you see that a kit has been opened or needs attention in any way.

Thanks for your attention and remember Safety First!

Thanks,
Arthur Robertson



Photos from the CVA Awards Banquet



Kurt kicking off the shindig



JBD getting ready to hand out the awards

The Big Winner!



Oscar Melendez was the big winner, picking up the **Club Trophy Belt Buckle**, **FS Range Record Trophy Knife**, and **Perpetual Trophy** (highest Scratch Total from 10 Monthly Shoots). Oscar has won all three trophies several times now.

Traditional Club Trophy Winner



Brian Carter won the **Traditional Club Trophy Belt Buckle** shooting MS Trad Recurve Class.



Fred Levin Memorial Trophy Winner

Norman Rice

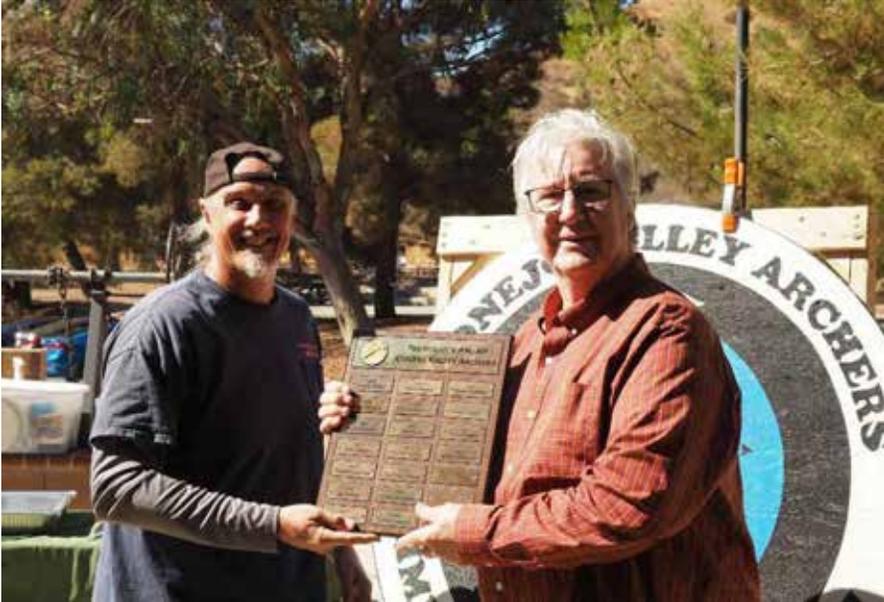


Norm has won this rotating trophy every year from 2012 to 2022



President's Award

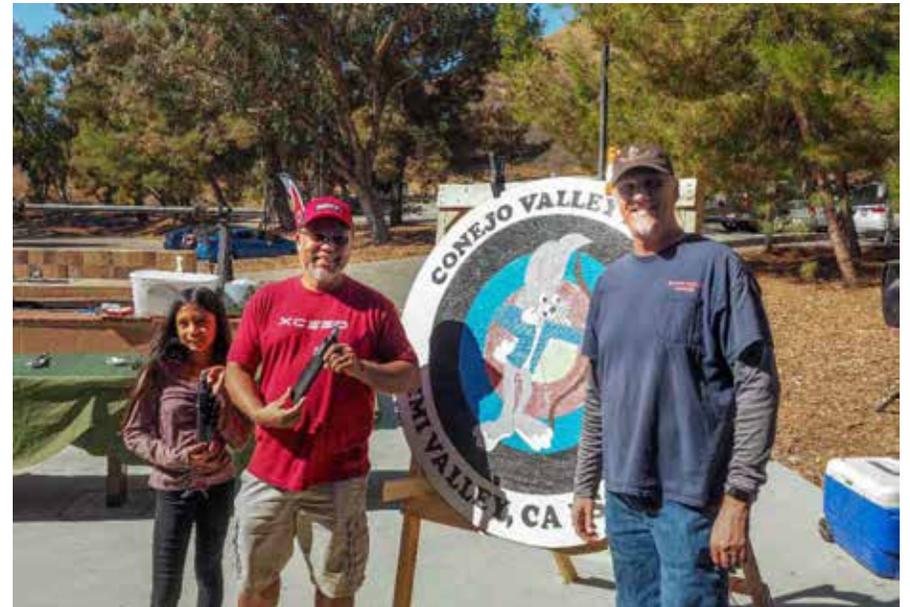
Kurt Hoberg presenting Arthur Robertson with the award



Brian Carter won Range Record Trophies for both the Master Senior BHFS, and Master Senior Traditional Recurve classes



Geoff Houghton and his special recognition award for JOAD Coach presented to him by Ken Downey



Cassandra & Richard Silverio won matching Range Record Trophies for Female Cub & Adult Men's Barebow classes



Brothers, Charlie & Jack Houghton, won matching Range Record Trophies for Men's Cub FITA, and Youth FITA classes



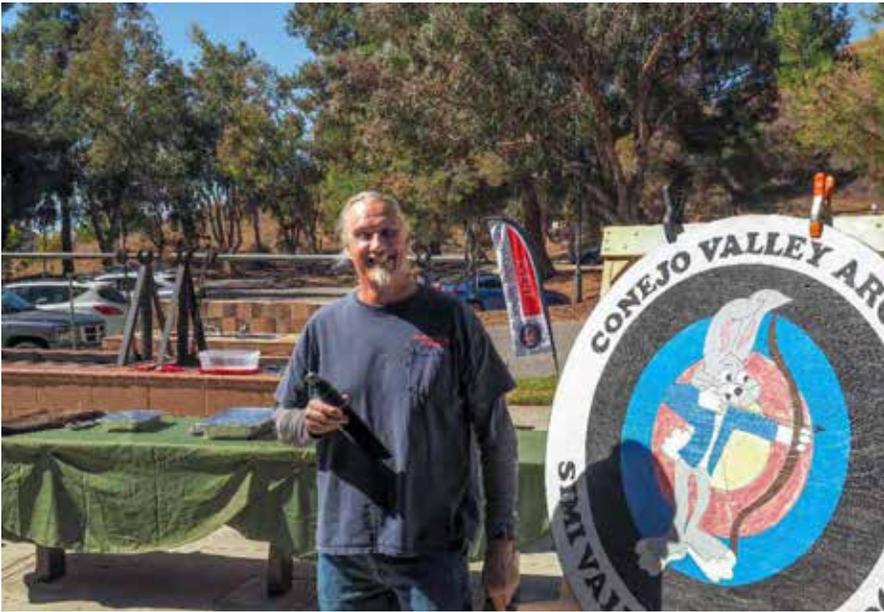
Rachel & Jaclyn Howerton won trophies for Female Adult Barebow and FITA classes



Jeff Owens won Range Record Trophies for Master Senior Men's Long Bow and Self Bow Classes



Jim Collins (Men's Adult BHFS) and Nathan Collins (Men's Young Adult FS) won matching Range Record Trophies



El Presidente Kurt Hoberg and his Range Record Trophy for Men's Master Senior Adult FITA Class



Oscar Melendez and his Range Record Trophy for Men's Adult FS Class



Norman Rice and his Men's Golden Ager BHFS Range Record Trophy



Morgan Thomas with her Range Record Trophy for Adult Female Trad Recurve Class



AMAZON SMILE CVA Unique Charity Link

This link will take you directly to smile.amazon.com in support of our organization so you won't have to search for the CVA charity among almost a million other organizations. Use this link whenever you order something from Amazon and Conejo Valley Archers will benefit monetarily (see image below). It's the easiest way for you to find and support CVA.

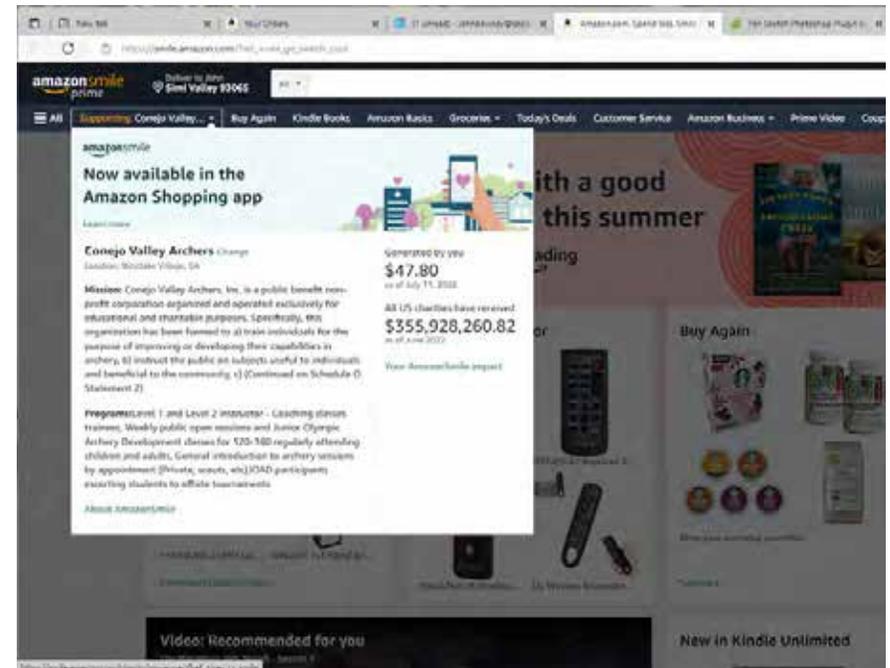
<https://smile.amazon.com/ch/44-0103793>

Once it has been added you will see "Supporting: Conejo Valley Archers" in the top left-hand corner of your browser screen.

Tom Swindell holding the **Top Five Traditional Archers Trophy**. Tom also won one of our Range Record Trophies for GA Trad Recurve



Cake for everyone ... yum!



Santa's Workshop Toy Shoot Pasting Party



The "Infamous" Target Target





Monster Trucks?



Gene Foster

TRADITIONAL RENDEZVOUS



November 12th & 13th, 2022

Shoot Fees

	Pre-Registration	At Shoot
Adults	\$35	\$40
Couples	\$45	\$50
Family	\$50	\$55
Senior (60+)	\$30	\$35
Young Adult (15-17)	\$25	\$30
Youth/Cub/PW	Free	Free

Pre-Registration must be postmarked by October 22, 2022

Shoot starts at 8:00 am
Rain or shine

*No sights, stabilizers or elevated rests
Must shoot off the shelf
Longbow Division (Wood Arrows Only)*

Mail Pre-registration to:
Fresno Field Archers
PO Box 764
Squaw Valley, CA 93675-0764

Dinner served
Saturday night

Breakfast lunch
Saturday and Sunday

*Plenty of camping
Available*

No open fires

Scorecards must be in by 2:00 pm

**Practice rounds available on
November 11th & 12th**

Contact:
fresnofieldarchers@gmail.com
559-816-7184
or
Visit our website at:
www.fresnofieldarchers.com

Friday Night

"Dutch Oven Potluck"

*Bring your Oven and your favorite
recipe or just bring a dish!*

Saturday

Foster Bucks Novelties
9:00 am - 2:00 pm

Action Archery

Pop-Ups
Running Pig
Speed Round
Distance Clout

"Last Man Standing"
Plus some new challenges

Sunday

42 3D Targets
UNMARKED YARDAGE
HUNTING CONDITIONS
2 ARROWS

Name _____ Phone _____
Address _____ Email _____

Name	M/F	Senior 60+	Adult	YA 15-17	Yth to 11	Cub	LB	RC	Self	Total

2-Mulligans/1-Doe tag \$2 each or Mulligan deal 3 for \$5
Saturday Night Dinner \$10 each
Total Registration



Conejo Valley Archers



Toy Drive

Sunday, December 4, 2022

This is a Rain or Shine Event

30 Novelty and 3D Targets

2 arrows, marked yardage, 10-8-5 scoring

All score cards must be turned in by 1:00pm

REGISTRATION
7:30 - 8:30 AM
Compound
Recurve
Longbow

COST: One unwrapped
toy per archer-min
valued \$15.00
(Two Toys per Family)

ADULTS
YOUNG ADULTS 15-17
YOUTH 12-14
CUB 11 and younger

Matchbox for Mulligans: 2 Mulligans can be "bought" for 2 toy cars (or \$1 each)
Snacks, water and beverages available on range

Directions: 118 Fwy to Simi Valley, exit Tapo Canyon, Go North 3 miles, turn left
into Tapo Canyon Park. The range is inside the park. No dogs allowed.

For information on the Toy Drive: editor@cvarchers.com

For Club/Shoot/Schedule Information call the club phone
805-328-4721 Or visit our website www.cvarchers.com

SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



JOAD – Always On Point

November 2022

Hello CVA and JOAD Families!



Happy Thanksgiving! Ken and I send warm wishes and full bellies to everyone at CVA. We are thankful for our archery friends and families and for a beautiful place to share our favorite sport. There are many things to be thankful for...health, prosperity and an arrow in the 10 ring.

Since the last Quiver, the JOAD students enjoyed a fun Halloween themed shoot that found us with plenty of candy, treats and challenging targets. Some of our JOAD archers were dressed in costume including a ninja, bumble bee, fairies and elves, and the ever popular 80's attire. Ken and I placed themed targets with different point values and had the kids do a 12 end shoot off in the style of King of the Hill. There were even a couple of strategically placed 100-point areas, and yes, a couple of students did get these!

Unfortunately for our JOAD program, our Thanksgiving shoot had to be cancelled. The day that Ken and I planned for this event the winds were howling, and were too strong to host JOAD. We will save our fun targets for early December and share pictures then.

Thanks again to our JOAD families for always helping and sharing the love of archery with the kids.

See you at the Christmas Shoot!

Ken and Geoff



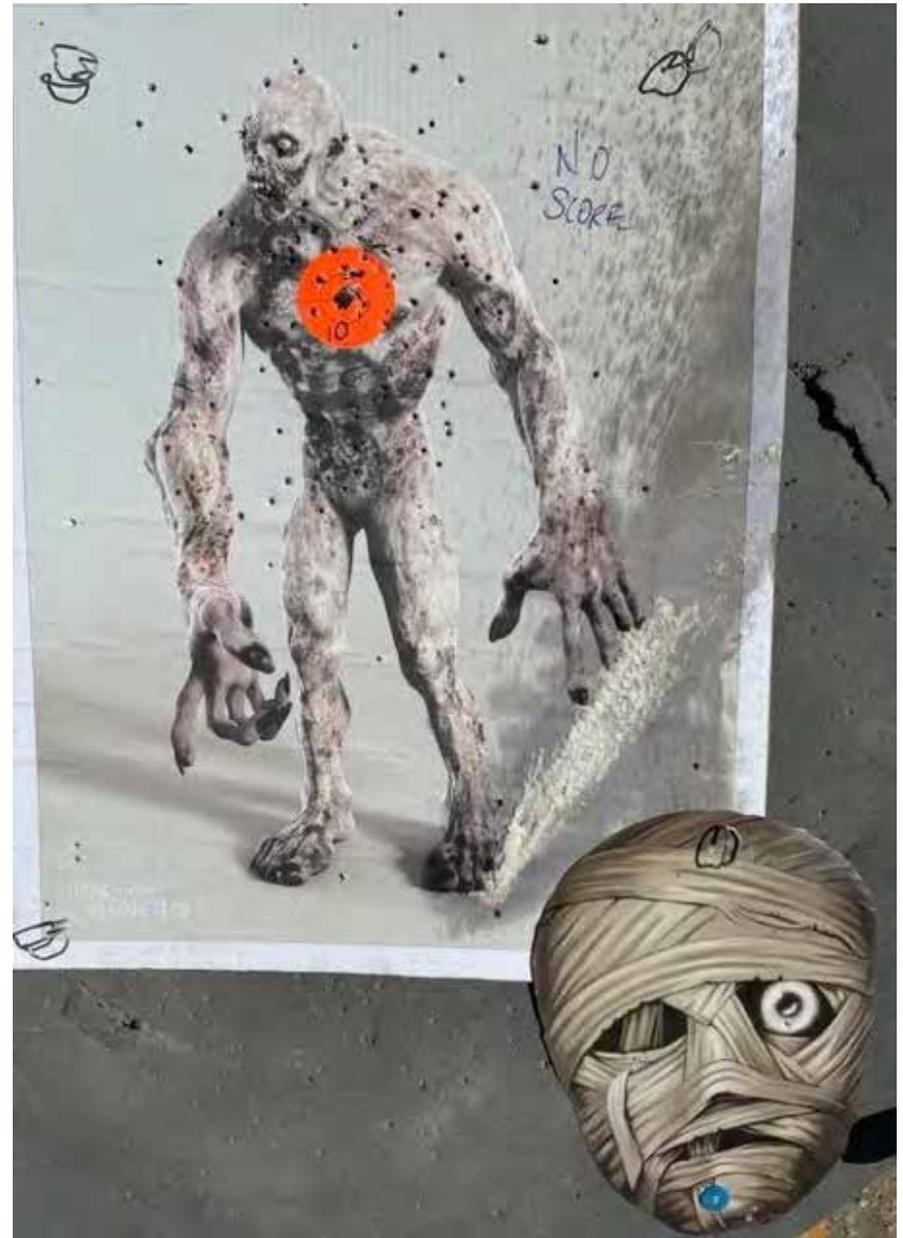
We included a cancer voodoo doll that if the archer shot a particular area won a very special prize.



The start of the themed targets, including pumpkin prizes!



The kids cycled through each target in a "King of the Hill" type of shoot.



The mummy target. This target kept the kids *tied up* for a bit.



We called this target, Shrek on steroids.



Adding up their scores in costume of course!



Each target face had different Halloween themes. One was even named "Katy Perry"



Halloween targets are ready!



Our JOAD families are the best. Check out these witch finger treats!



And cookies! These didn't last long.



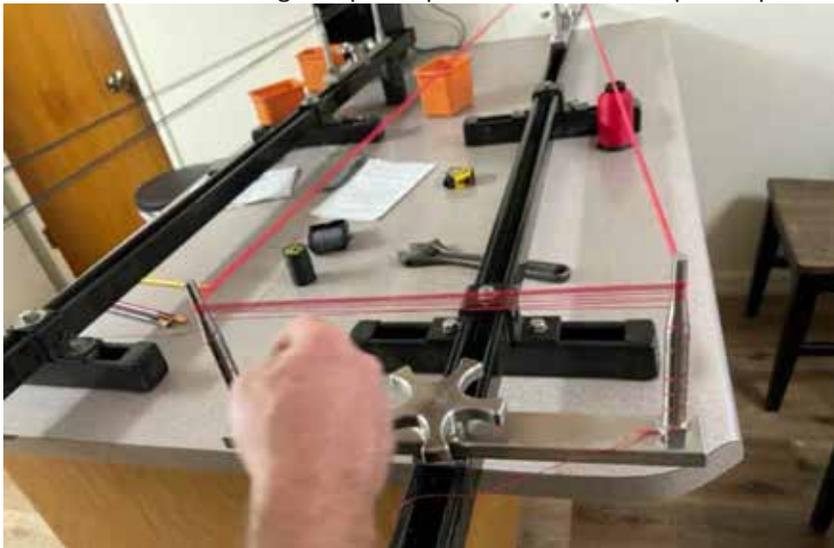
Ken's costume....the man in black?



Giving the finger, literally...



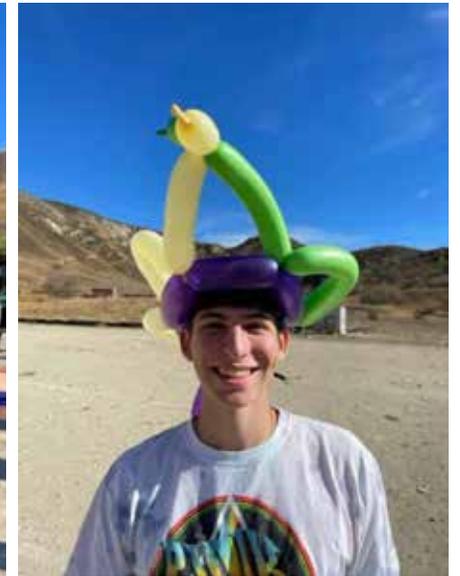
Our Cancer Voodoo target. Special point values and a separate prize!



Ken and Geoff spent some time making strings for the JOAD bows.



Post Halloween fun. Nice line up!



Rhett won the balloon shoot off so of course he got the crown!



Isabelle and Michelle working on form.

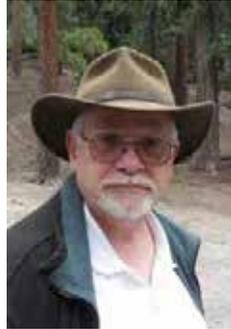


Ken and Geoff were kind enough to host a team building event for a local biotech company. They are doing great things to help cure cancer (Geoff also works there 😊)



Club Tournament News

John Downey – Tournament Director



Congrats to all our trophy winners – see pics in this issue. George Connor, Terry Marvin, and Brian Rohrer also won Range Record Trophies but we seem to be missing photos for them.

So how do you win one of our club trophies? Good Question.

All of our trophies are awarded based on the archer's participation in the monthly club tournament (a minimum of five club shoots required for an award). Our Range Record Trophies are awarded to the individual with the highest scratch score for their respective Age, Sex, and Shooting Style. So, if you are an adult male shooting Traditional Recurve, then you compete with other adult men in the same age (Adult, or Master Senior or Golden Ager) and Style category. We mostly follow the NFAA rules and shooting categories i.e. Trad Recurve, Trad Longbow, Free Style, Bow Hunter Free Style, Barebow, etc.

Our two Club Trophy Belt Buckles are awarded based on handicapped scores (similar to a bowling league). In our case, handicaps are applied starting with the archer's third club shoot score in the new club year. Every year we start over again fresh, with no handicap applied to the first two club shoot scores.

As the Club Trophy Belt Buckles are awarded base on the highest handicapped score average you actually need to have shot 7 club shoots to win won of these trophies (remember you don't receive a handicap until your third club shoot).

O.K. So how are handicaps determined? An example is in order.

Our club uses the standard NFAA scoring round where a perfect score is 560 points. We have 28 lanes in our Field Round, and a total

of four (4) arrows are shot in each target lane. Each arrow shot can score a maximum of 5 points each, so there is a maximum of 20 points for each of the twenty- eight, and therefore a maximum total of 560 points for a perfect score.

Handicaps are applied first to an archer's third club shoot of the year, and are calculated by taking eighty percent of the difference between the archer's three-month scratch average and 560 (perfect score).

Let us assume that JBD, awesome archer that he is, shot a 480 in the first club shoot of the new year i.e., the November Club Shoot, and then 500 in December, and finally a 520 in January (hey it could happen). OK, my three-month scratch average would be 500 points, i.e. $(480+500+520)/3 = 500$. The difference between my average score and 560 would be 60 points, and my January handicap therefore would be 0.80×60 or 48 points. That 48 points is then added to my third score of 520, giving me a handicapped total of 568 points. You'll notice that this is more than a 560 perfect score, so that is possible. Aren't handicaps interesting.

Now, if JBD shoots 510 in February (10 points less that the December score), the new handicap applied to the February score would be $(560 - (500+520+510)/3) \times 0.80 = 40$ points. So, the handicapped score total would be 550 points (i.e. $510 + 40$). I'll let you verify this with your child or the neighbor's kid.

On a final note, I encourage you to try shooting our field range if you haven't already. Our members are very friendly and would be happy to take you around the range to get you started. Each of the 28 target lanes has an instruction sheet for you to refer to as well.

Keep stick'n them pointy ends in the target.

Hope to see you around the range.

John Downey - Tournament Director

“NICE AND EASY DOES IT EVERY TIME”

A column for the “Conejo Quiver” by Curtis Hermann
November 2022

An active life is a healthier life, a point I think we can all agree on, certainly one that is supported by the medical community. Yet there is a movement “*out there*,” also supported by the medical community, that says there are times when you should embrace a slower pace, an approach commonly known as “slow living.”

“Slow living is not about doing less, but doing more with greater focus and at the right speed,” says Laura Malloy, director of the Successful Aging Program at Harvard-affiliated Benson-Henry Institute for Mind Body Medicine. She adds, “It’s about enjoying the moments and putting more energy and enjoyment into fewer things.”

Archers and bowhunters (or at least this archer/bowhunter) would describe this process not as “slow living,” but as “becoming one with the rhythm of nature.”

It always catches the reader’s attention when you read “Harvard-affiliated” or “Institute for Mind Body Medicine” and it gives the topic a “certain gravitas” to use such words, but I can you tell you that I received this very same training over sixty-five years ago by an old-time bowhunter, archer and mentor by the name of Clarence J. “Bud” Vornhagen. We could be talking about the process of making an archery shot, about observing the woods or prairie and listening to what the ground was saying to you, or the discipline needed to make that final stalk on game, soon Bud’s big hand would rest on this skinny kid’s shoulder and he would lower his voice to a whisper near my ear, “nice and easy Curtis, it does it every time.”

Now I could be wrong, I have been wrong (at least I think I might have been once or twice) but in my mind “Bud” was never wrong, his knowledge was gospel, at least when it came to the important things in life, girls, archery or hunting and taking it “nice and easy” in all things.

Shooting a bow can be done at a high rate of speed, he (Bud) once said, but speed is not the important part, if the mind is thinking “I have to be fast” it will be focused on being fast and accuracy will become lost in the process.

The way to do it, he said is with eyes **always on the target**, the drawing hand reaches over the shoulder and grasps the arrow nock between the thumb and index finger feeling for the index bump on the nock. Pulling the arrow from the quiver, down along the bow to the arrow rest and the thumb and index finger feel the bowstring and nocking point, placing the arrow nock on the string. In one fluid motion you come to full draw (**eye’s never having left the target**) and relax the release, nice and easy and don’t worry the speed will come!



You can go on U-Tube channel and pull up videos of young archers doing exactly this process of speed shooting today with incredible accuracy.

Archery is a natural choice to engage in a relaxed “quality over quantity” life style. Most archery competitions are at a relaxed pace, the process of the shot itself is just a very focused small chain of disciplined routines done in a state of relaxed confidence.

Using Ms. Mallory’s advice of practicing “slow living” (through archery) may indirectly offer health benefits, such as lowering your blood pressure or stress level as you become more mindful of your surroundings like a hunter that reads the forest floor. It can also improve your social interactions by teaching you to be more engaged in conversations where you listen more and talk less. In addition, slow living encourages greater awareness of your surroundings and how your body moves, so you are less likely to make missteps that could cause injury. Being more attentive, in turn, helps improve concentration and short-term memory.

Today you will read things like “take a mindful walk,” well a bowhunter would say “is there any other kind?” You pay attention

to your surroundings, you smell, you feel the breeze, you hear the birds, the insects, the movement of critters, you see the tracks, the trails, any disturbance in the brush or on the ground, you sense the intent of any form of critter nearby. Yes, a mindful walk, enjoy the sights, sounds, smells, touch of everything about you, soon you won't miss a thing that you would have normally just walked by without noticing.

Laura Malloy suggests you take up a new hobby, I say you have archery the world's most perfect hobby. Archery is a sport that one thinks of as a physical outdoor hobby but it has its artistic side. Cresting and fletching arrows tends to bring out the color creativity in one's soul. To create a dozen matched arrows to look like a beautiful bouquet is not only satisfying but very artistic.

Making leather items like quivers, arm guards, shooting gloves or tabs is also a hobby that comforts the natural craftsman that is hidden inside you. Many artists that specialize in drawing or painting wildlife or the outdoors are also bowhunters.

Even the making of a bowstring (especially a Flemish twist string) is a specialized niche in archery that is not only fun but a skill that will make you a lot of new archery friends!

Spending a rainy day indoors reading the poetry of Maurice Thompson's "The Witchery of Archery" or classic tales like the "Adventures of Robinhood," is just another way of enjoying archery and certainly qualifies as "slow living."

Finally, Laura suggests that you do one individual task at a time, "this helps you stay engaged until the task is finished and offers a wonderful sense of satisfaction and appreciation, which further reinforces the benefits of slowing down," says Laura Mallory.

Ms. Laura Mallory is a very intelligent and well-educated person who is definitely on to something with this "slow living" thing. Would it not be fun to slip a quiver full of arrows over her shoulder, place a longbow in her hand and spend a morning strolling the edges of a meadow or slipping through the shade of an oak flat with her as we go about sending arrows at that clod of dirt on the

far bank of that dry gully over there, or at that abandoned ant hill in the meadow or at that turkey feather on the ground below a roost tree. Let her experience "slow living" at the rhythm of nature that is at the soul of every archer, wouldn't that be fun!

We all know that our favorite sport called archery has all the components to make us a happy, satisfied, fun loving, life living human being and has done so for thousands of years!

It would be pretty hard to conclude a discussion on "Nice & Easy" without mentioning Mr. Nice & Easy himself, Mr. Francis Albert Sinatra who in July of 1960 topped the charts with the hit song "Nice & Easy," that still is popular today. Frank was not an archer or bowhunter and was often referred to as "chairman of the board" or Ole' blue eyes, but he was certainly the poster boy for being smooth and mellow. I often wonder if he ever got advice from a friend of mine called "Bud," or did he just know the true value of "Nice and Easy!"

.....

Let's keep those arrows in the air,
Curtis

Parts of this column were taken from a column by Ms. Malloy for the Harvard Health Newsletter and were blended with my own comments, this column is a non-funded work of volunteer service just for the fun of it.

This month's tip:

Archers are mobile people that travel great distances for tournaments or hunt and our winter is coming in southern California. You know that November brings us the "Santa Anna Winds," mountain snows, desert cold and rain from the coast to the desert and mountains. It is that time of the year to replace the windshield wipers on your vehicle, make sure your tires have enough tread to handle rain (or snow) and that your brakes are in good shape. Getting stranded on a trip to or home from a tournament or hunt due to bad weather or mechanical malfunction is traumatic

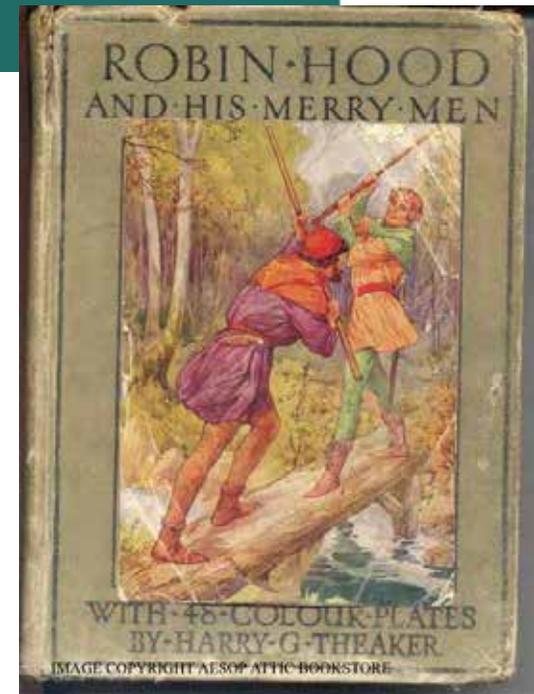
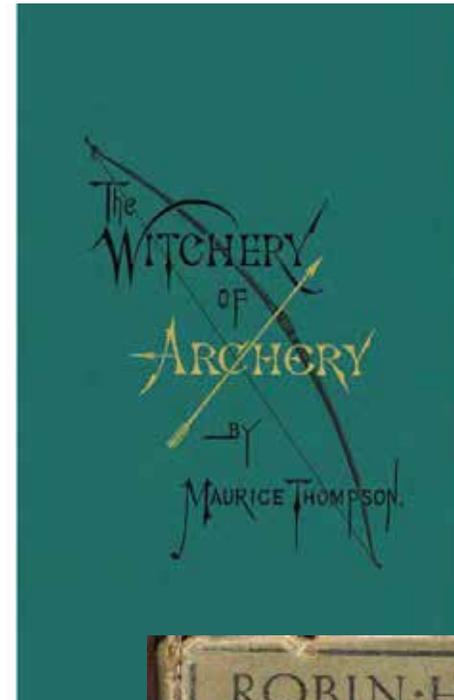
and tiring and the best way to handle this situation is to be a good scout, "Be Prepared".



A typical Go-Bag – many different styles exist

A "Go-Bag" is also a good idea for everyone. A go-bag can be a small day pack carrying a windbreaker, a hat, gloves, outdoor shoes or rubber rain slip-ons and a flashlight! If you are stuck beside the road waiting for help to arrive - water, snacks, and a paperback book can all make a tense situation more livable. If you have children include a small board game of some sort to keep them entertained during the waiting period! A tough situation is bad enough. Dealing with bored and perhaps scared kids can make a tough situation even harder, so think ahead, be pro-active, and build a "Go-Bag".

Curtis



ADOPT-A-TARGET (CVA Roving Range)

All of our target lanes are currently adopted. If interested in helping to care for one of them you can contact one of the Board Members.

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	William Bachellar
7	55 yrd field 53 yrd walk-up hunter	Lucus Graham
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase

15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents
16	50 yrd. field 48 yrd. hunter	Ben Spielman
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	William Bachellar
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia

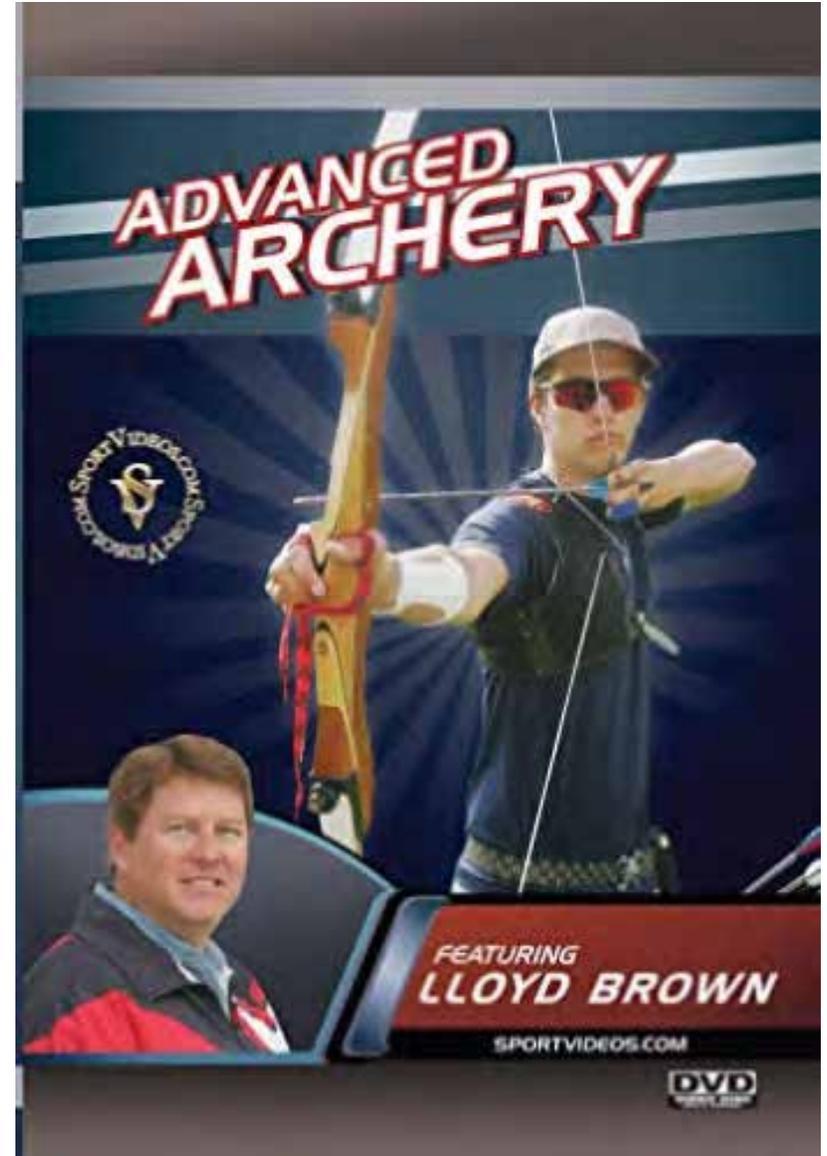


805.581.1671
2150 Agate Court • Simi Valley, CA 93065

NEW MIDDLE RANGE TRAIL

ALL LANES HAVE BEEN ADOPTED

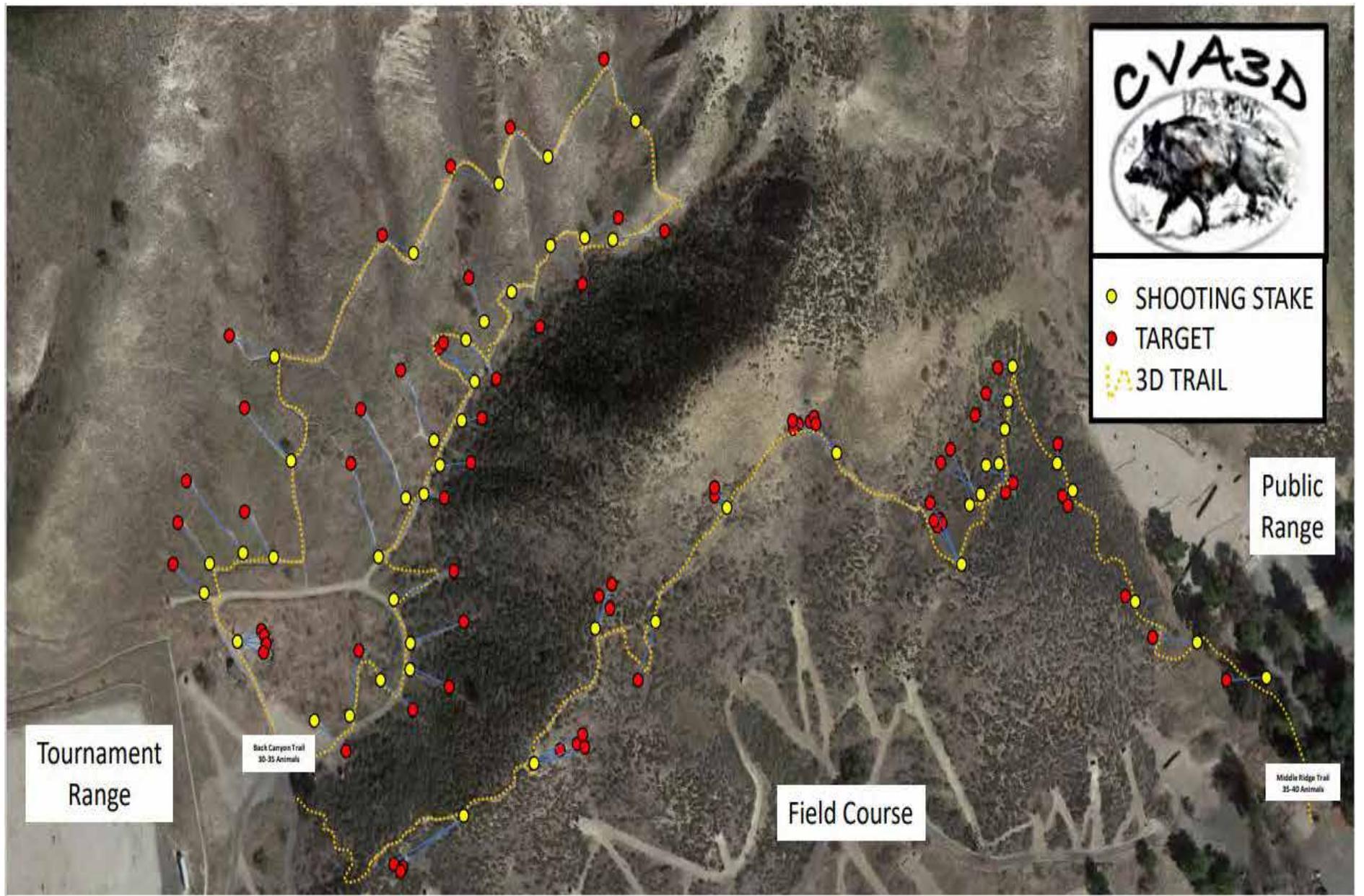
Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9	Carlos Parada	Deer
10	Carlos Parada	Deer
11	Brian Rohrer	Turkey Flock
12	Howerton Family	Raccoons & Ground Hogs
13	Howerton Family	Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear



CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Bonnie Marshall	Membership Chair, Coach		805-328-4721
Noah Barlow	Volunteer Hours Coordinator		
Richard C. Silverio	Volunteer Hours Coordinator Communications, Instructor	richardcsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	

CVA 3D Ranges MAP



CONEJO QUIVER

December 2022 Issue



The December Club Shoot and General Meeting (11:30am) occurred on December 18.

FROM THE EDITOR

John Downey, Editor

Hope you had a good time over the Holidays. It certainly was a busy time for me. I imagine most of you have already started putting together your New Year's Resolutions List, right? I know Curtis has, read his column. 😊

We have a number of interesting articles for you again this month. Kurt, Richard, Curtis (*Oh, Those Damned Archery Drills!*), and Geoff (*JOAD – Always on Point*) are all in rare form, and Morgan Thomas is joining us for the first time as the new Membership Chair. I've also including an article for you (*From the Conejo Vault*) on how the Conejo "Quiver" Newsletter name came to be.

We also have a number of photos from the muddiest CVA Toy Shoot of all time. Everyone had a great time, but was covered in mud before the event was over. There were a lot of smiling happy faces ... could be one our best Toy Shoots ever.

Enjoy the New Year, be safe!
Hope to see you around the range soon.

Regards
John Downey, Editor



FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: We have a tractor! CVAs General Membership OK'd the purchase of a John Deere diesel tractor, pictures below. This was an effort that many members worked on and the purchase came together in time for us to prepare for the inevitable results of the rains we've been experiencing.

Operation of the tractor will only be by qualified members, and while the tractor is in operation a spotter will always be present. I'm really looking forward to seeing how this equipment helps us volunteer-hours wise as I am expecting a decrease in effort to keep the range shootable.



Field Range: For those who have adopted a lane...get ready for weeds! The green is already starting to sprout so be sure to keep an eye on your lanes and don't let them get out of control. Please also be sure to stand by the shooting stakes and clear any vegetation

that is hanging into the lane and may be blocking the target from where shooters are taking their shots. Also take a look at the shooting stakes themselves and assess if they need to be painted. It's been a few years since we've painted the stakes and some of them are in need of touching up.

Tournament News

CVA Toy Drive: This shoot was wet; it rained the entire time! Despite the weather, we had 53 'crazy' shooters come out to participate.

We gathered over 100 toys, two full bags of matchbox cars, which were dropped off at CHPs for Kids.

Even though it was wet and muddy, everyone had a great time, smiling and laughing as they came off the range. Most were also a few inches taller due to the mud on their boots!

Thanks to everyone that helped with this shoot, it's for a very good cause and CVA came through!

CA State Indoor: This shoot will be happening the first week of June JOAD on Friday 1/6, and the State Shoot over Sat / Sun, 1/7-8. The shoot is full.

Pasadena Senior Games: I want to express my thanks to Richard Mason, who has volunteered to be the Senior Games Commissioner and Tournament Director.

Rose and I will train Richard on how to run the shoot first year and will be in an advisory capacity years after that.

CA State Outdoor: We have dates set for this shoot, June 22-25, 2023. Range Setup will be Thursday June 22nd (we'll need volunteers!), with competition taking place from Friday June 23rd through Sunday June 25th. I'm working on getting the shoot opened for registration prior to State Outdoor, which gives me a scant few weeks to make that happen.

This shoot is one of CVA's largest draws, bringing over 300 archers to our range. Additionally, it brings in much needed funds into the club, as well as allowing us provide outreach to the larger Archery

community. We absolutely need all the volunteers we can get, even if you can give us an hour, it is desperately needed and much appreciated. Please mark your calendars and come out to support your club. Working members, this is a great way to satisfy your tournament support membership requirement.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

If you shot a tournament and earned a medal, please let me know so I can recognize your achievements. We are proud of our CVA shooters and want to celebrate your wins!

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

MEMBERSHIP CORNER

Morgan Thomas

Final Opportunity to Renew

For those procrastinators among us, (you know who you are 😊). I wanted to post one last note about renewals.

The only times now available for renewals is:

- December 18, 2022 – Due to the Holidays
- Mail In – Understand that you can mail in renewal paperwork, but I do not mail out keys and cards and they still need to be picked up at the range, at a time arranged with me.

After the December General Meeting, I will be removing all nonrenewal from the membership scrolls and all communications, unless I hear from you differently.

Please remember that renewals are not prorated and that Maintenance Fees and working hours do not get adjusted.



November & December 2022 Anniversaries:

November-

- Marc Alabanza – 4 years
- Natalie Barbera – 3 years
- Geoffrey Houghton – 4 years
- Nathalie Normond – 6 years
- Rogelio Segundo- 2 years
- James Stankovich – 8 years
- Chip Stark – 2 years
- Kerry Varnes – 3 years
- Gary White – 18 years
- Wendell Wright – 3 years

December-

- Gale and Hilda Fowler – Founding Members Unofficially 50 years as the membership scrolls started being dated that year. Officially they started this club 51 years ago!
- Dan Dix – Happy Birthday Dan! – 33 Years
- Oscar Melendez – 6 Years

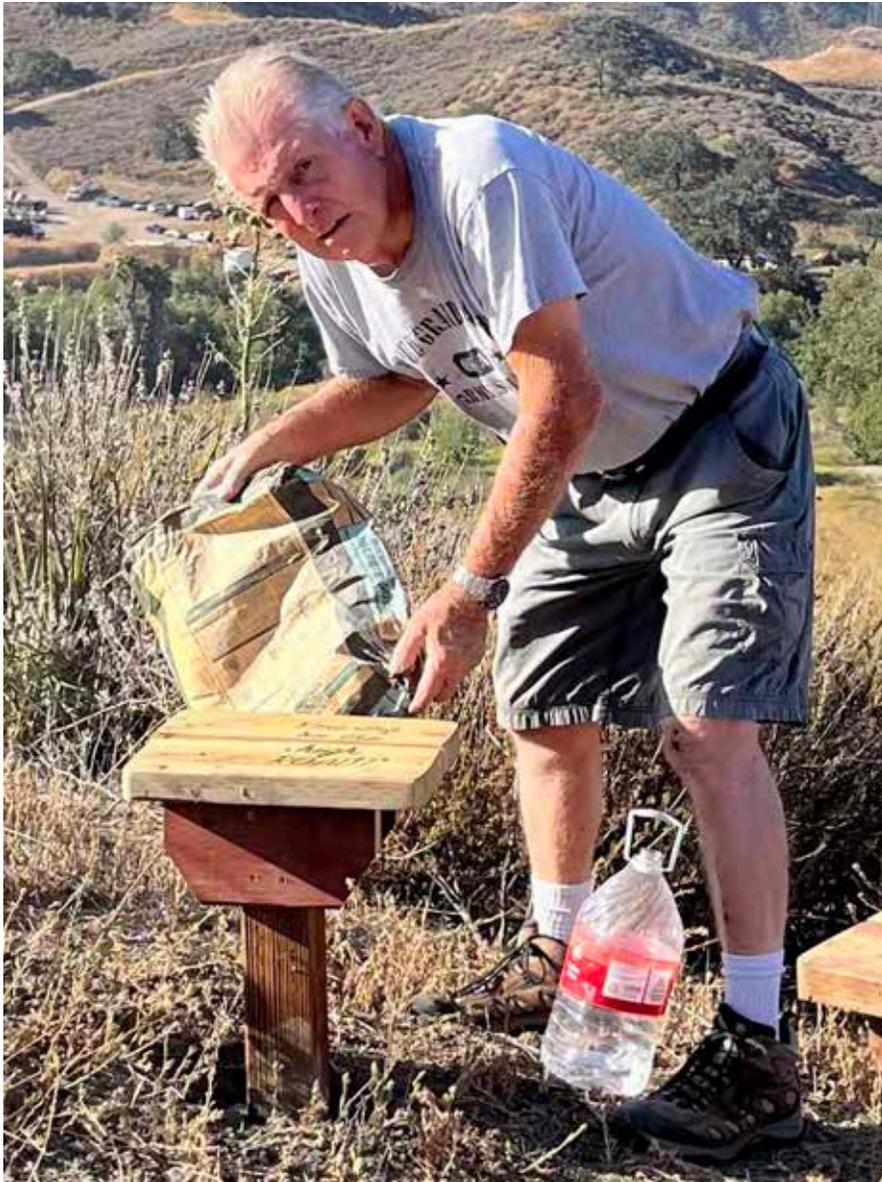
Thank you all for your commitment and support! Congratulations to All!

I hope to hear from you soon!
See you at the range.

Morgan



Photos from around the Range



Norman "Ironman" Rice with one of several benches he has installed around the range.



Conejo Valley Archers
Presents the

32ND BOMBARDIER TRADITIONAL CHALLENGE

2-Day 50 Targets 3-D Tournament

Saturday May 6, 2023 – 30 Targets
Sunday May 7, 2023 - 20 Targets

Separate Longbow, Recurve, Selfbow & Senior (60+) Divisions (no clickers)

- * NFAA Rules Apply (Quivers OK!)*
- * No Compounds, No Sights*
- * Unmarked Yardage*

10-8-6 Scoring on 1st Arrow, in case of miss, 2nd arrow scores 5-4-3

- * Lunch served on Saturday*
- * Lunch served on Sunday*
- * Snacks & Drinks served all day

* Shots include a Speed Round & New Pop-up System with Moving Targets*

Saturday Schedule

7:00am- 8:30am Tournament Registration
Start shooting right after

1:30 - 3:00pm \$5 Smoker Round (1 arrow)
Women's and Men's Division

- * Raffle tickets sold, General Raffles*
- * Food & Drinks Sold all day*
- * Clouts – prices posted at clouts*
- * Vendor Trade Show and Sales*

Sunday Schedule

7:00am- 8:30am Tournament Registration
Start shooting right after

2:00pm → Score Cards must be turned in
Awards & Raffles held after

- * Raffle tickets sold, General Raffles*
- * Shots will include * Speed Round* and new
- * Pop-up Target System * Flying Mosquito*
- * Vendor Trade Show and Sales*

Free Camping available inside our fenced area in designated locations. Donations will be accepted, as we have prepaid camping fees to the county.
No Dogs allowed on range

Additional \$37 fee for Camping inside County Park (Full RV hookups are available in park).
The county park charges a \$4.00 daily parking fee in park.
Free day parking inside our fenced range.

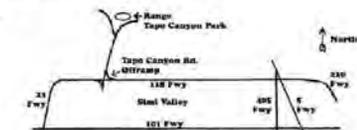
Tournament Fees*

Non CBH, NFAA or NAA members please add \$5 to the fees listed below (unless a member of an out of state archery organization)

Adults - \$35 Couples - \$40
*Family - \$45 Youth - \$15
Seniors (60+) - \$30 Cubs - \$10

To only shoot Saturday or Sunday with no awards delete \$5 from original fee.
*(Includes husband, wife and kids under 18 years old).

Directions to Range



118 Freeway East or West to Simi Valley. Exit Tapo Canyon Road.
North on Tapo Canyon Road, 3 miles to Tapo Canyon Park

More Information – Call:

BOB BOMBARDIER @ 805-217-8896 OR EMAIL BOMBARDIERBOB@HOTMAIL.COM

JOHN DOWNEY @ 213-922-3899 OR EMAIL TOURNAMENTS@CVARCHERS.COM

From the Conejo Vault

Have you ever wondered how the name for the CVA Club Newsletter came about?

It turns out that late in 1993 a contest was held to come up with a name for the monthly club newsletter. Lots of different names were proposed by club members, with Bob Bombardier submitting the most. Below are the names that were voted on by club members. When all the vote counting was completed, Dan Dix had the winning entry.

Names submitted for the newsletter

Bob Bombardier's entries

- "The Canoes Letter" - (stands for "The Conejo Valley Archers Newsletters")
- "The Can" - (Conejo Archers Newsletter)
- "The Canyon" - (Conejo Archers Newsletter - Your Own News)
- "The Covan" - (Conejo Valley Archers Newsletter)
- And Newsletter Columns: "Flinch", "Bull's Eye", "Symphony", "Harmony", "Spot", "Poetry", "Lunar" - (Information Monthly), "Furthermore" - (stretching the "Furthermore" Conejo Rabbit Symbol)

Craig Fritz

- Bunny Bizness

Gordon & Claudia Marks

- Straight Shooters
- Straight Arrow

Gene Williams

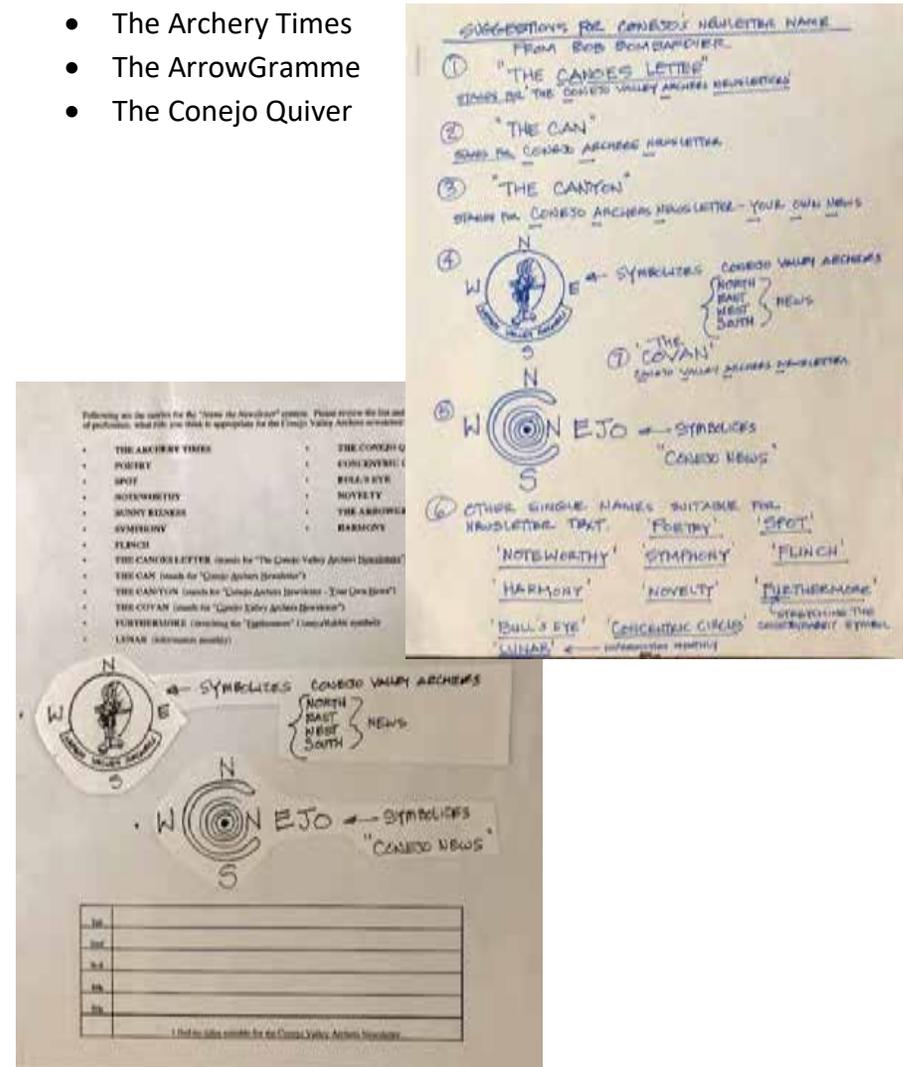
- The Spot

Randy Hall

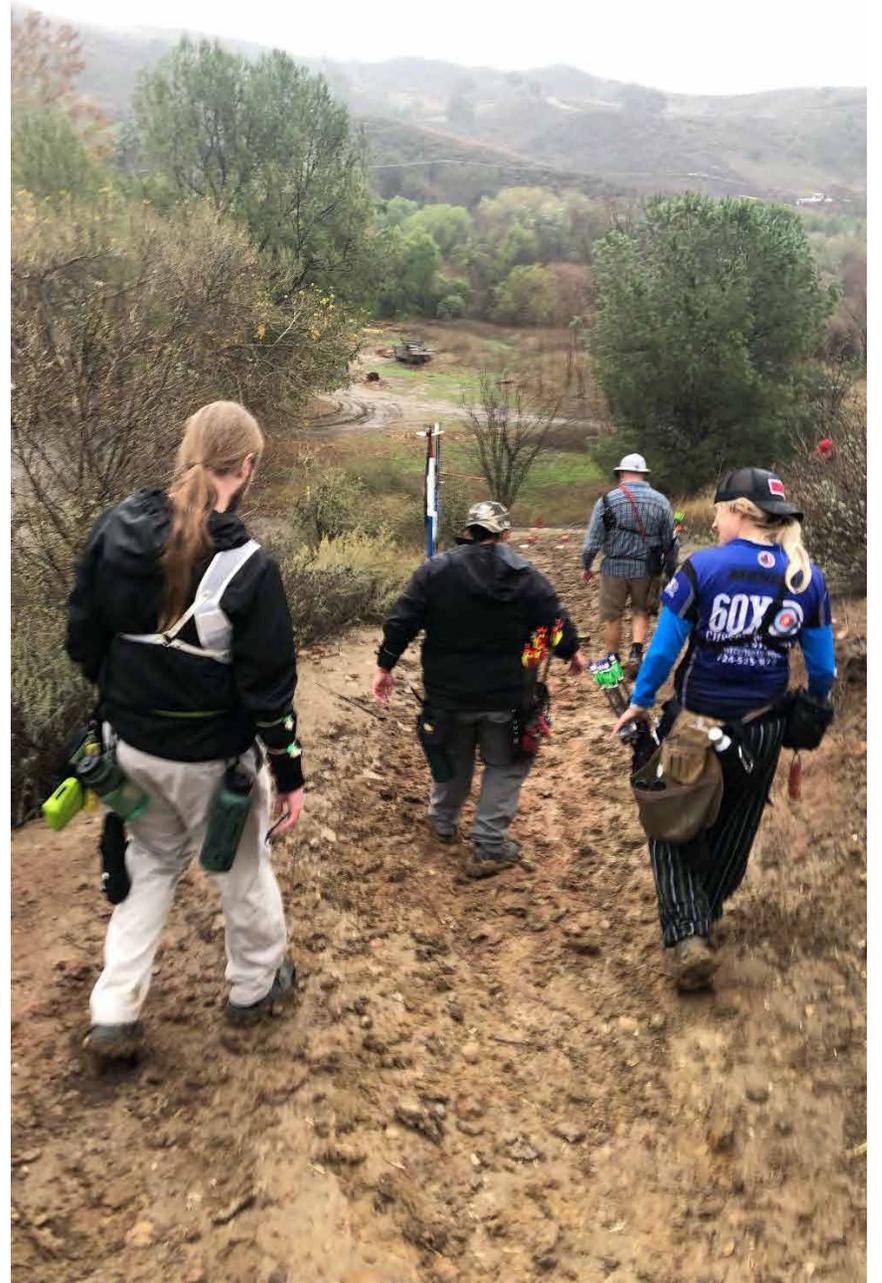
- The Shaft
- The Feathered Flyer

Dan Dix

- The Archery Times
- The ArrowGramme
- The Conejo Quiver



Photos From the CVA Toy Shoot



Careful where you step



Just a little bit short



Oops



Kyle enjoying the mud



Santa was stuck



Helping Santa out?



Rose's "Toy Mobile" ...

Lots of toys were collected for the cause ...



Shotgun ...



CHIPS Toy Drop Off ...



FROM THE DESK OF OUR VOLUNTEER COORDINATOR (COMMUNICATIONS)

Richard C. Silverio

Greetings Members,

Thanks to all our working members for your continued support, and your hours of volunteering to make sure our range and the events we host are well managed.

We are 2 months into the 2022-2023 club calendar year now, and I want to remind all of our working members that we now require four hours of volunteer work allocated toward club tournaments this calendar year.

Because of our volunteers, we continue to be one of the best ranges for both our members and visiting archers, and we would like to thank each and every one of you for your continued dedication and support.

I. VOLUNTEER WORK:

Please continue to be on the lookout for emails coming from myself for upcoming work parties. I usually send out these emails on Tuesday and Thursdays. For our members who are Instructors and Coaches, please also to be on the lookout weekly for emails coming from me to do volunteer work on the public session.

II. VOLUNTEER OPENINGS:

If you want to volunteer in the public session, please get a safe sports and background check from USA Archery. To be able to do this, you will need to be an active member of USA Archery. If you want to be an instructor or coach and volunteer in that capacity, please feel free to take the online course for USA Archery Level 1

and/or Level 2 certification and once you successfully completed this you will need to take a practical course with a certified USA Archery Instructor Trainer. Our club periodically offers these classes at the range. Please be on the lookout for these emails or let our club president Kurt Hoberg know that you are interested.

III. LANE ADOPTION:

All Field and Middle Ridge Trail Lanes have been adopted. If you are interested in adopting one in the future should a lane open up for adoption, please contact our Club Vice President Cathy Linson for more information at cmlinson@yahoo.com

Please continue to look out for emails from me for more upcoming volunteer opportunities. If you have any questions or concerns, please contact our Club Vice President, **Cathy Linson** at cmlinson@yahoo.com or by calling her at 805-791-5102. You can also contact me at richardcsilverio@yahoo.com.

Thank you and see you at the range,

Richard C. Silverio

Volunteer Coordinator/USA Archery Level 3 NTS Coach, Instructor Trainer

Conejo Valley Archers

richardcsilverio@yahoo.com

SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



JOAD – Always On Point

December 2022



Hello CVA and JOAD Families!

Happy Holidays! December is here and from all of us in the JOAD program we wish you and your family a happy holiday.

December started on a soggy note as our JOAD kids learned to shoot in a heavy mist and eventual rain. It was exciting to see! As the kids shot arrows the energy released from the bow caused the droplets of water accumulated on the bow to jump off.

Ken and I were able to do our annual Holiday Shoot again. Each year it's a bit different, always chaotic, but also fun, weather permitting. This year, we created a board game and divided the kids into teams. As the team progressed along the board game archery related challenges were presented to the teams. The first team to reach Ken's Kandy Castle, were allowed to pick their wrapped presents first. Besides the extreme wind and bitter cold, the kids' and parents too, had a good time! Some of the challenges included, "Coach Ken is yelling at you for running on the range, move back 1 space," or, "Rudolph's Red Nose Challenge – Archer gets 3 arrows to shot his red nose." The challenges were varied in difficulty but would allow archers of all skill levels to compete. After the board

game challenge, the kids were able to open wrapped presents, and trade!

Our JOAD parents put together a sign-up list for a holiday breakfast that included a smorgasbord of delectable delights. Tammy & David Y., made wonderful breakfast burritos, parents provided scrumptious brownies, juices, cupcakes, cookies, macaroons, and tarts too! We love it when a plan comes together. We did need to get creative with the table setting as the wind was howling, so we set up the kitchen in the bin!

Our JOAD families came together to get gifts for the archery coaches. Ken received a "how-to" cookbook for baking bread, a nice gift card to his favorite dirt car repair company and a surprise gift that is still shipping. Stay tuned for that 😊!!

Ken and I would like to take a moment to thank CVA for allowing JOAD to continue. We would like to thank the all the volunteers for keeping the range maintained, a big thank you to our JOAD families and kids: your continued efforts, activities, enthusiasm is what keeps me and Ken doing this every Saturday. Thank you to Tammy Y, for being our team Mom! Lastly, thank you to the JOAD kids, y'all make me and Ken smile and laugh every Saturday. We love watching you progress as archers.

Lastly, for me, thank you Ken Downey for being my friend, our coach and a pain in the butt (or ribs ... inside joke) We wouldn't have it any other way.

Happy Holidays and Happy New Year!

Ken and Geoff



First weekend of December was wet!



Soggy targets didn't stop these kids!



Wreath challenge



Holiday Shoot with snacking in the bin.



Tammy showing off her breakfast burritos. MMMMMmm they were good!



What a feast!



It was cold, it was windy but nice to be outside with friends.



Some holiday photo bombing with Natalie, David and Rhett



Archers had to bring home a turkey dinner for the holiday meal....



The snowflake challenge



Pin an arrow on the ribbon and Santa's hat.



Challenge was to decorate the tree (with arrows) make the star a shooting star and shoot Santa and his elves.



The Rudolph challenge...shoot Rudolph's red nose!



An assortment of challenges.



Ohhh what's under the tree??



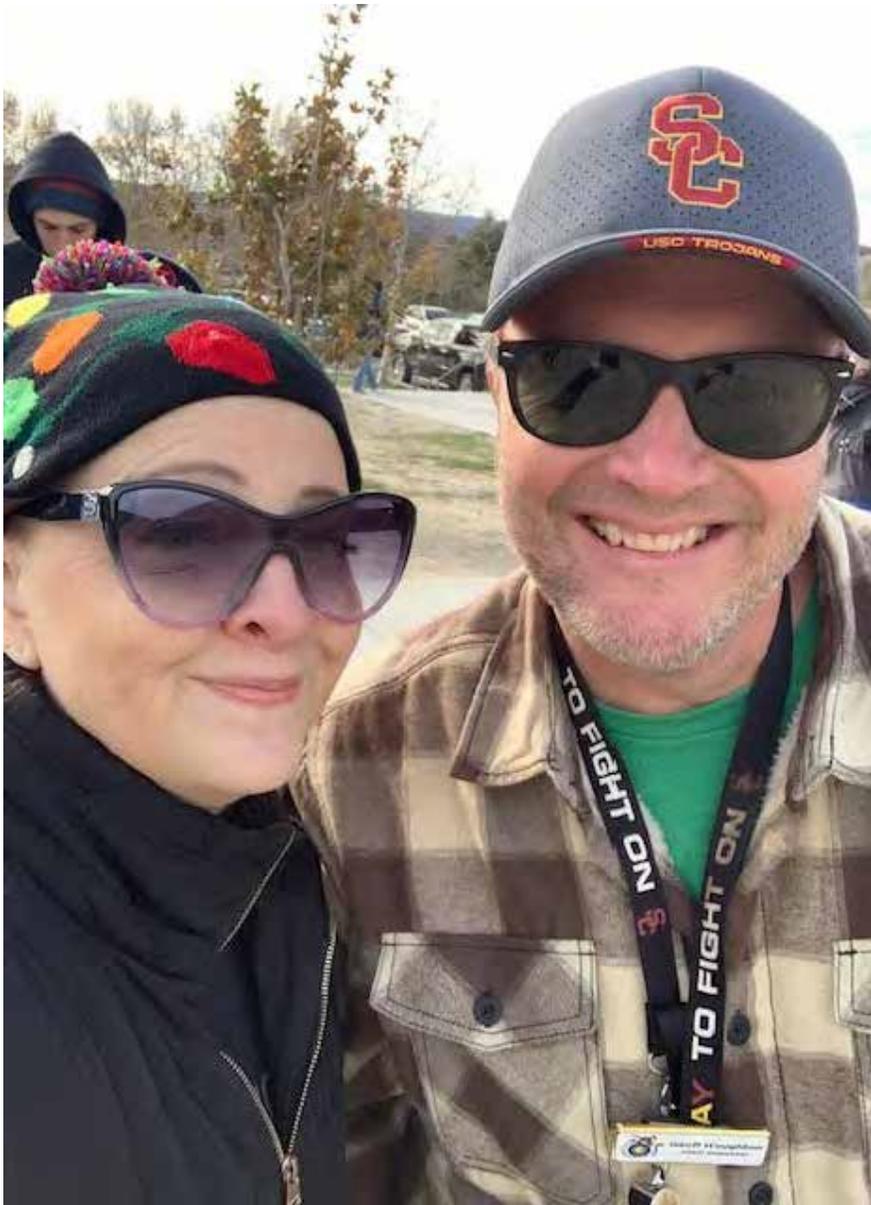
The game board...JOAD LAND, notice Ken's Kandy Kastle, the Recurve Roundabout, Balloon Pop Palace, Bullseye Forest, and Lost Arrow Lagoon.



Our game keepers! This job was important as the wind was wicked.



Natalie and Ken



Natalie and Geoff



Audrey was awesome! She excelled at all her challenges!



The cheering section had a great backdrop.



Yup! Audrey rocked her challenge!!



The gift exchange...



Ken with his dirt car gift card, cook book and a gift that is arriving soon....

Oh, Those Damned Archery Drills!

A column for the Conejo Quiver by Curtis Hermann December 2022

Lots of sports make use of various drills designed to either improve a point of form or to correct an error in form. We often relate to the latter as having created a bad habit, that needs a little help in returning to the way we are supposed to be doing it.



Baseball has its batting cage, golf has a driving range, archery has the blind bale and I see all kinds of gadgets on the football field that need shoving, pushing, lifting or dodging. All these things are there to either improve your ability to make a specific move or action (or to correct a move or action) that has somehow gone wrong.

I'm sure Kenny has a list of favored drills he uses to help or improve our JOAD members during training sessions and the coaches at the open public session also have theirs, but if you have drifted away from your coach or mentor, perhaps even chosen a different form of archery, where do you go for help? Well, "usually" you go to your shooting buddy or group and ask them to watch what you are doing and make suggestions. Next, when you get home after a day of shooting that did not go as planned, you will search out a YouTube Video or two that might help with your specific problem and finally we go to our archery library and look for a book (usually with pictures) to help us get back on track.

A little caution is to be used here as there are a thousand different experts out there and a good many of them are either "not experts" or just not good at it. Finding those that actually have advice that works for you will take an open mind, persistence and a

willingness to move on if the "experts' advice" is not working for you, is a good thing.

Because I'm an "old guy" that grew up before YouTube Video's, I am more comfortable going to my library of coaches than I am the internet, this may not be the best choice but it still works for me, so I stick with it. Al Henderson, the USA Team Coach for the 1976 Olympics is often where I start looking for information to help another archer. Here is what "Uncle Al," as we referred to him, had to say about "Blind Bale" drills.

....

"I attempt to build a part of a shot or a new shooting habit under conditions that produce no pressure whatsoever. My personal preference is a distance of 10 feet with the eyes remaining closed. ***This is not a training method to be used for a few days. It is the very core of shooting form.***

The only way to candidly check the purity of the archery shot is on the **blank bale**. It is important for all archers desiring **peak performance** to know why the blank bale is such a core ingredient.

With the eyes closed, you eliminate distractions. You can feel every fiber of your body if you put your mind to it. Very soon the archer realizes if he shot what I wanted or did not want because I am working with the archer every day. I am talking it and he is feeling it. I will use subtle comments such as "Now I liked that one" or "Did you feel that?" During this period of work, I do not want the archer to see, think or **conjure up a target**. After the archer begins to feel and understand the feeling, he generally can make a shot piece happen the way it should. *I believe it is inappropriate to teach the visual aspects of shooting simultaneously with the feeling aspects.* After the feel of the shot becomes automatic and natural, move back to a longer distance. If you lose the feel, move closer to find it again and then return to the longer distance. Shooting the longer distance at the blank bale is a definite confidence builder. "Uncle Al".

.....

There are two points about the use of “Drills” in archery that I have observed over the years that I think every archer ought to be aware of.

Number 1, I believe drills are an underused tool of training in our world of archery. Often used in the beginning of your training but rarely brought back unless a problem arises that needs a drill to help correct it.

Number 2, drills are actually more effective at preventing the creation of a bad habit than it is at the correction of a bad habit. So don't forget your little drills.

We are coming up soon to the time when many CVA members will be making their New Year's Resolutions. A proactive plan to use a few simple archery drills for twenty minutes or so before each practice session may well improve this year's scores more dramatically than any in previous years.

It is best to set aside a specific time and a fairly specific length of time to let your drill work its magic. This should be both easy and convenient to do, such as arriving to a practice session twenty minutes early to work on making sure you are actually hitting your anchor point, or perhaps making sure you are gripping the bow exactly the same way each time.

Sometimes it is best to have alone time to work on your drill, sometimes it is better to have your archery buddy there to observe and make sure you are doing it right. Many archers like to video record their drill so that they can observe what others are trying to tell them, this is a very useful tool. So easy to do these days with your magic phone's video capabilities.

Perhaps the most underused tool in working with drills is the “blind bale” as we call it. It is really just a blank set of bales without a target face, in which very close shooting ranges are used (usually between 6' and 15' or so). I think it is underused because it can get a little boring in a short period of time and archers tend to drift away from it. The secret to blind bale is not the amount of time per session spent but the frequency and the disciplined use of that time.

If you understand the psychology behind the blind bale drill you will come to appreciate its value to the archer. The “idea” or psychology behind the blind bale setup is that with no target to stare at and distract you, 100% of your attention can be focused on the area needing a correction. These areas that need attention are usually “bow hand” placement, grip or staying steady on target until the arrow strikes. Anchor consistence, time at anchor, method and relaxation of the release, maintaining back tension and making sure you get there. Blind bales are also a good place to work on foot placement/alignment, posture, bow cant (or not) and balance.

A club I once belonged to had a dedicated “Blind Bale” near the practice butts and at the 20' point along a center line in front of it was a piece of rebar with about 5" sticking above ground. A 5' length of 4'x4' wood beam with a 1" hole drilled through the center and another near each end of the 4x4. The center of the 4x4 was placed over length of rebar, then the beam could be rotated a few degrees either left or right to equal your stance (either open or closed) and worked well for either right or left-handed shooters. The purpose of this 4x4 was two-fold, one: practice balance by placing one's feet on the 4x4 and learning to come to full draw, anchor and hold while balancing, particular if doing so with closed eyes, thus improving both posture and confidence in the archer. Two, learning to shoot from a balanced beam position required that you become aware of all your body parts from feet to bow hand to anchor to back tension long before you were able to focus on the target. It was a very effective tool for form and it enhanced the effectiveness of practice drills.

There were a couple of 8" nails or spikes that lay in a trough ground into the beam that could be used to anchor down the ends of the beam in your preferred position. I found that these were seldom used as weight and friction was usually enough to keep the beam in position during the drill, still the spikes were a good idea with safety in mind.

I am hoping that I have convinced you that the fastest way to your best accuracy as an archer is not hours of practice but the

frequent and disciplined use of drills. Drills improve practice sessions, drills work, but the majority of them work best at the blind bale. A blind bale set up in a pleasant area free of nearby distractions is most desirable and a blind bale works as well for the solo archer as it does being shared with a knowledgeable buddy, mentor or coach.

So, I will leave you with one last bit of wisdom from “Uncle Al” Henderson, 1976 USA Team Olympic Coach. “Correct practice should be a labor of love and a satisfaction when completed”. “Don’t just practice hours, practice perfecting your shooting form.”

See you all in 2023, keep those arrows in the air,
Curtis

This month’s tip: A Few thoughts on Frostbite

We are actually having a real winter in southern California, a treat for some, not so much for others. It does mean many CVA members will be heading to the snow and some of them may not be as prepared to deal with the elements as they think. So, I thought that a little information in dealing with frostbite might be helpful.

Assuming you would like to keep your fingers and toes let’s see how we can halt frostbite in its tracks.

Step one: Get out of the cold! Do not attempt to treat frostbite to safety, be it auto, cabin or cave.

Step two: Remove any jewelry in case of swelling.

Step three: Put the affected area into a bath of **body-temperature** water. Refresh the water frequently as it cools to keep the water at a steady temperature.

Step four: If water is not available, use body heat to treat mild cases of frostbite. Don’t position the victim near a heater or an open fire: If there is nerve damage, he or she may not feel the tissue begin to burn.

Step five: Dress the injury in sterile bandages, wrapping each affected digit individually. Go to the nearest Urgent Care or medical facility.

German Popinjay Archery Medallion



Atlanta 1996 Olympic Games Medallion



ADOPT-A-TARGET (CVA Roving Range)

All of our target lanes are currently adopted. If interested in helping to care for one of them you can contact one of the Board Members.

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	William Bachellar
7	55 yrd field 53 yrd walk-up hunter	Lucus Graham
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase

15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents
16	50 yrd. field 48 yrd. hunter	Ben Spielman
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	William Bachellar
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia



805.581.1671
2150 Agate Court • Simi Valley, CA 93065

NEW MIDDLE RANGE TRAIL

ALL LANES HAVE BEEN ADOPTED

Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9	Carlos Parada	Deer
10	Carlos Parada	Deer
11	Brian Rohrer	Turkey Flock
12	Howerton Family	Raccoons & Ground Hogs
13	Howerton Family	Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear



CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Bonnie Marshall	Membership Chair, Coach		805-328-4721
Noah Barlow	Volunteer Hours Coordinator		
Richard C. Silverio	Volunteer Hours Coordinator Communications, Instructor	richardcsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	

CVA 3D Ranges MAP

